DAILY AQUATICS ACTIVITIES FOR **MARCH 2025**



MONDAYS

Open Swim



9:30am - 11:00am

Lap Swim



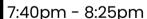
11:30am - 2:15pm

H2O Cardio



6:45pm - 7:30pm

H2O Stretch & Relaxation



TUESDAYS

Lap Swim



7:45am - 9:00am

Open Swim



9:30am - 11:45am

Lap Swim



12:15pm - 2:00pm

WEDNESDAYS

Swimnastics



10:00am - 10:45am

Open Swim (Women Only)

11:00am - 2:00pm

Lap Swim



2:15pm - 4:15pm

Disco Splash!



7:30pm - 8:15pm

THURSDAYS

Lap Swim



7:45am - 9:00am

Open Swim (Adult Only)



9:30am - 10:45am

Aqua Stretch



11:00am - 11:45am

Lap Swim



12:15pm - 2:00pm

Open Swim



6:00pm - 8:30pm

FRIDAYS

H2O Cardio



7:00am - 7:45am

Open Swim



9:30am - 11:30am

Lap Swim



12:00pm - 1:45pm *Not offered Mar. 28

Open Swim



2:00pm - 4:00pm *Not offered Mar. 14 or Mar. 28

KEY:

Open Swim









- Visit isd623.ce.eleyo.com
- Scan QR code





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LOCATION & CONTACT INFORMATION

- Anpétu Téča Education Center: 1910 County Road B West, Roseville
- **Phone:** 651-604-3770
- Main website for information & updates: isd623.org/aquatics
- Registration website: isd623.ce.eleyo.com



S PRICING

Lap & open swim: \$8 per pass, or \$35 for a punch card with 5 passes

Water exercise classes: \$11 for a single drop-in class, price varies for a full session



CHILD SUPERVISION

All children ages 14 and younger must check in with a lifeguard before entering the pool.

For all children ages 13 - 14 years:

- o An adult must be present in the building.
- o Parent does not need to be in the water.

For all children ages 9 - 12 years:

- An adult must be present in the pool room (not the observation room).
- o Parent does not need to be in the water.

For all children ages 6 - 8 years:

o 1 adult must be in the pool for every 2 children.

For all children ages 5 years and younger:

- 1 adult must be in the pool for every 2 children.
- o Children must be within arms reach at all times.
- o Children in swim diapers must wear a plastic diaper cover in pool.

Lap swim:

- Children ages 15+ can attend lap swim without a parent in the building.
- Children ages 13 14 can attend lap swim with a parent present in the building.
- Children ages 12 and under cannot attend lap swim.



OTHER REMINDERS

Please be sure to arrive with more than 30 minutes left in any given pool session in order to swim. We do not allow entrance 30 minutes or less before pool close. Please note that private swim lessons may occur during lap/open swim times and limit the pool space available.