

SOUTHAMPTON SENIOR CENTER & COUNCIL ON AGING

FEBRUARY 18, 2025

Mission

The Southampton Senior Center and Council on Aging (COA) provides:

- Information
- Referrals and access to community resources
- Medicare/SHINE counseling
- Public benefits counseling
- SNAP, LIHEAP and housing application assistance
- Transportation
- Activities
- Programming
- Socialization opportunities to 60+ population in Southampton (more than 2100 residents!)

Council on Aging Staff

- Kate DiSanto, Director & SHINE Counselor (32 hours/week)
- Andrea Barouxis, Volunteer Coordinator (14 hours/week)
- Pamela Connett, Program Coordinator (18 hours/week)
- Tim Huber, FRTA Van Driver (Tuesdays & Thursdays)
- William Kaleta, FRTA Van Driver (Mondays, Wednesdays & Fridays)
- Darlene Matyoka, Administrative Assistant (4 hours/week)
- Staff Vacancy, Outreach Worker (18 hours/week)

Operating Hours: Monday – Thursday, 8:30 a.m. – 4:00 p.m.
FRTA Van Rides available Monday - Friday

The Council on Aging is also supported by the Council on Aging Board the Friends of the Southampton Council on Aging, and the Senior Center Building Committee. We are grateful for their time and support.

Mondays

- Mahjong
- Memory Café
- Mindful Movement Chair Yoga
- Spades/Hearts Card Game
- Technical Support
- Walking Group

Wednesdays

- Bingo
- Craft Group
- Coffee Hour
- Highland Valley Lunch Distribution
- Public Health Nurses
- Spanish Class
- Walking Group
- State and Local Legislators Office Hours

Fridays

- Walking Group

Tuesdays

- Card Making Class
- Cribbage
- Foot Care Clinic
- Healthy Bones & Balance
- Hearing Clinic Line Dancing
- No Toxins/Healthy Living Programming

Thursdays

- Art & Watercolor Class
- Corn Hole
- Healthy Bones and Balance
- Pickleball
- Pitch
- Veterans Coffee Hour

Everyday

- Exercise Equipment
- Book Nook
- Outreach Appointments/Services
- Puzzles
- Coffee/Tea

Regular Programming & Activities

- Monthly Luncheons with the Friends of the Southampton COA
- Pancakes with Scott Szczebak
- One-Day Bus Trips (4-5 times/year) with Landmark Tours
- Special Musical Performances
- Cultural Council Grant Event Opportunities
- Holyoke Gas and Electric Safety presentations
- Highland Valley Presentations
- Public Safety Presentations
- Falls Prevention Classes with Southampton Fire Department
- Halloween Dance at Southampton Country Club
- Halloween Party at the Senior Center
- Volunteer Appreciation Awards & Luncheon
- Big E Trip for Southampton Veterans
- Bright Nights
- Clean Gardening Presentations
- Elder Law Attorney Presentation
- Voices of the Valley Concerts
- Scams and fraud Presentation from the Northwestern District Attorney's Office
- Medicare Open Enrollment Presentations
- Talks from various community organizations and committees

Special Events

Highlights and Challenges

Highlights

- 2024 attendance numbers increased by more than 20%
- Launched several new programs and events focused on health, well-being, art, information sharing, further creating increased socialization opportunities and resource sharing
- We distributed 1376 Wednesday lunches in partnership with Highland Valley Elder Services
- 1387 trips were taken on the FRTA van to medical appointments, grocery and misc. shopping trips, and on field trips
- Our volunteers logged more than 2100 hours of service for the Senior Center in 2024
- TRIAD program is growing, and more Southampton residents are participating in the partnership program.

Challenges

- Funding needed for COA staff salaries and increased hours.
- Lack of office space, specifically for private meetings and accommodations for current staffing needs
- Lack of event space for cross-programming opportunities and continuously increasing class sizes.
- Although the FRTA van drivers are funded through a reimbursement process with FRTA, the COA does not have a designated staff member to manage the FRTA van. This includes scheduling rides for appointments, managing phone calls/messages, assisting with applications, coordinating driver trainings and certifications, and contacting riders for updated information.

Fund Name	Total Funds	Funded By	Fiscal/ Calendar Year
State Formula Grant	\$28,724	EOEA/EOAI	FY25
COA Operating Expenses	\$1,829.62	Town of Southampton	FY25
COA Salaries (budgeted)	\$65,515	Town of Southampton	FY25
Class Revenue (Chair Yoga & Line Dancing - estimated)	\$2,900	COA Class Participants	FY25
COA Earmark (FY22) – Outreach	\$27,061 (remaining balance)	Senator Velis’s Office	One-time Funding

Annual Funding & Revenue Sources

Fund/Grant Name	Total Funds	Funded/ Awarded By	Funding Cycle
State Formula Grant	\$28,724	EOEA/EOAI	FY25
Memory Café Innovations and Startups	\$4,959	EOEA/MCOA	2024
Outreach & Marketing of Your COA	\$9,749	EOEA/MCOA	2024
Senior Center Modernization	\$19,464	EOEA/MCOA	FY25
Friends of the Southampton COA	\$4,152.75	Friends of the Southampton COA	2024
AED Purchase and Installation	\$2,205	ARPA Funds – Town of Southampton	2024

External Funding and Grant Activity

Salary Requests & Outlook for FY26

- Town of Southampton currently funds 100% of the Director's and Administrative Assistant's salaries, and 50% of the program coordinator's salaries (estimated \$69,963.99).
- The remaining 50% of the program coordinator salary and 100% of the volunteer coordinator's salary are funded by the State Formula Grant (estimated \$25,200.40).
- The total State Formula Grant for FY25 is \$28,724, which would leave an estimated \$3524 for 12 months of programming, supplies, and additional operational expenses for the COA.
- The Outreach Worker's salary is 100% paid for by the FY22 COA Earmark (estimated \$21,187.98 with current pay rate in FY26 chart). This earmark is one-time funding and expected to deplete by the end of FY26.
- FRTA driver salaries are reimbursed monthly by the Franklin Regional Transit Authority.

YEAR IN REVIEW

OUR MISSION: The Southampton Senior Center and Council on Aging (COA) provides information, referrals, Medicare/SHINE counseling, SNAP, LIHEAP and housing application assistance, transportation, activities, and socialization opportunities to the 60+ population in Southampton, Massachusetts. There is no cost to become a member of the Senior Center and individuals of the surrounding communities are welcome to attend all Southampton Senior Center activities, events, and resource options.

Senior Center Activities & Participation

7785	20.5%	65
Number of check-ins of duplicated attendees	Percentage increase in attendance since 2023	Different program offerings available throughout 2024
1376	1387	2104
Number of Highland Valley Elder Services meals distributed at the Senior Center	Number of rides/trips by the Franklin Regional Transit Authority (FRTA) van	Documented volunteer hours at the Senior Center

External Funding & Grants Awarded: \$40,529.75

The Southampton Senior Center and COA is grateful for the grant opportunities and financial support of the Massachusetts Executive Office of Elder Affairs (EOEA), the Massachusetts Councils on Aging (MCOA), and the Town of Southampton. These grant funds reflect FY24 and FY25 dedicated awards.

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THANK YOU!

Southampton Senior Center &
Council on Aging