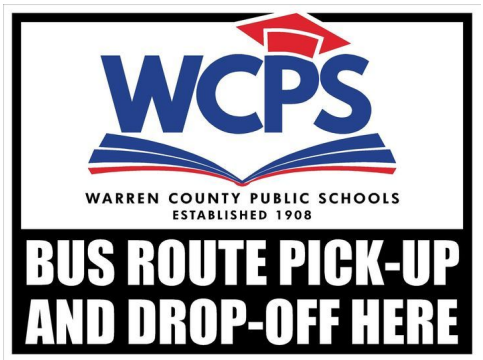
SWHS Spartan Speak

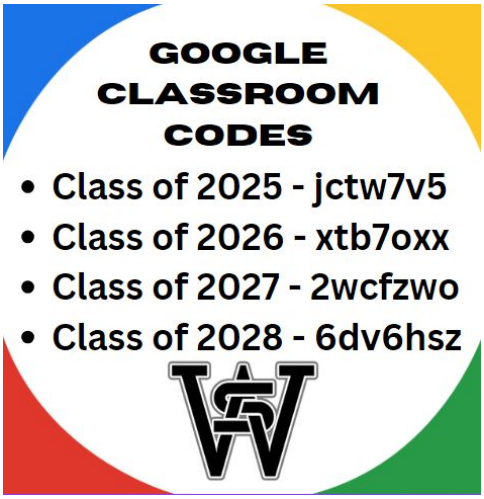
SPARTAN SPEAK

2024 2025

#Next Level of Greatness

❄ **January 21, 2025** ❄





Important Dates

1/22 9th/10th Grades ACT (optional) Registration/Fees Due
1/23 Strings Parent Monthly Meeting 5:30 PM
1/24 FASFA Help (11AM-3:30PM)
1/29 FASFA Help (7:30AM -12:30PM)
2/1 Pancake Breakfast (Boys Lacrosse)
2/1 Winter Formal
2/3 ACT Bootcamp registration/fee due
2/4 Mini Job Fair
2/4 Parent Registration Q&A (rising 10th &12th graders)
2/10 ACT Bootcamp
2/14 NO SCHOOL for students (PLC)
2/17 NO SCHOOL for students (PD)
3/11 ALL Juniors take ACT
3/11 9th/10 graders ACT (if registered)
3/28-3/30 Fiddler on the Roof Musical
4/12 Yearbook orders due
4/19 SWHS Prom

Lunch Money:

The WCPS district is proud to announce their participation in the Community Eligibility Provision (C.E.P.) program again this year, which allows ALL WCPS students to enjoy a FREE breakfast and FREE lunch each school day for the 2024-25 school year!

However, if your child wants extra helpings or a la carte items, you can now make online payments to your student's school meal account. **Use the program, MySchoolBucks, to create a profile.** Download the app or visit http://www.myschoolsbucks.com to create your account and add your students.

Student Checkout/Messages for Students/Bus Notes:

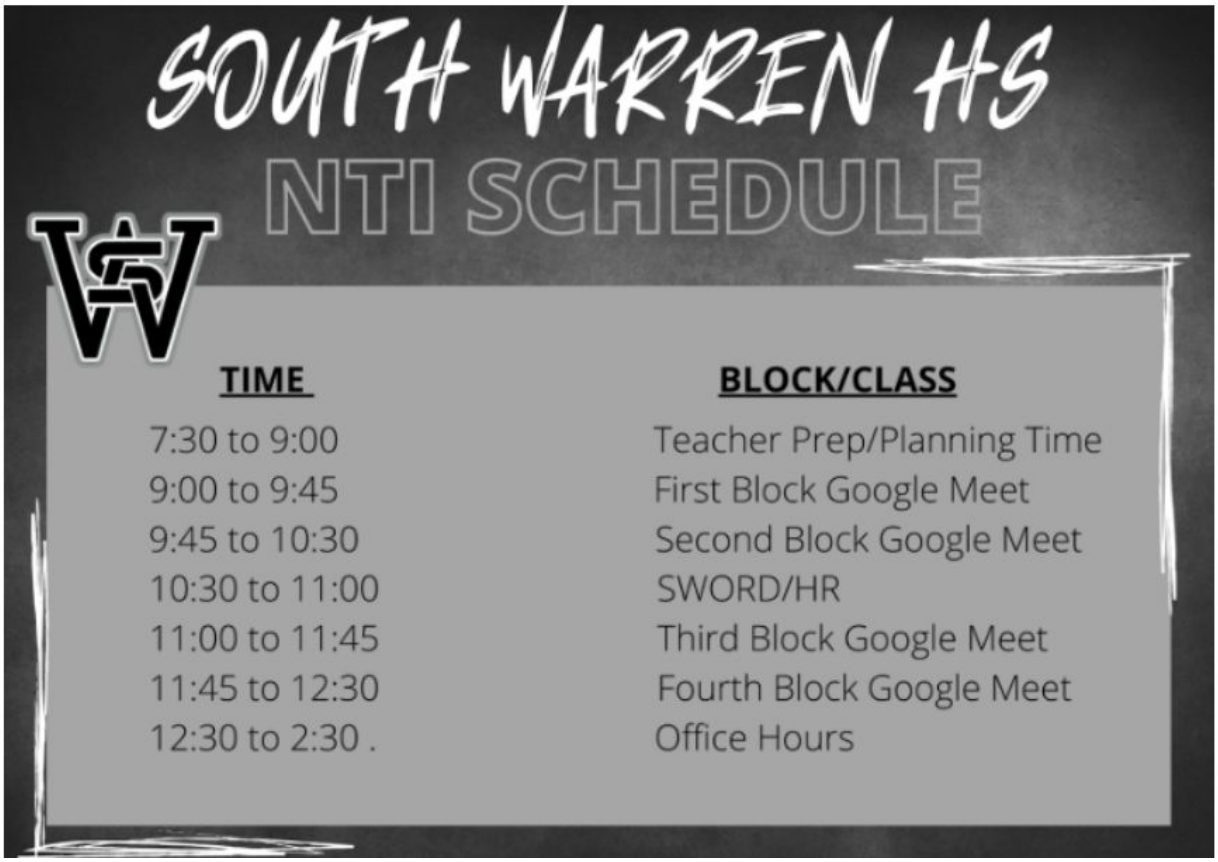
Parents needing to send messages to their son/daughter should E-MAIL the office staff so the message can be delivered to the student. Send the message for your student to: swhs@warren.kyschools.us

