

Menu Name : **Cologne Academy K-8 Grades Lunch Menu** Options Provided : Hot, Hot Vegetarian, Cold Meals & Deli Salads  
 Grade Level / Age Group : K-8 Grades Meal Pattern : NSLP Meal : Lunch  
**MARCH - 2025**

	Monday, March 3, 2025	Tuesday, March 4, 2025	Wednesday, March 5, 2025	Thursday, March 6, 2025	Friday, March 7, 2025		
<b>Hot Meal</b>	<b>Tikka Drumstick</b> Assorted Salad Bar Fresh Orange Cool Ranch Doritos Choice Milk	<b>Classic Beef Sloppy Joe</b> <i>Traditional Sloppy Joe served on Bun w/ Shred Cheese on side</i> Assorted Salad Bar Chilled Fruit Cocktail Choice Milk	<b>Golden Corn Dog</b> <i>WG Chicken Corn Dog served with Ketchup</i> Potato Stix w/ Ketchup Assorted Salad Bar Banana & Choice Milk	<b>The Cheeseburger</b> , that Never Gets Old-Fashioned WG Bun, Cheese Slice & Ketchup Lemon Blueberry Crackers Assorted Saald Bar Fruit Cup & Choice Milk	<b>Fresh Baked Pan Pizza</b> Assorted Salad Bar Crisp Varietal Apple Choice Milk	<b>Week IV</b>	
	Hot Veg	Easy-Cheesy Pull Aparts	French Bread Pizza	Mac & Cheese Bites w/ Ranch	Grilled Cheese Sandwich		Fresh Baked Cheese Pizza
	Cold	Turkey Bun w/ Mayo PC	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Roasted Turkey on WW Bread		Crunchy Ranch Chx Wrap w/ Herb Infused Ranch Dip

	Monday, March 10, 2025	Tuesday, March 11, 2025	Wednesday, March 12, 2025	Thursday, March 13, 2025	Friday, March 14, 2025		
<b>Hot Meal</b>	<b>Golden Chicken Tenders &amp; Ketchup</b> Assorted Salad Bar Fresh Orange Cheese Crisps Choice Milk	<b>Walking Taco</b> Beef Taco Meat, Nacho Cheese Doritos, Shred Cheese & Crema Assorted Salad Bar Chilled Fruit Cocktail Choice Milk	<b>Mac &amp; Cheese</b> Strawberry Grahams Assorted Salad Bar Banana Choice Milk	<b>Chinese Teriyaki Chicken</b> Steamed Seasoned Rice Assorted Salad Bar Fruit Cup Choice Milk	<b>Garlic Dusted French Bread</b> Assorted Salad Bar Crisp Varietal Apple Choice Milk	<b>Week V</b>	
	Hot Veg	Cheese Hot Pocket w/ Dip	Bean & Cheese Pupusa w/ Boom Sauce	Buttermilk Pancakes & Syrup w/ Fluffy Omelette	Cheese Bites w/ Dip		Multi Cheese Croissant Sandwich
	Cold	Wowbutter & Jelly sandwich	Turkey & Cheese Bun w/ Mayo PC	Hoagie Chicken Club	Turkey & Cheese on WW Bread		Chicken Caesar Wrap

	Monday, March 17, 2025	Tuesday, March 18, 2025	Wednesday, March 19, 2025	Thursday, March 20, 2025	Friday, March 21, 2025		
<b>Hot Meal</b>	<b>Premium Chicken Nuggets</b> Honey Mustard Sauce WG Ranch Crackers Assorted Salad Bar Fresh Orange & Choice Milk	<b>BBQ Meatballs</b> Mashed Potatoes Assorted Salad Bar WG Dinner Roll Chilled Fruit Cocktail & Choice Milk	<b>Asian Noodles Bowl</b> <i>Teriyaki Noodles with Asian Sesame Chicken</i> Assorted Salad Bar Banana Choice Milk	<b>Premium Chicken Patty Sandwich</b> WG Bun & Ketchup Assorted Salad Bar Fruit Cup Cool Ranch Doritos & Choice Milk	<b>Fresh Baked Pan Pizza</b> Assorted Salad Bar Crisp Varietal Apple Choice Milk	<b>Week VI</b>	
	Hot Veg	Easy Cheesy Pull Aparts	Buttermilk Pancakes & Syrup w/Yogurt Cup,	French Pizza Bread	Pizza Calzone		Fresh Baked Cheese Pizza
	Cold	Turkey Bun w/ Mayo PC	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Roasted Turkey on WW Bread		Crunchy Ranch Chx Wrap w/ Herb Infused Ranch Dip

