

List of Supplies for HIS Students - 2024-2025

All Students -- In the event of a major earthquake, HIS requires all students to bring an emergency pack on the first day of school.

Emergency Supply Pack - a zippered, clear plastic filing case (available at ¥100 store) containing:

- (1) a small unopened bottled water
- (2) a compact LED flashlight (ready to use)
- (3) 3 unopened, healthy packaged snacks such as nuts, granola bars, and Calorie Mate
- (4) an aluminum-coated plastic emergency blanket (available at larger ¥100 stores).



All Students -- Indoor Shoes -- All students are expected to change their shoes in the genkan upon arrival each day. These shoes will be left at school each day.

All EY / Elementary Students -- In winter, EY and elementary students need a snowsuit or other snow gear that will allow for frequent, vigorous outdoor play.

All Secondary Students -- All students in grade 6 to grade 12 must bring a notebook computer or iPad with charger to school each day.

NOTE: When preparing supplies for this coming year, please consider the environment and reuse and recycle supplies from last year before purchasing new ones.

Early Years:

- Indoor shoes
- Backpack (big enough for A4 size paper)
- A4 size clear folder with zipper for communication
- One pair of rain boots to keep at school
- A rain jacket to keep at school
- 1 box of tissues
- 1 pack of refill wet tissues (please refer to the picture)
- 1 plastic drinking cup
- 1 blanket for quiet time
- 2 sets of spare clothes in a labeled bag
- 2 packets of hand soap refill (we already have many bottles and prefer to get the refill to reduce wastes.)
- One Family Photo which we will put in a photo frame and display in class.



Please write your child's name on EVERYTHING! Thank you!

Milepost 1 (Kinder - Grade 1):

Teacher will provide folders, pencils, coloured pencils, crayons, markers, erasers, glue sticks, scissors and rulers.

All personal items listed below should be labeled with names. All students should have:

- backpack (big enough for A4 folders and large projects)
- **A4 (287mm x 202mm)** sketchbook for art class. Please get yellow and black brand available at coach and four/Central (see photo)



- Yamaha Soprano Recorder for music class
- extra set of clothes (shirt, blouse or T-shirt, trousers, underwear & socks) in a labeled bag
- 1 box of tissues
- 1 packs of wet tissues
- boys bring 1 box of sandwich-sized ziploc bags
- girls bring 1 box of gallon-sized ziploc bags
- stationery (optional)

Milepost 2 (Grade 2-3):

Teachers will provide: colored pencils, highlighters, glue sticks, and scissors.

Classroom supplies, labeled with names.

- a school bag/backpack that holds A-4-sized materials
- 5 lined notebooks (2 for reading, 2 for writing, 1 for word study)
- 1 A4 blank notebook (for math)
- 1 or 2 boxes of Kleenex
- 1 or 2 pack of wet wipes (to wipe tables and hands daily)
- **A4 (287mm x 202mm)** sketchbook for art class. Please get yellow and black brand available at coach and four/Central (see photo)

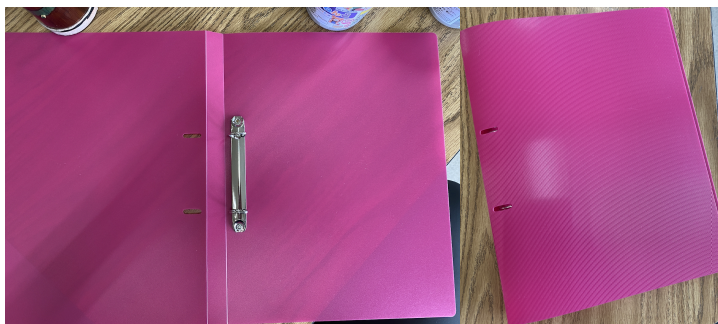


- Plastic zipper packet (large size-- big enough to hold daily planner, homework, letter or folder)



- Small pencil case with 3 pencils and 1 regular-sized eraser. (Please no mechanical pencils or nerikeshi)
- Two small hand towels (hankachi/tenugui), labeled, for drying hands

- A thick 2-ring binder (see photo)
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- Yamaha Soprano Recorder for music class
- Emergency kit containing water bottle, protein snack, emergency blanket, and flashlight (with flashlight batteries in a separate bag please)
- A pack of 2 ring binder divider



Drinks for school (water only, please) should NOT be carried with school materials. If your child wishes to bring a drink bottle, please provide something that is carried separately.

Milepost 3 (Grade 4-5):

The teacher will provide: coloured pencils, highlighters, markers, rulers, & scissors.