In the subject heading, please reference the appropriate title "student checkout, student message, or bus notes for (your son/daughter, including his/her last name)". Type the message for your son/daughter in the body. Once messages are received, they will be delivered to students during the next locker break. It is the parent/guardian responsibility to verify the student checkout note/bus note by calling the school at 270-467-7500.

Yearbooks:

Yearbooks are currently on sale through April 12, 2025 yearbookordercenter.com

IN CASE OF INCLEMENT WEATHER
NON-TRADITIONAL INSTRUCTION SCHEDULE



TIME	BLOCK/CLASS
7:30 to 9:00	Teacher Prep/Planning Time
9:00 to 9:45	First Block Google Meet
9:45 to 10:30	Second Block Google Meet
10:30 to 11:00	SWORD/HR
11:00 to 11:45	Third Block Google Meet
11:45 to 12:30	Fourth Block Google Meet
12:30 to 2:30 .	Office Hours

SWHS

Registration Q&A Session
for
Parents of Rising 10th-12th Graders
Presented by the SWHS Guidance Department

Tuesday, February 4th
5:30 - 6:30 PM
SWHS Auditorium (Door 7)

Yearbook Sale

NOW $65

DEADLINE: APRIL 12, 2025

YEARBOOKORDERCENTER.COM
ORDER # 26261

WINTER FORMAL TICKETS ON SALE

February 1st, 2025
7pm-10pm
South Warren
High School Gym

$10 per person. SWHS STUDENTS ONLY

SOUTH WARREN MINI JOB FAIR 2025

Tuesday
4 February, 2025

Start At :
10:30

VALENTINE'S DAY CANDY DONATIONS NEEDED!

Please send donations to the front office!

PTSO

Spartan Strings

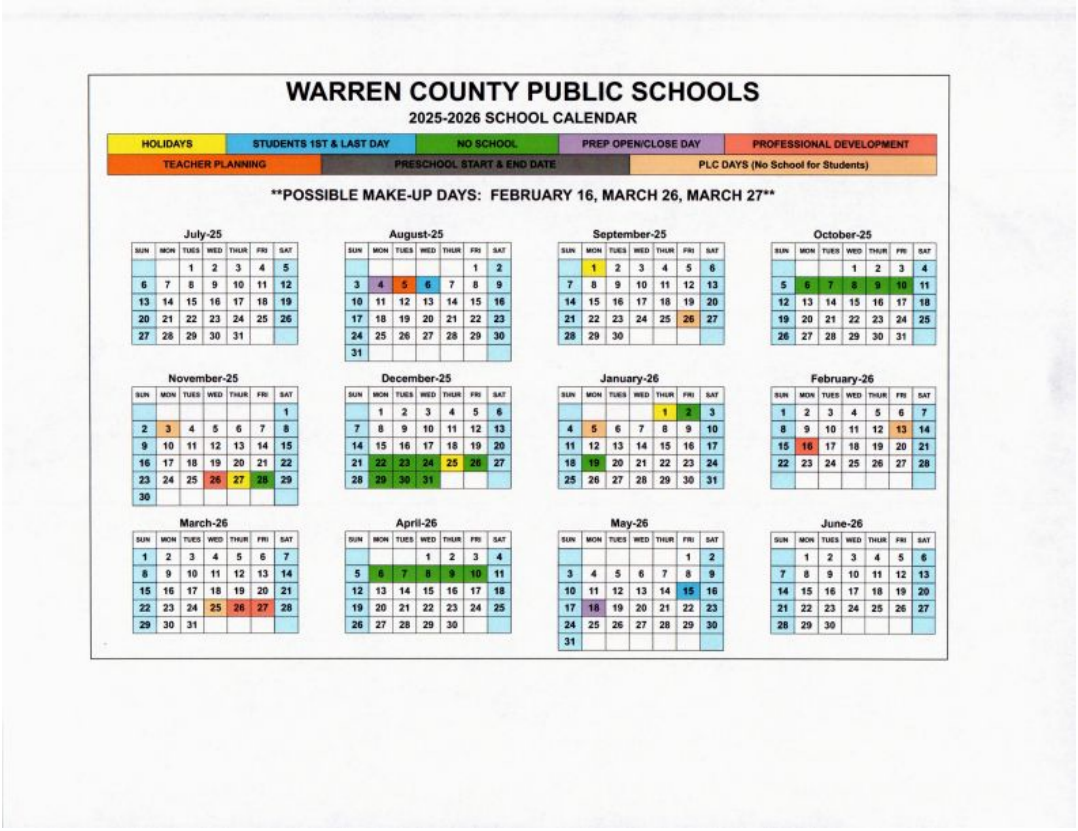
PARENT MEETING

All Spartan Strings parents/guardians are invited to our monthly meeting. SWMS, Room 88. Enter Door 6. A link to join virtually will be emailed.

