

| Menu Name : Cologne Academy Breakfast Menu Grade Level / Age Group : K-8 Grades | | | | | Meal Pattern : NSLP | Meal : Breakfast |
|---|---|---|--|--|--|------------------|
| MARCH - 2025 | | | | | | |
| Celebrate National School Breakfast Week –MARCH 3–7! | | | | | | |
| Don't miss out! Try school breakfast! | | | | | | |
| Hot Meals | Monday, March 3, 2025 | Tuesday, March 4, 2025 | Wednesday, March 5, 2025 | Thursday, March 6, 2025 | Friday, March 7, 2025 | Week IV |
| | Assorted Big Cereal Bowl | WG Brekkie | Lemon Poppyseed Breakfast Bread | Vanilla Boli | Donut Pull Aparts | |
| | 100% 4.23 oz Fruit Juice (1 item) | 100% 4.23 oz Fruit Juice (1 item) | 100% 4.23 oz Fruit Juice (1 item) | 100% 4.23 oz Fruit Juice (1 item) | 100% 4.23 oz Fruit Juice (1 item) | |
| | Choice Milk & Second Fruit (1 item each) | Choice Milk & Second Fruit (1 item each) | Choice Milk & Second Fruit (1 item each) | Choice Milk & Second Fruit (1 item each) | Choice Milk & Second Fruit (1 item each) | |
| <i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i> | | | | | | |
| Hot Meals | Monday, March 10, 2025 | Tuesday, March 11, 2025 | Wednesday, March 12, 2025 | Thursday, March 13, 2025 | Friday, March 14, 2025 | Week V |
| | Assorted Big Cereal Bowl | Pancake Puffs Pack | Banana Chocolate Chip Muffin | Caramel Mini Cinnis | Chocolate Donut | |
| | 100% 4.23 oz Fruit Juice (1 item) | 100% 4.23 oz Fruit Juice (1 item) | 100% 4.23 oz Fruit Juice (1 item) | 100% 4.23 oz Fruit Juice (1 item) | 100% 4.23 oz Fruit Juice (1 item) | |
| | Choice Milk & Second Fruit (1 item each) | Choice Milk & Second Fruit (1 item each) | Choice Milk & Second Fruit (1 item each) | Choice Milk & Second Fruit (1 item each) | Choice Milk & Second Fruit (1 item each) | |
| <i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i> | | | | | | |
| Hot Meals | Monday, March 17, 2025 | Tuesday, March 18, 2025 | Wednesday, March 19, 2025 | Thursday, March 20, 2025 | Friday, March 21, 2025 | Week VI |
| | Assorted Big Cereal Bowl | Glazed Honey Breakfast Bun | Pumpkin Muffin | Choco-Crisp Belgian Waffle | Banana Chocolate Chip Oatmeal Round | |
| | 100% 4.23 oz Fruit Juice (1 item) | 100% 4.23 oz Fruit Juice (1 item) | 100% 4.23 oz Fruit Juice (1 item) | 100% 4.23 oz Fruit Juice (1 item) | 100% 4.23 oz Fruit Juice (1 item) | |
| | Choice Milk & Second Fruit (1 item each) | Choice Milk & Second Fruit (1 item each) | Choice Milk & Second Fruit (1 item each) | Choice Milk & Second Fruit (1 item each) | Choice Milk & Second Fruit (1 item each) | |
| <i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i> | | | | | | |
| Hot Meals | Monday, March 24, 2025 | Tuesday, March 25, 2025 | Wednesday, March 26, 2025 | Thursday, March 27, 2025 | Friday, March 28, 2025 | Week I |
| | No School - Spring Break | No School - Spring Break | No School - Spring Break | No School - Spring Break | No School - Spring Break | |
| <i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i> | | | | | | |
| Hot Meals | Monday, March 31, 2025 | Nutritional Standards for Our Meals | | | | Week II |
| | Assorted Big Cereal Bowl | <p>We get a lot of questions about the nutritional quality of our meals. Schools like ours that participate in federal meal programs are required to meet specific nutritional standards at both breakfast and lunch.</p> <p><i>Our menus must:</i></p> <ul style="list-style-type: none"> • Provide a variety of fruits & veggies each week to provide varied nutrients. • Serve bread, pastas, rice, pizza dough, wraps, etc., comprised of at least 51% healthy whole grains. • Provide 1% or fat-free milk. • Stay below calorie, sodium and saturated fat limits. • Eliminate all trans fats. | | | | |
| | 100% 4.23 oz Fruit Juice (1 item) | | | | | |
| | Choice Milk & Second Fruit (1 item each) | | | | | |
| | <i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered.</i> | <i>We welcome your feedback and ideas for our menus!</i> | | | | |

*** Three Items meet USDA requirements (One Item must be fruit).

Skim & 1% milk served daily.
All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

This menu is 100% pork-free.
All rice dishes /rice products are made of whole grain brown rice.

| APRIL 2025 Menu (Subject to Change) | | | | | | | | | | | |
|---|--|--|--|--|--|--|--|--|--|--|-----------------|
| Hot Meals | Tuesday, April 1, 2025 | | Wednesday, April 2, 2025 | | Thursday, April 3, 2025 | | Friday, April 4, 2025 | | Week II | | |
| | French Toast Breakfast Bread | | Cake Glazed Donut | | Pancake Puffs Pack | | Mini Cinnis | | | | |
| | 100% 4.23 oz Fruit Juice (1 item) | | 100% 4.23 oz Fruit Juice (1 item) | | 100% 4.23 oz Fruit Juice (1 item) | | 100% 4.23 oz Fruit Juice (1 item) | | | | |
| | Choice Milk & Second Fruit (1 item each) | | Choice Milk & Second Fruit (1 item each) | | Choice Milk & Second Fruit (1 item each) | | Choice Milk & Second Fruit (1 item each) | | | | |
| <i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i> | | | | | | | | | | | |
| Hot Meals | Monday, April 7, 2025 | | Tuesday, April 8, 2025 | | Wednesday, April 9, 2025 | | Thursday, April 10, 2025 | | Friday, April 11, 2025 | | Week III |
| | Assorted Big Cereal Bowl | | Chocolate Swirl | | Banana Bread Super Slice | | Cinnamon Toast Crunch Muffin | | Dunkin' Stix | | |
| | 100% 4.23 oz Fruit Juice (1 item) | | 100% 4.23 oz Fruit Juice (1 item) | | 100% 4.23 oz Fruit Juice (1 item) | | 100% 4.23 oz Fruit Juice (1 item) | | 100% 4.23 oz Fruit Juice (1 item) | | |
| | Choice Milk & Second Fruit (1 item each) | | Choice Milk & Second Fruit (1 item each) | | Choice Milk & Second Fruit (1 item each) | | Choice Milk & Second Fruit (1 item each) | | Choice Milk & Second Fruit (1 item each) | | |
| <i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i> | | | | | | | | | | | |