


| <p>Manhattan Schools MARCH 2024</p>  | <p>*Menu subject to change depending on availability*</p> | <p>**Follow us on Facebook**</p> <p>Visit www.rollontigers.org To find the link to the school nutrition page among others!</p> | <p>**DID YOU KNOW**</p> <p>*Fresh Fruits & Vegetables are offered daily!! *Grades 6-12 are offered salad bar!!</p> | <p>Join Us For Breakfast!! *Breakfast starts @ 7:30 * Grab & go starts @ 7:45</p> <p>*Cereal offered daily or choose our breakfast of the day listed on the menu.</p> |
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| Monday | Tuesday | Wednesday | Thursday | Friday |
| <p>3 B: Belgian waffle, sausage, fruit, milk</p> <p>L: Ham, scalloped potatoes, fruit, veggie, milk</p> | <p>4 B: Mini bagel, sausage, fruit, milk</p> <p>L: Chicken strips, potato, fruit, veggie, milk</p> | <p>5 B: Oatmeal round, egg, fruit, milk</p> <p>L: Cheeseburger, potato, veggie, fruit, milk</p> | <p>6 B: Churro, sausage, fruit, milk</p> <p>L: Turkey sub sandwich, chips, fruit, veggie, milk</p> | <p>7</p> <p>**No School**</p> |
| <p>10 B: Pancake on a stick, fruit, milk</p> <p>L: Bbq pork rib sandwich, potato, fruit, veggie, milk</p> | <p>11 B: Mini pancake, sausage, fruit, milk</p> <p>L: Spaghetti, garlic bread, veggie, fruit, milk</p> | <p>12 B: Breakfast burrito, fruit, milk</p> <p>L: Grilled chicken & bacon sandwich, Pasta salad, fruit, veggie, milk</p> | <p>13 B: Yogurt Parfait, fruit, milk</p> <p>L: Tater tot casserole, veggie, fruit, milk</p> | <p>14</p> <p>**No School**</p> |
| <p>17 B: French toast sticks, Omelet, fruit, milk</p> <p>L: Chicken fried steak, mashed potatoes & gravy, veggie, fruit, milk</p> | <p>18 B: Breakfast sandwich, fruit, milk</p> <p>L: Sloppy joe, tots, veggie, fruit, milk</p> | <p>19 B: Banana bread, sausage, fruit, milk</p> <p>L: Chicken patty or spicy chicken patty (7-12), Potato, fruit, veggie, milk</p> | <p>20 B: Mini waffles, sausage, fruit, milk</p> <p>L: Chicken fajita, rice, fruit, veggie, milk</p> | <p>21</p> <p>**No School**</p> |
| <p>24 B: Mini pancake, sausage, fruit, milk</p> <p>L: Orange or General Tso chicken, rice, veggie, fruit, milk</p> | <p>25 B: French toast sticks, omelet, fruit, milk</p> <p>L: Nacho tots, veggie, fruit, milk</p> | <p>26 B: Churro, sausage, fruit, milk</p> <p>L: Corn dog, chips, veggie, fruit, milk</p> | <p>27 B: Smoothie, muffin, fruit, milk</p> <p>L: Pepperoni pizza, breadstick, veggie, fruit, milk</p> | <p>28</p> <p>**No School**</p> |
| <p>31 B: Breakfast pizza, sausage, fruit, milk</p> <p>L: Chicken & waffle, veggie, fruit, milk</p> | | | | <p>** No School**</p> |

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