JANUARY 23, 5:30PM

Instagram @swspartanstring

2025-2026 WCPS Calendar



WARREN COUNTY PUBLIC SCHOOLS

2025-2026 SCHOOL CALENDAR

HOLIDAYS	STUDENTS 1ST & LAST DAY	NO SCHOOL	PREP OPEN/CLOSE DAY	PROFESSIONAL DEVELOPMENT
TEACHER PLANNING	PRESCHOOL START & END DATE	PLC DAYS (No School for Students)		

POSSIBLE MAKE-UP DAYS: FEBRUARY 16, MARCH 26, MARCH 27

July-25

SUN	MON	TUES	WED	THUR	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August-25

SUN	MON	TUES	WED	THUR	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September-25

SUN	MON	TUES	WED	THUR	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October-25

SUN	MON	TUES	WED	THUR	FRI	SAT
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November-25

SUN	MON	TUES	WED	THUR	FRI	SAT
						1
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December-25

SUN	MON	TUES	WED	THUR	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

January-26

SUN	MON	TUES	WED	THUR	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February-26

SUN	MON	TUES	WED	THUR	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

March-26

SUN	MON	TUES	WED	THUR	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April-26

SUN	MON	TUES	WED	THUR	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May-26

SUN	MON	TUES	WED	THUR	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June-26

SUN	MON	TUES	WED	THUR	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

College and Career Readiness Center

WIESEMANN orthodontics

Do you have an interest in dentistry or orthodontics?
If so, we have an opportunity for you to come and speak to professionals from Wiesemann Orthodontics on Tuesday, January 28 during SWORD. During their visit they will share information about related career opportunities including ones that you can pursue right out of high school!

Sign up for this SWORD Info Session at bit.ly/swinfowiesemannortho

KENTUCKY ARMY NATIONAL GUARD
EDUCATION & INCENTIVES

Sign up for the SWORD Info Session with Guest Speaker is SFC Eric Vincent!

Thursday, January 30

Don't miss out on this opportunity! Learn valuable information about the Army National Guard and how it could potentially change your life and enhance your future plans!

There's ONLY 20 spots, so sign up today via: bit.ly/swordinfokyguard

OR scan this QR code ==>

Spring ACT Boot Camp:

MasteryPrep
ACT BOOT CAMP
Better Scores in ONE Day

- Monday, February 10 at
- 7:45 a.m.- 2 p.m.
- SWHS Library
- 80 Spots Available for Spartans in Grades 9-12
- $17 fee due by 2:30 p.m. on Monday, February 3 to Mrs. Waddell in the Readiness Center *(* fee waivers available)*
- Sign Up
  - bit.ly/swspringactbootcamp

Remember

Mastery Prep ACT Boot Camp (optional)

*The deadline to sign up and pay is February 3!

2/10

What is it? Mastery Prep professionals will host this in-person Boot Camp session to help our students improve ACT knowledge, strategies, & scores! Each participant will purchase an ACT Boot Camp book/workbook in advance which will be used to guide the Boot Camp session. Grades 9-12

3/11

MANDATORY ACT for ALL Juniors

(no fee)

3/11

OPTIONAL ACT for Freshmen & Sophomores

*The deadline to sign up and pay is January 22!

FYI

National ACT Testing Info. Test Dates

(Visit ACT.org for registration deadlines)

February 8, April 5, June 14, July 12

All National ACT offerings are on Saturdays with test times usually from about 8 a.m. - 12 p.m.

MURRAY STATE

Murray State University's Commonwealth Honors Academy application is **NOW OPEN**.

Please visit www.murraystate.edu/cha for details!

Deadline is March 1, 2025

Career Pathways Offered:

- Welding
- Automotive Technology
- Carpentry
- Industrial Maintenance
- Heavy Equipment Operator
- Engineering
- Pre-Nursing
- Phlebotomy Technician
- Pharmacy Technician

Let's go for a visit...

To Where?

Warren County Area Technology Center

When?

8:15-10:15 a.m. Monday, January 27

Who Gets to Go?

The first 30 "eligible" 10th & 11th Graders to turn in completed forms to Mrs. Waddell will get to go!

Why Go?

To check out the facilities & learn about the career pathways & courses offered!

Apply by 2/14 - Future Healthcare Professionals Spring 2025 Application is now OPEN!

Future Healthcare Professionals (FHP) is a free program that introduces high school students to the healthcare field. Throughout the program, students are introduced to a variety of health careers through the study of anatomy and physiology, hands-on activities, service projects, guest speakers, and much more.

Program Requirements:
Students must commit to attending all the sessions.
Participants must be rising or current high school students.
Registration is limited to 20 students per session

The Spring 2025 FHP program will be held in-person from 5:30-7 pm on February 24th, March 3rd, 10th, 24th, and 31st, April 14th, 21st, and 28th, and May 5th and 12th at the Warren County Public Library - Lisa Rice Library.

More information and the application can be found here: https://forms.gle/uZKNdxZYpDgDq6SGA

If you have any questions, please email **emily.pride@wku.edu or call her at 270-745-2193.**

Future Healthcare Professionals (FHP)

Click HERE for application

Free Application for Federal Student Aid (FAFSA)

Seniors - sign up TODAY for a 30 minute help session with professionals who can assist with the FAFSA process and answer questions in real time as you complete the FAFSA!

Sessions will be hosted in the SWHS Library during the school day on:

Friday, January 24 from 11:00 am to 3:30 pm

Wednesday, January 29 from 7:30 am to 12:30 pm

Parents & students are encouraged to sign up and attend a session together.

