



FAMILY & TEEN PROGRAMS

For teens & families who have had someone close to them die.
We believe that exploring grief with a group of peers and connecting with nature helps your grief journey.

All Wild Grief programs are **FREE of charge** and we provide food, supplies, outdoor gear, and transportation. No experience necessary!



FAMILY JOURNEY CAMPOUT

A weekend guided campout for grieving families. Families will have fun together, connect with other grieving families, and learn skills and ways to be with each other ongoing through the loss. Families who have never been camping are welcome and supported!

TEEN BACKPACK

A meaningful and fun four-day adventure in the wild backcountry with peers who get it. Outdoors with your peers, you'll hike, cook, sleep beneath the stars, and learn new ways to navigate your grief. Teens who have never been backpacking are welcome and encouraged to apply!



DAY HIKES

We spend the day exploring easy to moderate trails, eating together, and sharing stories, tears, and laughter. The day-long walk gives you a chance to explore your inner landscape while traversing the beauty of the natural world. We have day hikes for teens only as well as for the whole family.



Read more at wildgrief.org/programs-overview

Text/call 360-358-3213 or email info@wildgrief.org with questions.



SCAN ME

Tumwater School District is not a sponsor of this event and assumes no responsibility for it.