



# MARCH | 2025

## Trigg County Middle & High School Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**3** Chicken Biscuit or French Toast Sticks, Peaches, Orange or Apple Juice, Milk

**4** Biscuit & Gravy or Banana Muffin & Cheese Stick, Orange Wedges, Apple Juice, Milk

**5** Yogurt Bag or Blueberry Bread, Fruit, Orange or Apple Juice, Milk

**6** Mini Donuts or Peanut Butter Toast, Raisins, Orange or Apple Juice, Milk

**7** Mini Break



**10** Breakfast Sandwich on Bun or Apple Cinnamon Toast, Strawberry Cup, Orange or Apple Juice, Milk

**11** Donut Hole or Chicken Biscuit, Fruit, Orange or Apple Juice, Milk

**12** Tornado or French Toast Sticks, Strawberry Cup, Orange or Apple Juice, Milk

**13** Bagel/Strawberry Cream Cheese or Sausage Biscuit, Raisins, Apple Juice, Milk

**14** Biscuit & Gravy or Banana Muffin & Cheese Stick, Orange Wedges, Apple Juice, Milk

**17** French Toast Sticks or Sausage Biscuit, Fruit, Orange or Apple Juice, Milk

**18** Tornado or Chocolate Muffin & Cheese Stick, Fruit, Orange or Apple Juice, Milk

**19** Breakfast Pizza or Mini Donuts, Raisins, Orange or Apple Juice, Milk

**20** Sausage Pancake on a Stick or Chicken Biscuit, Peaches, Orange or Apple Juice, Milk

**21** Breakfast Bowl or Banana Muffin & Cheese Stick, Strawberry Cup, Apple Juice, Milk

**24** Mini Donuts or Chicken Biscuit, Raisins, Orange or Apple Juice, Milk

**25** Fun Fruitti Waffles or Tornado, Banana, Orange or Apple Juice, Milk

**26** Breakfast Bowl or Tornados, Fruit, Orange or Apple Juice, Milk

**27** Cinnis Mini or Sausage Biscuit, Grapes, Orange or Apple Juice, Milk

**28** Lemon Bread or Cereal Bar, Fruit, Orange or Apple Juice, Milk

### News

*Menus are subject to change without notice.*

*This institution is an equal opportunity provider.*

*Milk served with all meals.*

### DID YOU KNOW?

Trigg County Schools offer FREE Breakfast & Lunch for all students!

MY SCHOOL BUCKS