Sign up at: bit.ly/swfafsahelp

SWHS Opportunities

Speech Contest

Rotary District 6710

Rotary International District 6710 sponsors a speech contest each year for high school students, providing them an opportunity to speak on a meaningful topic, to sharpen their speaking skills, and to gain recognition in addition to monetary awards at multiple levels. By participating, students will learn about Rotary and be presented with the opportunity to establish a relationship with their local Rotary Club. In exchange, the Rotarians will benefit from allowing students to showcase their talents and learning more about the student's educational journey. It's a good partnership between the club and the students!

Who is eligible and how do I participate?

Any high school student, freshman through senior, residing within District 6710 (the western counties of Kentucky) is eligible. Students can be enrolled in a public, private, or home school setting. Students should enter the contest of the nearest Rotary Club in their area. Entry forms should be available in the school office or guidance office, from speech teachers, from local Rotary Club members and on the District 6710 website: https://www.rotarydistrict6710.org/district-speech-contest.php.

Important Months and Contacts

September – December: Look for information to be distributed about the Rotary Speech Contest; Obtain an application to be a participant

January – February: Complete the application and turn it in as requested and on time

March: Local Rotary Clubs hold their contests

April: Sectional and Regional contests are held at host Rotary Clubs

May/June: Final contest is held in conjunction with the District 6710 Conference

Rotary | THE MAGIC OF ROTARY

Mike Brumleve, District 6710 Speech Contest Coordinator
michaelbrumleve59@gmail.com
Stan Klausing, District 6710 Contest Committee
stanklausing123@gmail.com
Amy Combs, District 6710 Contest Committee
amycombs1122@gmail.com
Melissa Earnest, District 6710 Contest Committee
melissa.earnest77@gmail.com

What about the speech?

Students are expected to read and become familiar with the contest rules and the scoring system included in the speech packets. The year's topic is part of these packets. Students should research Rotary International and the announced topic. Students may consult teachers, parents, Rotarians or others for information and coaching assistance. However, each student must write their own speech. Any part of the speech from other sources must be acknowledged in the speech delivery. The time limit for the speech is 5 to 8 minutes.

At the first club level, students may use notes or cue cards while delivering their speech. Students who win the local level contest must deliver their advanced contest speeches without reading or using notes or cue cards. There are no exceptions to this rule. Students who use such aids at advanced levels will be penalized points which significantly affect their scores and jeopardize their chances of winning. Only one contestant per club contest will advance to the next level.

So how does this all work?

A local Rotary Club usually chooses a member to serve as the Club Speech Contest Chairperson. The chair is responsible for contacting local schools, distributing and collecting entry forms, scheduling and managing the contest, reporting the winners, and enforcing the contest rules.

The chair is also responsible for obtaining 3 judges, 2 timekeepers, and 2 tellers. Contestants will be introduced as Contestant A, B, C, etc., not by their name or school, to be fair. After the contest is complete, students will be presented with an opportunity to introduce themselves to the audience.

Are there awards or prizes?

Each local Rotary Club will award cash prizes of $300 to first place, $200 to second place, and $100 to third place finishers. At the club's discretion, additional prizes may be offered if there are more than three contestants. All prizes beyond the club level are determined yearly by the District and will be published in the speech packets. These prizes will be supplied by the District.

What about these advanced levels?

Advanced levels beyond the first local club level are the Sectionals, the Regionals, and the Final. Sectionals are comprised of local area clubs in close geographic proximity to each other. These are known as the Jackson Purchase, the Coal Fields, the Pennyrile, the Cave Country, the Louisville Metro, and the Bluegrass Sectionals. Regionals are held in three areas – West, Center, and East. The Final is held in conjunction with the annual District 6710 Conference at a date and place selected by the District Governor, usually in May.

Rotary | THE MAGIC OF ROTARY

SOUTH WARREN SPARTANS

Click HERE to create a winning speech!

Applications are OPEN!

June 22, 2025 -July 13, 2025

9th, 10th & 11th Graders

Click HERE for more info!

GSE Governor's School for Entrepreneurs

SOUTH WARREN SPARTANS | KENTUCKY

Applications DUE: January 21, 2025

Family Resource and Youth Service Center

January 2025

The Dinner Table Project

A program to encourage families to eat together, have fun, and grow closer through conversation.

PLAN. EAT. MOVE.

Streamlined Minestrone Soup

- 1 14-ounce can Italian-style stewed tomatoes, chopped
- 1 14-ounce can reduced-sodium beef broth
- 1 cup frozen vegetable mixture
- 1 cup small shell-shaped pasta or elbow macaroni
- 1 pound lean ground beef
- 3 tablespoons parmesan cheese
- 1/8 teaspoon garlic powder
- 1/8 teaspoon ground pepper

- Combine tomatoes, beef broth, vegetables and pasta in a 2-quart saucepan. Bring to a boil.
- Reduce heat to medium and cook until pasta is tender, stirring occasionally.
- Mix ground beef, 2 tablespoons of parmesan cheese, garlic powder and ground pepper thoroughly.
- Make 24 1-inch meatballs.
- Arrange in a single layer in a microwave-safe baking dish. Cover tightly with plastic wrap. Vent one corner.
- Microwave on high setting for 3-4 minutes. Turn after 2 minutes. When done, the inside of the meatballs will be 160F and will no longer be pink.
- Combine meatballs and hot tomato mixture. Stir.
- Cover and let stand for 5 minutes. Garnish with remaining Parmesan cheese.

Servings: 6 Serving Size: 1.5 cups

Conversation Starters

- What 3 words best describe you?
- What do you like to do when you hangout with friends?
- If you opened a business, what kind of business would it be?
- What is your favorite musician or song?

Questions to Ask Everyday

- What are 3 things for which you are thankful today?
- What did you learn today?
- How did you make someone smile today?

KENTUCKY REGIONAL PREVENTION CENTERS

The Dinner Table Project

Create a family bucketlist:

Let everyone share their top pick for an activity they'd like to do together during the upcoming year. You'll come up with your own list of great options!

