SWHS Spartan Speak

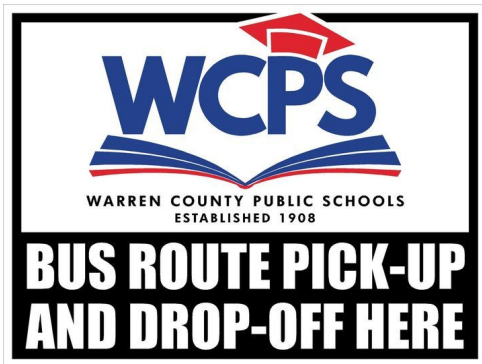
- **Home**
- SWHS Website
- Winter Sports Schedule
- Guidance
- Parent Portal

SPARTAN SPEAK

2024 2025

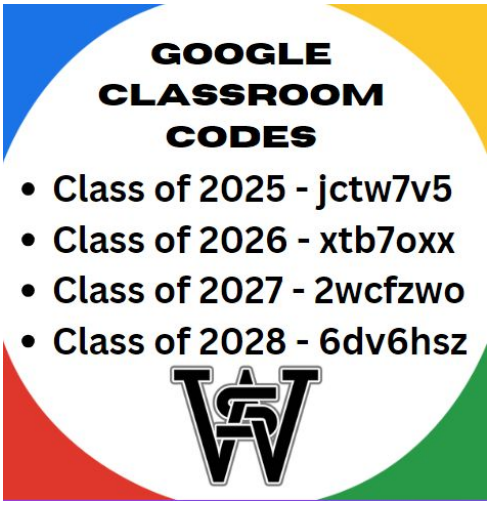
#Next Level of Greatness

December 9, 2024



Important Dates

12/13 Staff Appreciation Day
12/20 Online Spring Dual Credit Registration Deadline
12/23-1/03 NO SCHOOL - Christmas Break
1/06 NO SCHOOL for students/ (PLC)
1/07 Students return to school
1/20 NO SCHOOL- MLK Day
1/24 FASFA Help (11AM-3:30PM)
1/29 FASFA Help (7:30AM -12:30PM)
2/01 Winter Formal
2/14 NO SCHOOL for students (PLC)
2/17 NO SCHOOL for students (PD)



Lunch Money:

The WCPS district is proud to announce their participation in the Community Eligibility Provision (C.E.P.) program again this year, which allows ALL WCPS students to enjoy a FREE breakfast and FREE lunch each school day for the 2024-25 school year!

However, if your child wants extra helpings or a la carte items, you can now make online payments to your student's school meal account. **Use the program, MySchoolBucks, to create a profile.** Download the app or visit http://www.myschoolsbucks.com to create your account and add your students.

Student Checkout/Messages for Students/Bus Notes:

Parents needing to send messages to their son/daughter should E-MAIL the office staff so the message can be delivered to the student. Send the message for your student to: swhs@warren.kyschools.us

In the subject heading, please reference the appropriate title "student checkout, student message, or bus notes for (your son/daughter, including his/her last name)". Type the message for your son/daughter in the body. Once messages are received, they will be delivered to students during the next locker break. It is the parent/guardian responsibility to verify the student checkout note/bus note by calling the school at 270-467-7500.

Dual Credit Students:

Remember to sign in when you arrive and sign out before you leave with the QR code in the front lobby.

Truancy Law:

See this link for new attendance communication.

Yearbooks:

