



Lauren Horowitz
Lower and Middle School School Counselor

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Lauren Horowitz has been dedicated to nurturing the well-being and development of students in Kindergarten through eighth grade at Sacred Heart Academy since 2019. With over a decade of experience as a school counselor in New York City prior to joining the SHA community, Lauren brings a wealth of knowledge and compassion to her role.

Mrs. Horowitz combines her background in psychological services with her teacher training to create a robust counseling curriculum, work individually with students, and inform school-wide wellness programming and initiatives. Mrs. Horowitz is committed to supporting each student's academic, social, and emotional growth at SHA and values

collaboration with colleagues, families, and providers to enhance every student's experience.

Education:

Bachelor of Science, Elementary Education, Penn State University

Masters of Education, Psychological Services, University of Pennsylvania

Certificate in School Counseling, University of Pennsylvania