2025

Developmental Relationships

Developmental relationships are the roots of thriving and resilience for young people regardless of their background or circumstances. Through these relationships, young people discover who they are, cultivate abilities to shape their own lives, and learn how to engage with and contribute to the world around them.

Express Care - Be dependable, be someone I can trust.

- Ask open-ended questions
- Give specific encouragement
- Show your child that you're trustworthy too (and recognize when you make a mistake).
- Give your child opportunities to be independent.
- In good times, and bad, be on their team.

DTP...On The Go!

Happy New Year everyone! The new year brings about a fresh new start for many individuals whose goals may include eating healthier or participating in some type of exercise. Families can work on supporting one another in adopting a healthier lifestyle when traveling or at home. If on the go, families can discuss the difference between healthy and unhealthy food choices when eating in a restaurant. Caregivers can also assist younger family members with prepping healthy meals to take on the go. Exercise can be especially challenging during the winter months. Families can participate in fun activities that promote family bonding and physical activities. One example of an inside activity is a family dance contest from different eras in history. YouTube videos may help families practice some of the most popular dance moves from each era.

Check out Operation Parent for more tips and resources!

dinnertableproject.org

Enero 2025

El Proyecto de la hora de la cena

Un programa para animar a las familias a que coman juntas, se diviertan y se sientan allegados a través de la conversación.

PLAN. EAT. MOVE.

Sopa sencilla de menestrón

- 1 lata de 14 onzas de tomates guisados al estilo italiano, picados
- 1 lata de 14 onzas de caldo de res bajo en sodio
- 1 taza de vegetales congelados mixtos
- 1 taza de pasta pequeña en forma de concha o macarrones
- 1 libra de carne molida magra
- 3 cucharadas de queso parmesano
- 1/8 cucharadita de ajo en polvo
- 1/8 cucharadita de pimienta molida

- En una cacerola de 2 cuartos vierta la lata de tomates, de caldo de carne, los vegetales y las pastas. Llévelo al punto de ebullición.
- Reduzca el fuego a intensidad media y cocine hasta que la pasta esté blanda, revolviendo de vez en cuando.
- Mezcle bien la carne molida, con 2 cucharadas de queso parmesano, el ajo en polvo y la pimienta molida.
- Prepare 24 albóndigas de 1 pulgada de diámetro.
- Acomódelas en una sola capa en un recipiente apto para microondas. Cúbralo bien con plástico transparente. Ventile una esquina.
- Cocine en el microondas a temperatura alta durante 3 o 4 minutos. Dele vuelta después de 2 minutos. Cuando esté listo, el interior de las albóndigas estará a 72°C (160°F) y dejará de estar rosado. Mezcle las albóndigas con la salsa de tomate caliente. Revuelva.
- Cúbralo y déjelo reposar durante unos 5 minutos. Polvoree el queso parmesano restante.

Porciones: 6 Tamaño de la porción: 1.5 taza

Temas para iniciar conversación

- ¿Cuáles son las 3 palabras que te describen mejor?
- ¿Qué te gusta hacer cuando sales con tus amigos?
- Si abrieras un negocio, ¿qué tipo de negocio sería?
- ¿Cuál es tu músico o canción preferida?

Preguntas a hacer todos los días

- ¿Cuáles son 3 cosas por las que te sientes agradecido hoy?
- ¿Qué aprendiste hoy?
- ¿Cómo hiciste que alguien sonriera en el día de hoy?

KENTUCKY REGIONAL PREVENTION CENTERS

The Dinner Table Project

Crear una lista de los deseos de la familia:

Deje que cada uno comparta su elección favorita de una actividad que les gustaría hacer juntos durante el próximo año. ¡Elaborarán su propia lista de excelentes opciones!

2025

JANUARY 1

Relaciones de desarrollo

Las relaciones de desarrollo son las raíces para el éxito y la capacidad de adaptación de los jóvenes, independientemente de sus antecedentes o circunstancias. A través de estas relaciones, los jóvenes descubren quiénes son, cultivan habilidades para moldear sus propias vidas y aprenden cómo involucrarse y contribuir con el mundo que los rodea.

Expresar interés - Sea confiable, sea alguien en quien pueda confiar

- Haga preguntas abiertas
- Ofrezca estímulos específicos
- Muéstrele a su hijo que usted también es confiable (y reconozca cuando se equivoca)
- Déle a su hijo oportunidades de ser independiente
- En las buenas y en las malas, esté de su lado

¡Consulte *Operation Parent* para obtener más consejos y recursos!

DTP... ¡sobre la marcha!

¡Feliz año nuevo a todos! El nuevo año trae consigo un nuevo comienzo para muchas personas, entre cuyos objetivos se encuentran comer de forma más saludable o participar en algún tipo de ejercicio. Las familias pueden trabajar para apoyarse mutuamente y adoptar un estilo de vida más saludable cuando viajan o están en casa. Si están de viaje, las familias pueden hablar sobre la diferencia entre opciones de alimentos saludables y no saludables cuando comen en un restaurante. Los cuidadores también pueden ayudar a los miembros más jóvenes de la familia a preparar comidas saludables para llevar. Hacer ejercicio puede ser especialmente desafiante durante los meses de invierno. Las familias pueden participar en actividades divertidas que fomenten los vínculos familiares y las actividades físicas. Un ejemplo de una actividad que se puede practicar bajo techo es un concurso de baile de diferentes épocas de la historia. Los videos de YouTube pueden ayudar a las familias a practicar algunos de los pasos de baile más populares de cada época.

