



## Whitehall City Schools Food Service Breakfast Program

Whitehall City Schools is pleased to participate in the National School Breakfast Program, which makes a balanced, nutritious breakfast available to all students.

Breakfast is available daily at all school buildings. Please consult with your individual building as to the time and location of breakfast.

Breakfast consists of 4 items:

- An entrée, which is 2 items (whole grain-rich grains, example pancakes, or a whole grain-rich grain and a protein, example muffin and yogurt)
- Fruit, vegetable or juice\*
- Fat-free or low-fat milk

**Students may take all 4 items, but must select at least 3 of the 4 items. Please note that some items count as 2, such as a honey bun.**

**\*Students may take up to 2 servings of fruit, vegetable, or juice as part of their breakfast, but must select at least 1 serving.**

Breakfast is served “grab and go” so that students can quickly pick up their meal to eat. The breakfast menu is included on the district food service website. Alternative menu options are available for students with medically documented food allergies or other special dietary needs.

Breakfast is **FREE** for all students as we participate in the Community Eligibility Program.

If you have questions about the school meals programs contact the Whitehall City Schools Food Service office at 614-417-5010 or via email at [garnerg@wcsrams.org](mailto:garnerg@wcsrams.org).

This institution is an equal opportunity provider.