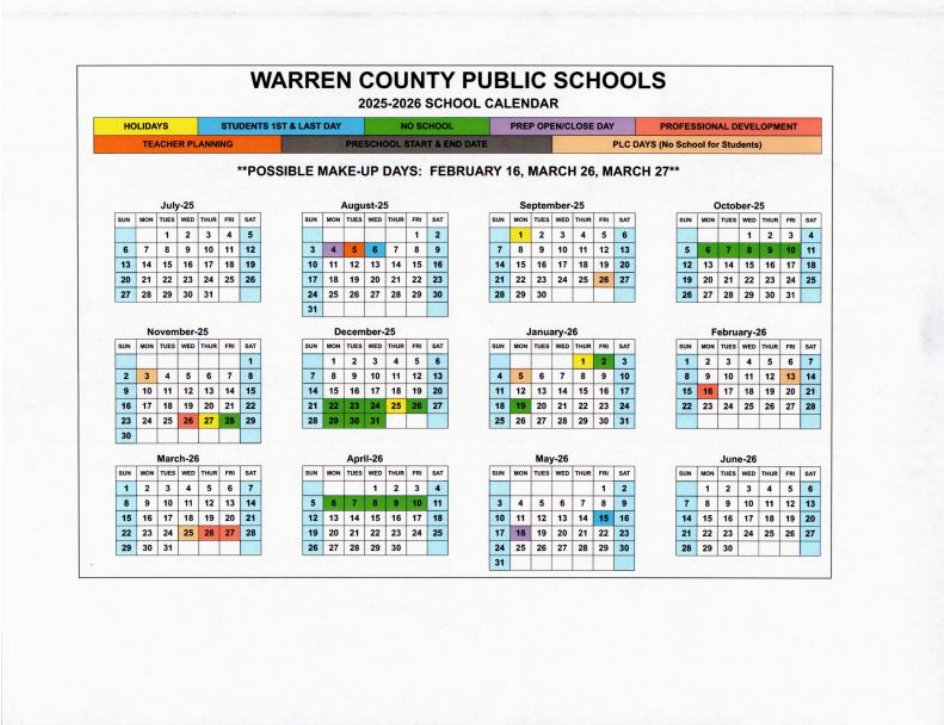
Yearbooks are currently on sale for $60 through yearbookordercenter.com! The price goes up at the end of the semester!

Senior Ads: Due before winter break

Seniors, ad forms were sent out to home addresses and homerooms. Need another one? Students can get more info from Miss Gray in room 88. All parts of the ad and payment are due before winter break.

School News

2024-2025 WCPS Calendar



WARREN COUNTY PUBLIC SCHOOLS

2025-2026 SCHOOL CALENDAR

HOLIDAYS	STUDENTS 1ST & LAST DAY	NO SCHOOL	PREP OPEN/CLOSE DAY	PROFESSIONAL DEVELOPMENT
TEACHER PLANNING	PRESCHOOL START & END DATE		PLC DAYS (No School for Students)	

POSSIBLE MAKE-UP DAYS: FEBRUARY 16, MARCH 26, MARCH 27

July-25						
SUN	MON	TUES	WED	THUR	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August-25						
SUN	MON	TUES	WED	THUR	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September-25						
SUN	MON	TUES	WED	THUR	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October-25						
SUN	MON	TUES	WED	THUR	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November-25						
SUN	MON	TUES	WED	THUR	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December-25						
SUN	MON	TUES	WED	THUR	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

January-26						
SUN	MON	TUES	WED	THUR	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February-26						
SUN	MON	TUES	WED	THUR	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

