



Suffolk County Childhood Trauma Service Center

Healing and Support for Children and Families

Trauma can impact a child or family in many different ways. At RiseWell Community Services, we offer evidence-based, person-centered treatment tailored to an individual's needs. RiseWell's Suffolk County Childhood Trauma Service Center provides accessible services and support for children, adolescents, and their families who experience traumatic events. Our highly skilled, multidisciplinary teams offers a wide range of services, all aimed at managing the effects of traumatic stress. These services are available throughout Suffolk County, in the home, or at our center(s), providing flexibility to meet each family's need.


→ Services Offered:

- Individual Therapy
- Group Therapy
- Family Therapy
- Peer Support
- Case Management
- Medication Management

→ Eligibility:

- Resident of Suffolk County
- Must be between 7-18 years of age

FOR MORE INFORMATION, PLEASE CALL:

 631-447-6460 EXT 4501

 adelgado@risewell.org

 www.risewell.org





RiseWell

Community Services

www.risewell.org

info@risewell.org

631-447-6460 ext
4501



**Suffolk County
Childhood Trauma
Service Center**

Mission Statement

RiseWell Community Services partners with individuals, families, and communities to promote wellness, health equity, and enrich quality of life. We collaborate with community leaders and progressive healthcare providers to educate and motivate people to improve their health and well-being.



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Trauma Looks Different to Everybody

Some examples of traumatic events children or adults may face:

- Parental divorce
- Losing a pet
- Physical or verbal abuse
- Death of a family member
- Parental substance abuse
- Bullying
- Moving homes
- Experiencing failure
- Anxiety
- Illness
- Experiencing a natural disaster

Signs of Child Trauma

Recognizing the signs of trauma in children is crucial to providing the right support. Common indicators include:

- Emotional symptoms
- Behavioral Changes
- Physical Symptoms
- Sleep Issues
- Eating Changes
- Academic Struggles
- Relationship Difficulties

Understanding these signs can help caregivers and professionals take steps toward healing and support.

About Us

RiseWell Community Services (RiseWell) is a multi-service, community-based social wellness agency and is a major provider of health and wellness, senior & children's services, housing, and support services in Suffolk, Nassau, Queens, Brooklyn, Bronx and Manhattan. Originally comprised of an alliance of family advocacy groups, RiseWell Community Services was incorporated as a not-for-profit in 1972.

For fifty years, RiseWell has developed innovative, successful programs that are designed to meet the needs of vulnerable populations, such as individuals in recovery, those living with chronic medical conditions, adult home residents, the homeless, low-income seniors and at-risk children. Since 1977, RiseWell's mission has been to engage people with disabilities in community service and provide a wide range of programs including care coordination, housing, clinical treatment, employment, peer advocacy, and other rehabilitative services. One of RiseWell's main goals is to improve the lives of people with disabilities and their families through education, information and referral services, legislative action and program development.