



Tewksbury Township Board of Education

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Tewksbury Township School District Snack Guidance

All class food allergies should be taken into account when planning **any class party**. The "approved" Tewksbury snack list was approved by the Wellness Committee. The labels of items on the list should be checked at purchase to ensure the item does not contain class allergens. Manufacturing sites and recipes can change. Labels should always be checked for allergens. A food "made on the same line" or a label that states "may contain traces" of a specific allergen is **not a safe** food choice.

Parents of students with severe food allergies should be given advance notice of the food being served at the party. The food should be **store bought** and have ingredient labeling (exception...whole fruit.) Parents must be notified of the **specific brand**, along with the food label of the food item being served and must **give email or written permission** for their child to have the item. A parent can send in a safe snack substitute if they prefer.

There can be **no substitutions** the day of the event. Different brands may contain different ingredients or be potentially in cross contact with an allergen. Below is the approved Tewksbury Wellness Committee snack list:

TTSD Approved Snack List

Approved, pre-packaged snacks include:

- Crunch Pak Brand Packaged Apple Slices - all natural ingredients (**not available**)
- DelMonte Brand Packaged Fruit Cups in Water
- Outshine (formerly Edy's) Fruit Bars (EXCEPT creamy coconut)
- Outshine (formerly Edy's) Fruit & Veggie Bars (**not available**)
- Skinny Pop Popcorn (plain flavored ONLY)
- Snyder's of Hanover Gluten-Free Pretzels
- Tostito Brand (Fritolay) Original Tortilla Chips
- Tostito Brand Tomato Salsa
- Wholly Brand Guacamole
- Whole fruit with peels: clementines, oranges, bananas
- Bottled water
- 100% fruit juice

Again, the ingredient labels need to be checked for these items as well.

*Edits in RED 10/2023 by JS

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