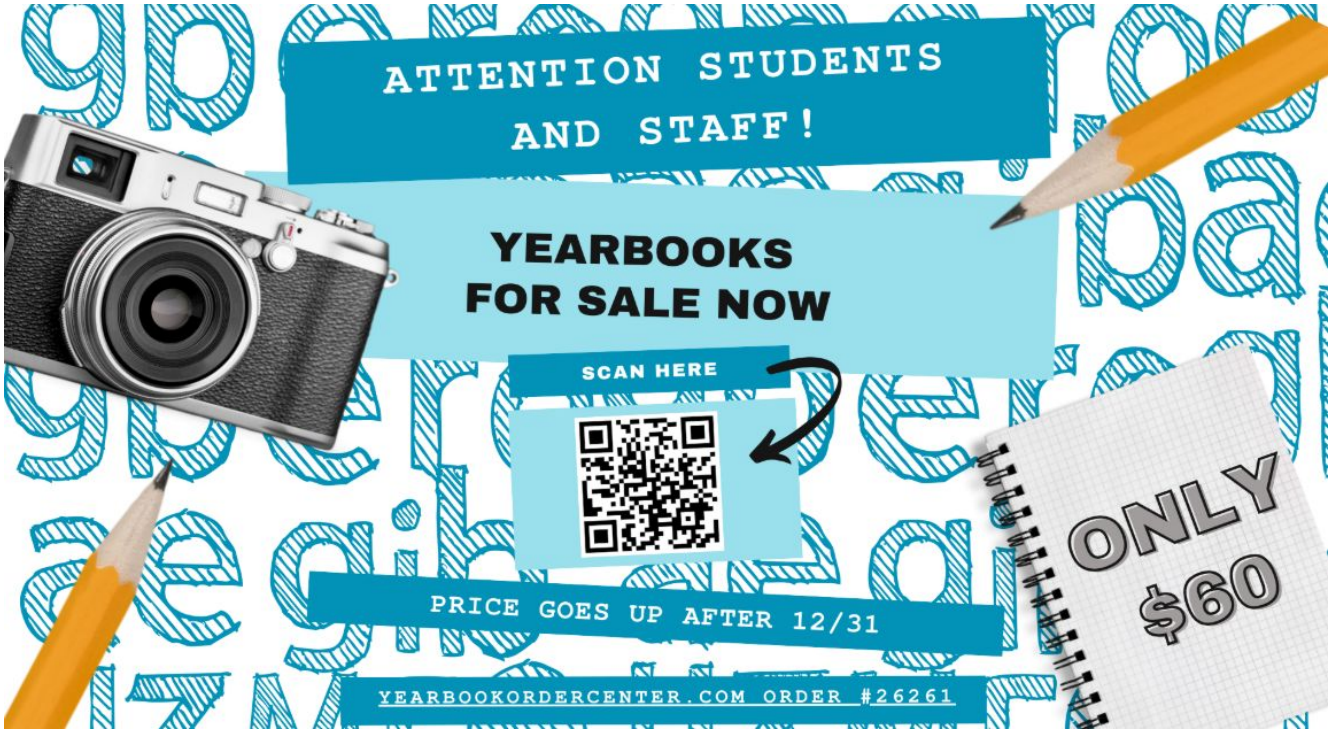
March-26						
SUN	MON	TUES	WED	THUR	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April-26						
SUN	MON	TUES	WED	THUR	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May-26						
SUN	MON	TUES	WED	THUR	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June-26						
SUN	MON	TUES	WED	THUR	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Save the date
WINTER FORMAL
February 1st, 2025
7pm-10pm
South Warren
High School Gym
$10 per person
Tickets will be sold in January!


ATTENTION STUDENTS
AND STAFF!
YEARBOOKS
FOR SALE NOW
SCAN HERE
PRICE GOES UP AFTER 12/31
YEARBOOKORDERCENTER.COM ORDER #26261
ONLY
$60

Senior Ads

Info was passed out in homeroom on 10/18 & sent to your home address

Need more info? See Miss Gray Room 88

kathryn.gray@warren.kyschools.us

Everything due 12/20

South Warren Bands
KMEA All-District Students 2024

** denotes Recommended for 2nd Round All-State*

11/12 Students

* Brian Bosse - 2nd Chair Horn
* Landon Calhoun - 2nd Alternate Trombone
* Angel Coronado - 4th Chair Bass Clarinet
Amelia Cothran - 7th Chair Trumpet
* Luke Cothran - 1st Chair Timpani
* Luke Cothran - Snare
* Taylor Creager - 3rd Chair Bass Clarinet
Brayden Givens - 1st Alternate Trumpet
William Graham - 2nd Alternate Trumpet
* Seth Johnson - 2nd Chair Trombone
* Jenny Li - 3rd Chair Clarinet
Caleb Lewis - 5th Chair Trumpet
Madison Lindsey - 4th Chair Alto Saxophone

9/10 Students

Matthew Berry - 7th Chair Horn
* Cooper Brownlee - 1st Chair Snare
Nathan Cato - 3rd Chair Tenor Sax
* Elliot Davies - 1st Chair Horn
* Conner Dunn - 3rd Chair Oboe
Gigi Garchar - 4th Chair Clarinet
* Levi Garrett - 3rd Chair Alto Sax
* Mason Gordon - 14th Clarinet
Cole Johnson - 12th Chair Trumpet
Brionna Lucas - 9th Chair Clarinet
* Alex White - 5th Chair Snare
Joanna Zhang - 1st Alternate Alto Sax

