



MEDICATION POLICY

It is the belief of the Board of Education that medication should be administered at home. However, under certain conditions, it is in the best educational and health interests of the student to take prescribed medications during the school day.

We are asking for your cooperation regarding giving medication in the schools. It is the legal responsibility of HUSD health office staff to administer correct medications to each student. Therefore, please adhere to the following guidelines:

Guidelines for Medication Administration

- All medication is to be brought to school by the parent/guardian in a properly labeled container from the pharmacy and/or the original unopened, over the counter packaging. No expired medication will be accepted. Pharmacies can label two containers: one for school and one for home. Medications will not be sent home with students daily.
- Medications will NOT be crushed without a licensed healthcare provider order. Parent/guardian is required to provide student specific pill crusher. If a medication needs to be cut in half, it will be done by the parent/guardian, NOT the health aide or nurse.
- Any medications that the district/school health aide feels are unsafe will not be administered until licensed healthcare provider clarification is obtained. School health aides must follow all State Scope of Practice regulations.
- Students will NOT be allowed to carry or administer their own medication except with special written permission from ALL of the following: parent/guardian, licensed healthcare provider, building administrator/principal, and district nurse. This includes prescriptions, over the counter medications and natural/ herbal supplements. No controlled substances will be allowed for self-carry for the safety of all students.
- The parent/guardian is responsible to pick up the student's medication by the last day of the current school year. Any medication left at the end of the day on the last day of school, will be discarded. No Exceptions.
- Parent/guardian is responsible for providing medications for overnight and extended day field trips with all appropriate paperwork.

Prescription Medication

- Prescription medication must be prescribed by the student's Arizona licensed healthcare provider and filled by a licensed pharmacy. Medication prescribed by out-of-state healthcare providers can be administered for up to 60 days. After 60 days, the prescription must be replaced by a provider licensed in the State of Arizona. No Prescriptions from outside of the United States will be accepted.
- Medications prescribed to be taken one (1) two (2) and three (3) times a day are not routinely given at school. These medications can usually be given outside of school hours. Exceptions may be made if the District Nurse discusses the need with the licensed healthcare provider and they find this is necessary. Example: Medication must be given at 12pm with food.
- A Consent for Medication Administration form must be filled out and signed by the student's licensed healthcare provider, school site health aide, and the parent/guardian, for each prescription medication to be given. Prescription bottle and Medication consent form MUST match.
- A new Consent for Medication Administration form must be completed and signed by the student's licensed healthcare provider for any changes to prescription medication (dosage, timing, etc.), including each new school year.
- The student is responsible for coming to the health office or to a principal designee to take the medication.
- Narcotic pain medication, controlled substances, CBD oil and medical marijuana will not be given in the general education setting at school for the safety of all students. (ARS§15-108)

Over-the-Counter Medication

- All Non-prescription medications will be dispensed to students upon the completion of the Consent for Medication Administration form with parent/guardian signature. Medication will be given in accordance to package directions. Dosage must be weight and age appropriate per label (i.e. children specific formula).
- If medication is to be administered for three (3) consecutive days or more, a licensed healthcare provider order must be submitted to the school health office for continuing administration of the medication beyond the three (3) days to ensure that use of this medication is not masking symptoms of a serious condition in the student.
- In order to minimize the possibility of a drug overdose, non-prescribed medications will not be dispensed during the first and last hours of the school day.
- The health office does have a supply of Acetaminophen (Tylenol) that can be given to students in order to help them complete the school day. For the district to administer, the parent/guardian must give permission during the online registration process each school year. The frequent use of Acetaminophen (Tylenol) has been shown to cause liver problems in both children and adults; therefore, we will use Acetaminophen (Tylenol) at our discretion. If we find we are administering Acetaminophen (Tylenol) on a recurrent basis, parents/guardians may be contacted to provide a note from students doctor along with a supply of the medication for the health office.

Natural/Herbal Preparations and Dietary Supplements

Supplements are not regulated by the FDA. Under the Dietary Supplement Health and Education Act (DSHEA), the FDA treats supplements like food. Supplements can include minerals, vitamins or other natural biological substances and they are available in a variety of shapes and sizes, including concentrates, oils, extracts, capsules, tablets, liquids and powders. Because these are not regulated by the FDA, we have guidelines in place to ensure the safety of all students. All Natural, Herbal and Dietary supplements will be dispensed to students upon the completion and signature of the Consent for Medication Administration form by the parent/guardian.

- Supplement must be in original unopened container with all instructions intact on that container.
- Supplements will not be given the first and last hour of the school day to avoid any possibility of overdose.
- Identification of the condition for which the product is being used is necessary. That includes all safety information, possible side effects, contraindications and adverse reactions.

A new Consent for Medication Administration form is required every school year for each individual medication