dinnertableproject.org

Sports

SOUTH WARREN SPARTANS

THIS WEEK AT... SPARTA

Monday, January 20th
- Boys Basketball (F/JV) at Ohio County - 1:00 PM
- Wrestling Regionals (JV) @ TBD - 10:00 am

Tuesday, January 21st

Wednesday, January 22nd
- Bowling vs. Bowling Green @ Southern Lanes - 4:00 PM

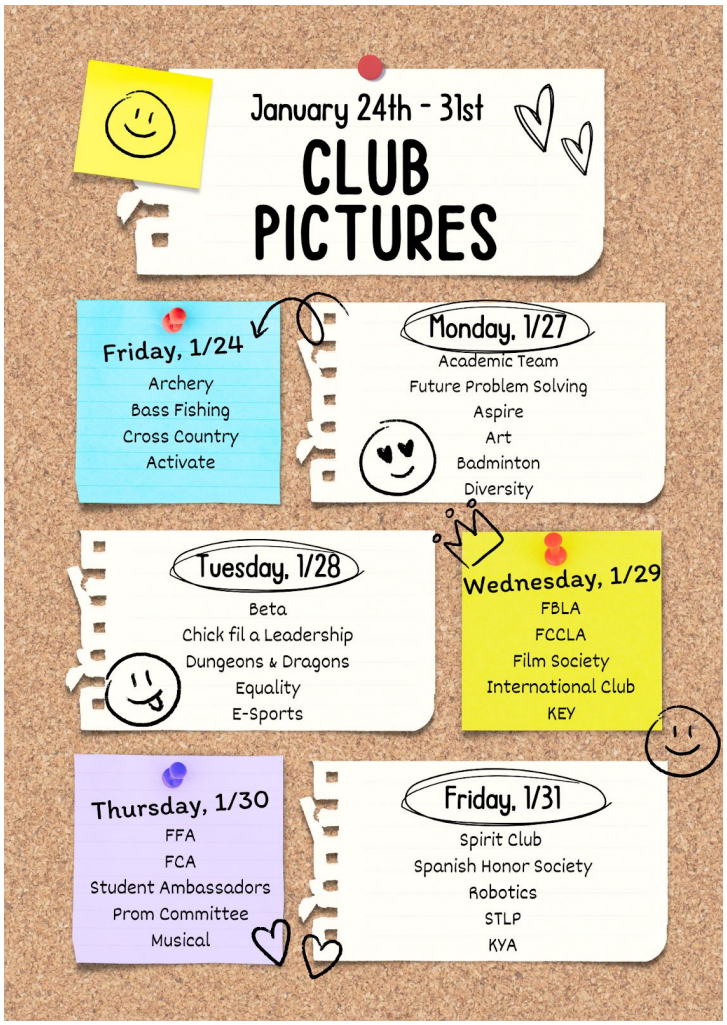
Thursday, January 23rd
- Boys Basketball (F/JV) @. Warren Central - 6:00 PM
- Bowling vs. Bowling Green @ Southern Lanes - 4:00 PM

Friday, January 24th
- Boy/ Girl (V) vs. Warren Central - 6:00 PM
- Swimming Regionals @ Owensboro Health Park - TBA

Saturday, January 25th
- Boys Wrestling vs. Apollo - 10:00 AM @ SWMS
- Swimming Regionals @ Owensboro Health Park - TBA

Sunday, January 26th

SWHS Clubs


January 24th - 31st
CLUB PICTURES
Friday, 1/24
Archery
Bass Fishing
Cross Country
Activate
Monday, 1/27
Academic Team
Future Problem Solving
Aspire
Art
Badminton
Diversity
Tuesday, 1/28
Beta
Chick fil a Leadership
Dungeons & Dragons
Equality
E-Sports
Wednesday, 1/29
FBLA
FCCLA
Film Society
International Club
KEY
Thursday, 1/30
FFA
FCA
Student Ambassadors
Prom Committee
Musical
Friday, 1/31
Spirit Club
Spanish Honor Society
Robotics
STLP
KYA

SOUTH WARREN
SPARTANS
South Warren High School
BETA MEMBERS
Community Service Hours
NATIONAL
BETA CLUB
EST. 1934
Don't wait until they are due!
See opportunities in your
Google Classroom

PANCAKE BREAKFAST FUNDRAISER

BENEFITING
SOUTH WARREN
BOYS LACROSSE

FEBRUARY 1ST
6:00-11:00AM AT
RICHPOND MARKET & DELI

$8 TICKETS

TICKETS CAN BE PURCHASED AT THE DOOR OR FROM ANY SOUTH WARREN BOYS LACROSSE PLAYER

SOUTH WARREN LACROSSE

RICHPOND MARKET & DELI
BOWLING GREEN, KY

SW SPARTAN STORE

ALL 3 DESIGNS
AVAILABLE IN
T-SHIRT, LONG SLEEVE
SWEATSHIRT, HOODIE

STORE CLOSES JANUARY 27th & ORDERS DELIVERED TO STUDENTS MID FEB

DANCE LITTLE RED APPAREL

SCAN HERE TO ORDER

Orders due: January 31!

SWHS ACADEMIC TEAM

Kroger

FUNDRAISER

Add us to your Community Rewards and help us fundraise while you shop!

HOW TO ADD OUR TEAM TO YOUR CARD:
In the Kroger app, click on the three horizontal bars in the upper right corner. Click on Rewards. Then, click on Community Rewards. Type in MA340 for the organization number and search. SWHS ACADEMIC TEAM should pop up!

Pancho Valladolid
10% OFF PURCHASE
of $15 or more
DOES NOT INCLUDE ALCOHOL
1632 US 31-W BYPASS LOCATION ONLY

Richpond Market & Deli
10% OFF PURCHASE

Pelican's SnoBalls
ONE FREE TOPPING
with a $6 or More
SnoBall order

Lost River Pizza Co.
10% OFF TOTAL TICKET
Excluding Alcohol
Not valid with any other offers.