All personal items listed below should be labeled with names.

All students should have:

- **10 x B5 notebooks**
- 1x B5 or A4 size notebook 7mm space between lines (**for the Japanese class.**)
- 2 boxes of tissues (shared with class so no name necessary)
- **A4 (287mm x 202mm)** sketchbook for art class. Please get yellow and black brand available at coach and four/Central (see photo)



- **Yamaha Soprano Recorder for music class**
- a pencil case
- writing pencils (**NO MECHANICAL PENCILS**)
- 6 x Erasers
- 6 x Glue sticks
- a pair of indoor shoes
- a pair of outdoor sports shoes (for PE)
- **Earphones / Headphones**
- Drink bottle (*water only, please*)

- 4 x Anti- bacterial wipes
 - 2 x Small hand towels
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Grade 6-8

- Daily planner/scheduler
- 2 rulers (one long, one short)
- Compass
- Colored pencils and/or markers
- Protractor
- Pencil
- Scissors
- Calculator
- Eraser
- Glue stick
- Case to hold all supplies
- 1 flash memory stick
- ELL: B5 or A4 size notebook, lined with dashed centre guideline.
- Math: B5 looseleaf and notebook.
- Small towel for cleaning (zokin)
- Two boxes of tissues
- **Music:** A4 size 48 pockets folder for music sheets
- **A4 (287mm x 202mm)** sketchbook for art class. Please get yellow and black brand available at coach and four/Central (see photo)



- **Physical Education:** Students are required to be in athletic clothing for P.E. classes. This is part of their Commitment grade each semester. Jeans, skirts, or tight/restrictive clothing are not appropriate for P.E. Therefore, students should bring a pair of shorts/athletic pants and a t-shirt/long-sleeve top to wear for class. They have access to a changing room and will be asked to use it. In addition, proper athletic footwear (no Crocs, slippers, boots, etc.) are required to use the gymnasium. When classes shift outdoors, students will need to have a pair of athletic shoes which are solely for outdoor use and which can be left in the genkan upon re-entering the building.
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Grade 9 -12:

- **General:** Notebooks (B5), looseleaf (B5) and binders, Pencil, Pens, Scissors, Ruler, Eraser, Glue stick, Case to hold all supplies, Laptop or tablet, charger, headphones with microphone
- **Shoes/clothing:** Indoor shoes (appropriate for gym), Small towel for cleaning (zokin), P.E. T-shirts & shorts, a towel for gym use. Each student needs a pair of indoor and outdoor sports shoes (two pairs in total).
- **Calculator:** Scientific calculator for math and science classes grade 9 through grade 10. Graphing calculator required for Precalculus and AP Calculus, and strongly recommended for AP science classes.
- **Science:** A **B5-size** 2-ring binder with dividers and **B5-size** loose leaf paper *with a grid instead of lines* ([example here](#)). A **B5-size** notebook with a grid instead of lines, or Cornell Notes style ([example here](#)). A graphing or scientific calculator (HP Prime or Casio *graphing calculator recommended*). A set of colored pens or pencils for graphing.
- **A4 (287mm x 202mm)** sketchbook for art class. Please get yellow and black brand available at coach and four/Central (see photo)



- **Music:** A4 size 48 pockets folder for music sheets
- **ELL:** Please bring a B5 or A4 size notebook, lined with dashed centre guideline. Language & Literature: Two B5 or A4 notebooks
- **Outdoor Activities:** Secondary students are involved in outdoor trips, both day and overnight. All students need a quality, packable sleeping bag, sleeping pad, sturdy shoes to hike in, and thick socks. A packable rain jacket and rain pants are advised. For good husbandry, students should have their own plastic/reusable plate, bowl, hashi, and cup. A headlamp and whistle are required on all long hikes. Sunscreen, insect protection, and other personal first aid and medicinal items should be acquired.
- **Physical Education:** Students are required to be in athletic clothing for P.E. classes. This is part of their Commitment grade each semester. Jeans, skirts, or tight/restrictive clothing are not appropriate for P.E. Therefore, students should bring a pair of shorts/athletic pants and a t-shirt/long-sleeve top to wear for class. They have access to a changing room, and will be asked to use it. In addition, proper athletic footwear (no Crocs, slippers, boots, etc.) are required to use the gymnasium. When classes shift outdoors, students will need to have a pair of athletic shoes which are solely for outdoor use and which can be left in the genkan upon re-entering the building.

Items that can be purchased in the office: pencils, erasers, glue, looseleaf, and notebooks.

※ Calculators are available for purchase through the math department.