7/8 Students

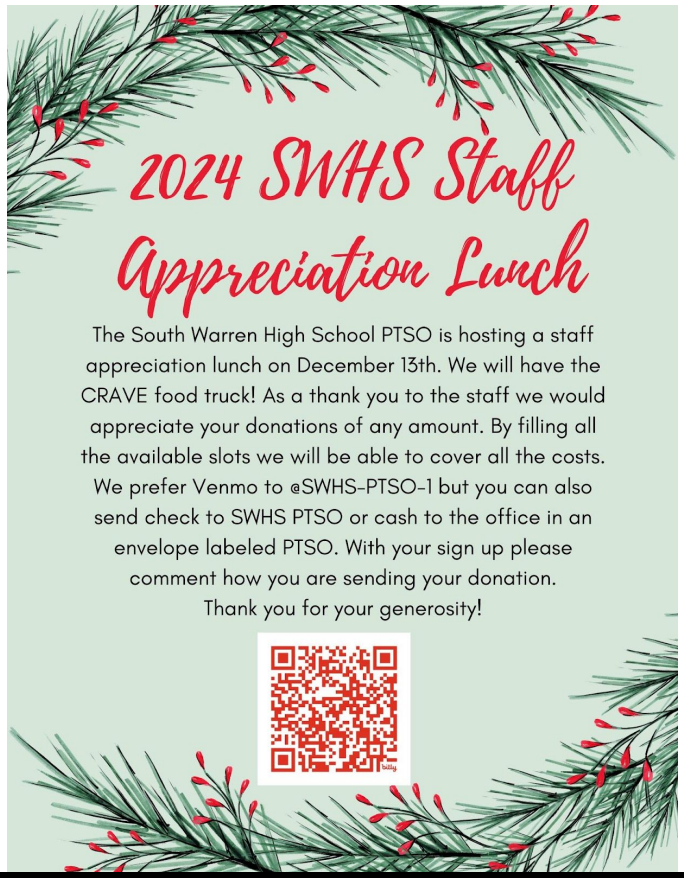
Charlie Benningfield - 3rd Chair Mallets
Emmie Coffey - 2nd Chair Oboe
Bryce Deerman - 7th Chair Trombone
Bella Dillinger - 2nd Chair Clarinet
Alex McDavitt-Parekh - 3rd Chair Trombone
Portlin Parker - 13th Chair Trumpet
Lily Vernon - 1st Chair Tuba

These students were selected out of almost 631 students who auditioned from 45 different middle/high schools in the KMEA Third District Region! This is a huge honor! Congratulations!!

DATES TO REMEMBER

10/29	~~JOSTENS WILL BE AT SWHS (11:00-1:00) TO HELP WITH LETTERMAN JACKET SIZING.~~
11/30	~~CAP AND GOWN ORDERS DUE~~
12/18	GSP APPLICATIONS DUE
1/12	GSA APPLICATIONS DUE
1/21	GSE APPLICATIONS DUE

ALL ONLINE DUAL CREDIT CLASSES MUST BE REGISTERED FOR BY DECEMBER 20.



College and Career Readiness Center

Murray State University's Commonwealth Honors Academy application is **NOW OPEN**.

Please visit
www.murraystate.edu/cha
for details!

Deadline is March 1, 2025

Free Application for Federal Student Aid (FAFSA)

Seniors - sign up TODAY for a 30 minute help session with professionals who can assist with the FAFSA process and answer questions in real time as you complete the FAFSA!

Sessions will be hosted in the SWHS Library during the school day on:

Friday, January 24 from 11:00 am to 3:30 pm

Wednesday, January 29 from 7:30 am to 12:30 pm

Parents & students are encouraged to sign up and attend a session together.

Sign up at: bit.ly/swfafsahelp

SWHS Opportunities

Applications are OPEN!

June 22, 2025 -July 13, 2025

9th, 10th & 11th Graders

Click HERE for more info!

Applications DUE: January 21, 2025

Family Resource and Youth Service Center

The Dinner Table Project

A program to encourage families to eat together, have fun and grow closer through conversation.
December 2024

Questions to Ask Everyday

What are 3 things for which you are thankful today?

What did you learn today?

How did you make someone smile today?

December is the month that we want to focus on self-care:

December is the month when we all need to set aside some time for self-care. Some self-care ideas are journaling, taking ten minutes to yourself, read a book, light a candle, learn a new skill, have a pajama day, and spend time with loved ones. Take time this month for self-care!

Conversation Starters

Who is the nicest person you know?