	Monday, March 24, 2025	Tuesday, March 25, 2025	Wednesday, March 26, 2025	Thursday, March 27, 2025	Friday, March 28, 2025	
<b>Hot Meal</b>	<b>Spring Break - No School</b>	<b>Spring Break - No School</b>	<b>Spring Break - No School</b>	<b>Spring Break - No School</b>	<b>Spring Break - No School</b>	<b>Week I</b>

	Monday, March 31, 2025		
<b>Hot Meal</b>	<b>Soft Shell Tortilla Taco</b> WG Tortilla, Taco Seasoned Beef, Shred Cheese & Crema Assorted Salad Bar Fresh Orange Choice Milk	<p><b>Nutritional Standards for Our Meals</b></p> <p>We get a lot of questions about the nutritional quality of our meals. Schools like ours that participate in federal meal programs are required to meet specific nutritional standards at both breakfast and lunch.</p> <p>Our menus must:</p> <ul style="list-style-type: none"> <li>• Provide a variety of fruits &amp; veggies each week to provide varied nutrients.</li> <li>• Serve bread, pastas, rice, pizza dough, wraps, etc., comprised of at least 51% healthy whole grains.</li> <li>• Provide 1% or fat-free milk.</li> <li>• Stay below calorie, sodium and saturated fat limits.</li> <li>• Eliminate all trans fats.</li> </ul> <p>We welcome your feedback and ideas for our menus!</p>	
	Hot Veg		Omelet & Texas Toast
	Cold		Turkey Bun w/ Mayo PC

\*\*\* Hot Veg and Cold meals are served with vegetables, fruit of the day & milk.  
 \*\*\* Both Regular & Vegetarian options are available. Vegetarian choices come with egg or cheese in the place of meat. All deli salads come with fruit and milk)

Skim & 1% milk served daily. This menu is 100% pork-free.  
 All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products. All rice dishes /rice products are made of whole grain brown rice.

APRIL 2025 Menu (Subject to Change)							
		Tuesday, April 1, 2025	Wednesday, April 2, 2025	Thursday, April 3, 2025	Friday, April 4, 2025		
Hot Meal		<b>Mild Honey Sauced Drumstick</b> <i>Mildly Seasoned Flavorful Chicken Drumstick</i>	<b>Turkey Pepperoni Hot Pocket</b> Assorted Salad Bar	<b>Premium Chicken Nuggets &amp; BBQ Sauce</b> Potato Smiles w/ Ketchup	<b>Fresh Baked Pan Pizza</b> Assorted Salad Bar	Week II	
		Assorted Salad Bar	Banana	Assorted Salad Bar	Crisp Varietal Apple		
		Nacho Doritos	Choice Milk	Fruit Cup	Choice Milk		
Hot Veg		<b>French Bread</b>	<b>Cheese Bites w/ Italian Dip</b>	<b>Veggie Garden Burger</b>	<b>Fresh Baked Cheese Pizza</b>		
Cold		Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Roasted Turkey on WW Bread	Crunchy Ranch Chx Wrap w/ Herb Infused Ranch Dip		
		Monday, April 7, 2025	Tuesday, April 8, 2025	Wednesday, April 9, 2025	Thursday, April 10, 2025	Friday, April 11, 2025	
Hot Meal		<b>Chicken Tenders w/ Boom Sauce</b> Assorted Salad Bar	<b>Fun Beef Tri-Taco Snax</b> <i>Mini Beef Taco Triangles</i>	<b>Waffle Brunch Lunch</b> Mini Waffles & Yogurt Cup	<b>Pasta Bake w/ Red Sauce</b> WG Penne w/ Grilled Chicken & Mozzarella	<b>Premium Chicken Patty Sandwich</b> WG Bun & Ketchup	Week III
		Fresh Orange	Assorted Salad Bar	Tater Tots & Ketchup	Assorted Salad Bar	Assorted Saald Bar	
		Choice Milk	Chilled Fruit Cocktail	Assorted Salad Bar	Fruit Cup	Crisp Varietal Apple	
Hot Veg		<b>Pizza Calzone</b>	<b>Twisted Cheese Breadsticks w/ Seasoned Sauce</b>	<b>Bean &amp; Cheese Burrito</b>	<b>Veg Garden Nuggets w/ Ketchup &amp; WG Roll</b>	<b>Multi Cheese Croissant Sandwich</b>	
Cold		Wowbutter & Jelly sandwich	Turkey Bun w/ Mayo PC	Hoagie Chicken Club	Turkey & Cheese on WW Bread	Chicken Caesar Wrap	