



## WELLNESS COMMITTEE MEETING

October 17, 2024

3:45 p.m.

Virtual via Zoom

*DECA's mission is to prepare future college graduates today to become the leaders of our community tomorrow.*

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### Welcome | Attendance

#### Present

Administrators: Steven Hinshaw, Stephanie Williams

Parent: Nicole Fuqua

School Food Service Staff: Athena Parks, Anita Stephens

School Health Professional: Heather Vrabel

#### Absent

School Board Member: Kevin Scroggins

P.E. Teacher: Melaku Dejene

Student: Alyssa McClure

### Discuss the Wellness Policy

The Wellness Committee discussed the Wellness Policy and noted no changes are necessary to the policy. It was complete and reflects current practices.

### Discuss the Tri-Annual Assessment

The Wellness Committee discussed the Wellness Policy Assessment Tool. The *Smarter Lunchroom* and *Healthy Lifestyles* programs were reviewed and considered to be good wellness goals to pursue. The schools do not promote walking and/or biking to school with the Safe Routes to School programs due to the intense urban locations of both campuses.