Speeza Mediterranean Street Food
15% OFF ORDERS
Orders of $20 or More
(Excluding Alcohol)
www.speeza.life

Cinnabon
10% OFF PURCHASE
Greenwood Mall Location Only

Precision eye care & optical
Dr. Robert B. Duvall, OD
and Dr. Taylor Bunnell, OD
Doctors of Optometry
781-EYES (3937)
40% OFF GLASSES
ANY Frame AND Lenses with complete pair.
*NO OTHER DISCOUNTS APPLY

SPARTAN CARD $10
South Warren High School Marching Spartan Band
Good August 15, 2024 thru August 15, 2025
southwarrenband.org

Slim Chickens
10% OFF PURCHASE
Excludes Catering, Delivery, and APP/Mobile Orders

Burger & Bowl
15% OFF ORDERS OF $20 OR MORE
Excluding Alcohol

Local Taco
10% OFF PURCHASE
Does not include alcohol. Not valid with any other offers.

Split Tree Kitchen
FREE DRINK
with $15 purchase

Kyoto Gardens Japanese · Sushi · Hibachi
10% OFF
Purchase

Shogun Express
10% OFF TOTAL PURCHASE
FAIRVIEW AVENUE AND
SCOTTSVILLE ROAD LOCATIONS

Azzip Pizza
FREE COOKIE
with Adult Pizza Purchase
BG location only

Charley's Dairy Bar
10% OFF
Ice Cream
purchase only

Donatos
10% OFF TOTAL PURCHASE
Bowling Green Locations Only

Montana Grille
10% OFF FOR CARDHOLDER ONLY
Alcohol and Party Trays Not Included

Sonic
BUY 1 MEDIUM SLUSH, GET ONE FREE
(One offer per visit, not valid with any other discounts or in the app)
PARTICIPATING LOCATIONS: 2375 GARY FARMS BLVD, 3394 LOUISVILLE RD, 1901 RUSSELLVILLE RD, 4825 SCOTTSVILLE RD

BG Skate
FREE SKATE RENTAL
with paid admission

Blaze Pizza Fast-Fire'd
10% OFF PURCHASE
Other discounts
do not apply

Samurai Hibachi Grill
10% OFF TOTAL PURCHASE
Excluding Alcohol

Auntie Anne's Pretzels Perfecty
10% OFF
Total Purchase
Greenwood Mall location only

Look Sharp Cleaners
10% OFF Dry Cleaning
830 Fairview Ave, 4863 Scottsville Rd, 2710 Nashville Rd

Smoothie King
15% OFF SMOOTHIES OR SMOOTHIE BOWLS
Excluding Fridays. BG locations only

Wendy's of Bowling Green
FREE FROSTY
With the purchase of any Wendy's Combo #1-12
Valid at Wendy's of BG locations & Franklin Pilot

Rafferty's Gather. Eat. Drink.
10% OFF FOR CARDHOLDER ONLY
Alcohol and Party Trays Not Included

Mariella's Country Club & Catering
$5 OFF
$25 Purchase

Subway
FREE SMALL DRINK
with Purchase of any 6 inch or Footlong Sandwich
Crossroads IGA Locations Only

Brand Shop Outlet
10% OFF TOTAL PURCHASE
Exclusions apply. See store for details. Other discounts do not apply.

Mancino's Grinders & Pizza
$1.00 OFF ANY HALF GRINDER
From BG Mancino's listed menu pricing. Not to be used with any other coupon or deal

Bruster's real ice cream
MEDIUM WAFFLE CONE
For the Price of a
Small Waffle Cone

Double Dogs Sit. Stay. Eat.
10% OFF FOR CARDHOLDER ONLY
Alcohol and Party Trays Not Included

Great Wall 长城 Chinese Restaurant
BUY 2 COMBOS
Get $2 Off Total Price
2710 NASHVILLE RD #112 – ONLY

Big B Cleaners
$1.00 OFF
any order of
$10.00 or more

Pizza Hut
FREE MEDIUM 1 TOPPING
Pizza with purchase of any 2 large pizzas at regular menu price

Community Opportunities

Information is provided by the Green River Regional Educational Cooperative (GRREC)?

Healthy Kids Clinic News

Healthy Kids Clinic Registration Form

Please read before filling out the health form....

WCPS partners with Cumberland Family Medical Center to have a full service clinic and a nurse in each school. Here are the options listed on the back of the form and what they mean. I must have this form returned to the nurse so I have consent to see your child at school (even to take a temperature.) It will also give me your child's pertinent health history.

SCHOOL NURSE SERVICES:
This gives me permission to see your child in the Nurse's office when they don't feel good, check their vital signs and see if they need any medications. All of the medications are free and I will attempt to call you for consent before administering any medication. Draw a line through any medication you do not want me to give.

NURSE PRACTITIONER SERVICES:
We now offer SICK VISITS with our Nurse Practitioner via telehealth or in person visits. Your insurance will be billed just as if you are going to a doctor's office or urgent care. This is a very convenient option for parents that your child can be seen at school and their medications (if needed) can be called in to your preferred pharmacy by the time you pick up your child from school or if they are seen by the APRN and the child is not contagious they may remain at school. We have all the tests available as in any doctor's office (flu, strep, covid, etc.) I will call you for consent before any visit with the nurse practitioner.

WELL CHILD EXAM:
The next option on the form is a Well Child Visit. This is the yearly "check up" visit. If you do not have a pediatrician, have transportation issues, or it's not convenient for you to leave work to take your child, we can do their well child exam, sports physical or immunizations at school during the school day. Parents are welcome to come for this visit as well. Please only check this service if you want your child to have their well child exam at school. Most insurance companies will cover one well child exam per year.

