

WHEN TO KEEP YOUR CHILD HOME FROM SCHOOL

We understand that it can be difficult to decide when to keep your child home from school and for how long. Here are some guidelines that may help you make that decision. We are concerned about your child being able to learn while they are here as well as not spreading their illness to other students and staff.

The Common Cold-Your child should remain home if the symptoms interfere with his/her ability to learn. Consider medical care if your child's symptoms last more than 1-1 and ½ weeks, nasal discharge becomes yellow or green, or a fever develops. Please encourage good hand washing and sneezing/coughing into a tissue or their elbow.

Fever-If your child has a temperature of 100 degrees or greater, he/she should remain home until the fever is under 100 for 24 hours without the use of fever reducing medications (Tylenol/Advil).

Vomiting/Diarrhea-If your child has vomiting and/or diarrhea they must remain at home until they are symptom free for 24 hours.

Pain-If your child has significant pain that affects their ability to move and participate in regular school activities; he/she should be evaluated by a health professional before coming to school.

Skin Rashes-Skin rashes are often contagious. You must have the rash evaluated by your health professional. Please bring a note from your practitioner indicating the rash is not contagious and that your child may return to school.

Red Eyes-Although this may be a minor irritation, if red eyes are accompanied by drainage or crusting, the child should be evaluated by a health care professional prior to coming to school. If the child is diagnosed with a contagious eye infection, he/she must be treated for 24 hours before returning to school.

Head Lice/Scabies-If your child contracts head lice, he/she shall remain home until treatment is completed. Before returning to school, your child must be cleared by our Health Care Coordinator at the High School. The student will need to be bug and nit (egg) free before returning to school. Children with scabies can return to school 24 hours after treatment is administered.

If your child shows any of the above symptoms at school, it will be necessary for him/her to be picked up from school. Bringing a child to school with these symptoms puts other children and staff at risk of becoming sick. If all parents keep their sick children at home, we will have stronger, healthier and happier children who are ready to learn. While we regret any inconvenience this may cause, in the long run this means fewer lost school days for everyone.

Don't Forget to Continue to Wash Hands Frequently and Practice Good Respiratory Etiquette. Together we can provide a healthy environment for learning!
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