# Minutes from S.H.A.C. Meeting
# February 4, 2025 10:00 a.m.

**Facilitator:** Stephanie Schuette

**Welcome/Introductions**

**Call To Order**

**Attendance**
**Members Present**:

- Christina Yi, Pregnancy Center of the Coastal Bend
- Rodney Acosta, Athletic Director
- Sueann Martinez, Food Service Director
- Mary Bueno, MHS ACE Site Coordinator
- Belinda Morin, Connections
- Melodie Wallace, Secretary

*Attendance qualifies for quorum

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**S. Schuette:** Asked for minutes from the last SHAC meeting to be read and accepted. Mrs. Wallace read minutes aloud to committee members. Sueann Martinez motion to accept, seconded by Belinda Morin, unanimous vote to accept.

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**S Schuette**: Instructed attendees to review the contents of folders.
Acknowledgement of Handouts:

- Meeting Agenda
- "What is a School Health Advisory Council?" handout
- New Year's Resolutions Challenge for 2025

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**Discussion of Agenda Topics: Attendance Concerns and Action Plan, Upcoming School Assemblies, Monthly Promotions, S'mores, Food Service and Athletic Updates, Connections, ESTEEM Curriculum**

**Community Liaison/Truancy** Ruben Medrano could not attend. Attendance concerns and Action Plan discussion tabled for next meeting.

**Community Outreach Connections** Belinda Morin discussed the following topics/updates:

- MOU: selective vs. universal
- Continued services for all students K-12
- Current program is called Positive Actions, containing shorter lessons that are better for attention span and are more activity oriented.
- Will have a coloring contest for Pre K-2$^{nd}$ grade, entries due February 18$^{th}$, prizes to be awarded

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**Food Service Director** Sueann Martinez discussed the following topics/updates:

- MISD had zero findings in the recent service review
- Currently meeting to discuss summer programs, i.e. summer camps, bible studies, open to anyone under the age of 18
- Starting monthly promotions for food service department: National Pizza Day, Strawberry Monthly, etc.
- Will be adding new foods with nutritional information to menus in February
- MISD still in compliance with local wellness policy regarding a la carte sales and snack bar sales

**Athletic Director** Rodney Acosta discussed the following topics/updates:

- Mathis ISD has begun the off-season program
- Current initiative is teaching accountability, hosting talks with students to teach the importance of discipline and consistency
- Encouraging good eating habits, has a concern with fast food being delivered to students during lunch and before games
  *Comment from S. Schuette: SHAC could recommend less outside food allowed on campus. SHAC could possibly vote on closed campus lunches at next meeting.
- Cultural education is needed to introduce healthier diet options and habits.

**Community Outreach** Christina Yi with Pregnancy Center of the Coastal Bend introduced herself to Mathis ISD SHAC and presented handouts and discussed the many benefits of PCCB. Subject was tabled in September. Mrs. Schuette received positive feedback from MHS and would like to re-introduce the ESTEEM curriculum option to the school board in March for a vote. She would like to begin teaching the curriculum in August 2025. Benefits discussed included:

- PCCB program can be completely funded though grant money
- Offers ESTEEM curriculum choices outside the current CIS and Teen Truth programs
- Grant would start October 5th and has a 5-year cycle
- Covers cost of training teachers and materials
- TEKS approved
- Could train staff interested in teaching the content on Professional Development days
- Could offer live demonstrations including ultrasounds, or assist with Health Fair
- If Health class is a required credit, could offer ESTEEM curriculum and be TEKS compliant
- Taft ISD and Nueces Juvenile Detention are currently part of the ESTEEM curriculum

Motion to formally consider MOU and grant application with Pregnancy Center of Coastal Bend to be presented to the board in March: Sueann Martinez
2nd: Belinda Morin
Motion carried: unanimous

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**Wellness Director** Stephanie Schuette discussed upcoming events for MISD:

- As part of the SEL curriculum, BMX team will perform for PreK through 5th grade and promote anti-bullying. Event will be sponsored by ACE.
- February 17th: Former NFL player Jason Starkey will speak to 6th through 12th grade students about healthy relationship choices. Event will be sponsored by ACE.
- The second class in Driscoll sponsored Triple P parent engagement series will be held February 5th at 5:30 p.m. Event will be sponsored by ACE.

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No further questions or comments.
Motion to adjourn: Stephanie Schuette
Second: Sueann Martinez

Meeting Adjourned at 11:15a.m.