If you have any questions about this form or any of our services, please feel free to reach out to me. I look forward to taking care of your child this school year!

Andrea Kresslein, RN
South Warren High School Nurse
Email: andrea.kresslein@warren.kyschools.us

To See Nurse in Health Room

If your student is sick and would like to see the school nurse, they need to ask their teacher to put them on the sick list. The teacher will then fill out a Google form that puts the student's name on the Nurse List to be seen.

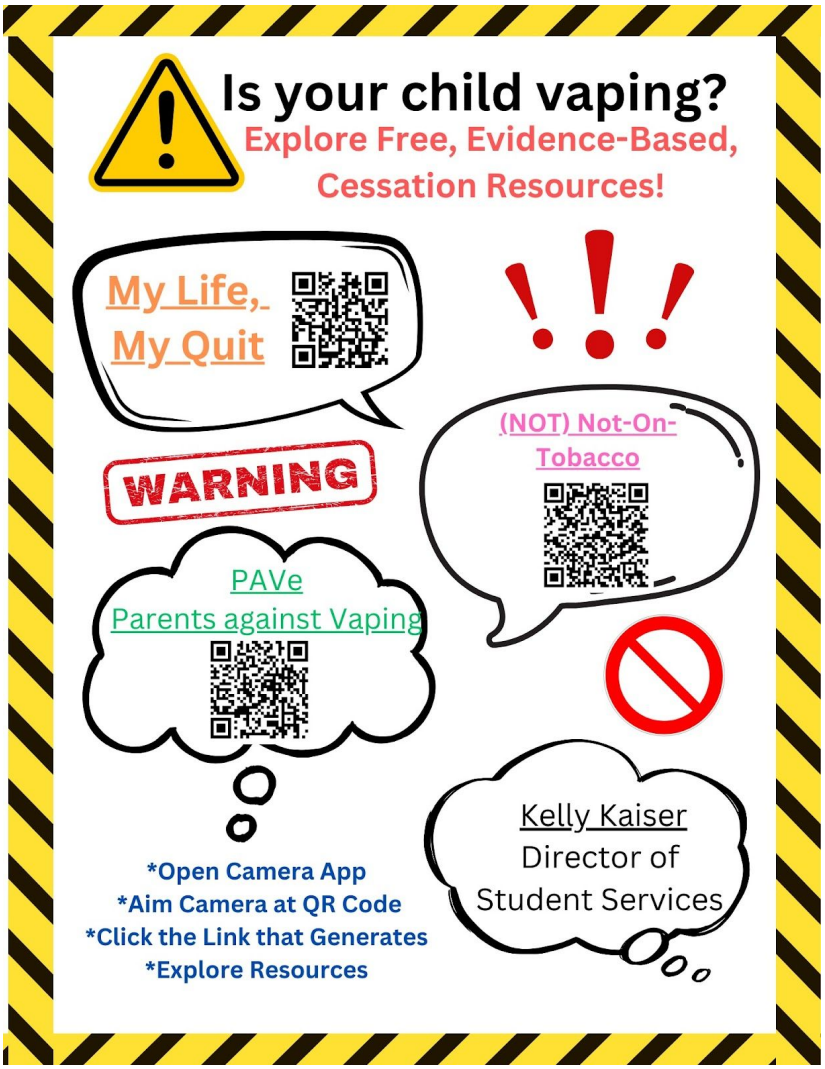
The list will be triaged as the most emergent to the least. Student's will be called from class when the nurse has availability. The nurse will see student's on the sick list between emergencies and student's with standing appointments.

There could be days not every student on the sick list will be seen. It is the nurse's goal to see everyone on the list, but some days will be much busier than others. The nurse will attempt to contact those students waiting to be seen and let them know if they will be unable to be seen that day.

Nurse will stop looking at the sick list around 1:50pm. Policy states nurses can not give over the counter medication 30 minutes before school lets out. So no OTC medication will be given after 1:55pm.

Looking forward to having a great school year.

Helpful information



It's okay to ask for help

Find the right help at the right time

At no cost, Care Solace will quickly and confidentially find available mental health and substance use providers matched to the needs of students, staff and/or their families.

- Call 888-515-0595 at any time. Multilingual support is available 24/7/365. A dedicated Care Companion will help you every step of the way to research options, secure appointments, and follow-up to make sure it is a good fit.
- Search anonymously to get matched with an extensive list of care providers at caresolace.com/wcps.
- Contact your school mental health professional, and they will submit a referral on your behalf.
- Access the Care Solace link (and phone number) through either the WCPS District website (www.warrencountyschools.org) or through your school's website (under Safety/Emotional Support Services/Hotlines).

If you have a life-threatening emergency, please call 9-1-1 or The Suicide and Crisis Lifeline at 9-8-8. Care Solace is not an emergency response service or mental health services provider.

Care Solace

When you or your child needs help, it's hard to know where to turn. In an effort to ease the burden of finding the mental health and substance use services you need, the WCPS district has partnered with Care Solace.

Care Solace has a network of over 350,000 providers and services.
Care Solace is available 24/7/365, after hours and during school breaks at no cost to you,
Care Solace has providers accepting all medical insurances, including Medicaid, Medicare, and sliding scale options for those without insurance.

You can reach a Care Solace professional by doing one of the following:

- Call 888-515-0595 at anytime
- Go to caresolace.com/wcps
- Contact your school mental health professional where they will submit a referral on your behalf or Access the Care Solace link(and phone number) through either the WCPS Districtwebsite (www.warrencountyschools.org) or through your school's website (under Safety/Emotional Support Services/Hotlines