What was the best present you've been given?

Describe yourself in three words.

One Pot Cheesy Spaghetti

- One small onion, diced
- One pound ground turkey
- 1 tablespoon of garlic powder
- 2 Teaspoons of chili powder
- 2 teaspoons of dried oregano
- 1 (10 ounce) can diced tomatoes with green chilies, do not drain (optional)
- 1 (15 ounce) can diced tomatoes, do not drain
- 2 cups of water
- 8 ounces whole wheat spaghetti, uncooked and broken in half
- 3/4 cup of shredded cheese

1. In a large pot, add onion and ground turkey. Cook on medium-high heat until turkey has browned.
2. Add garlic powder, chili powder, and oregano. Stir to mix.
3. Add both cans of diced tomatoes, water, and spaghetti. bring mixture to a boil, stir occasionally to make sure that spaghetti is submerged. Reduce heat to a simmer and cover.
4. Cook for about 15 minutes or until spaghetti is done, stirring occasionally.
5. Add cheese, turn off the heat, and cover with a lid until cheese melts (about 2-4 minutes)

KENTUCKY REGIONAL PREVENTION CENTERS

Winter Family Activity: Indoor Camping

When outdoor camping isn't an option, bring camping indoors. This can be the perfect experience for the whole family.

- Build a blanket fort
- Make indoor s'mores
- Add ambiance with nature sounds
- Watch a winter movie
- Make shadow puppets

Developmental Relationships

Developmental relationships are the roots of thriving and resilience for young people, regardless of their background or circumstances. Through these relationships, young people discover who they are, cultivate abilities to shape their own lives, and learn how to engage with and contribute to the world around them.

Share Power: Treat me with respect and give me a say.

- **Respect me** - Take me seriously and treat me fairly.
- **Include me** - Involve me in decisions that affect me.
- **Collaborate** - Work with me to solve problems and reach goals.
- **Let me Lead** - Create opportunities for me to take action and lead.

DTP...On The Go!

Help us improve our newsletters by completing this quick survey!

December may be the most wonderful time of the year for family bonding. Families often find themselves traveling more in a car during this time or spending more time indoors due to the unpredictable weather. Regardless, if families are traveling in the car or spending time indoors there are many creative bonding activities that families can incorporate. The song association game is a great opportunity for families to come up with a list of songs by working in teams of two or three. The game starts out with the first speaker saying one holiday themed word and each team will try to identify as many holiday songs as possible that include the identified word. The team who identifies the most songs wins the rounds. When creating the lists of songs, teams will need to be prepared to utilize their vocal skills.

dinnertableproject.org

El Proyecto de la hora de la cena

Un programa para animar a las familias a que coman juntas, se diviertan y se sientan allegados a través de la conversación.
Diciembre 2024

Preguntas a hacer todos los días

¿Cuáles son 3 cosas por las que te sientes agradecido hoy?

¿Qué aprendiste hoy?

¿Cómo hiciste que alguien sonriera en el día de hoy?

Diciembre es el mes en el que queremos centrarnos en el autocuidado:

Diciembre es el mes en el que todos necesitamos reservar algún tiempo para el cuidado personal. Algunas ideas de cuidado personal son: tener un diario, tomarse diez minutos para usted mismo, leer un libro, encender una vela, aprender una nueva habilidad, pasar un día en pijama, y pasar tiempo con sus seres queridos. ¡Tómese un tiempo este mes para el cuidado personal!

Temas para iniciar conversación

¿Quién es la persona más agradable que conoces?

¿Cuál ha sido el mejor regalo que te han hecho?

Descríbete a ti mismo en tres palabras.

Una olla de espaguetis con queso

- Una cebolla pequeña, cortada en cubitos
- Una libra de pavo molido
- 1 cucharada de ajo en polvo
- 2 cucharaditas de chile en polvo
- 2 cucharaditas de orégano seco
- 1 lata (10 onzas) de tomates cortados en cubitos con chiles verdes, sin escurrir (opcional)
- 1 lata (15 onzas) de tomates cortados en cubitos, sin escurrir
- 2 tazas de agua
- 8 onzas de espaguetis integrales, crudos y partidos por la mitad
- 3/4 taza de queso rallado

1. En una olla grande, agregue la cebolla y el pavo molido. Cocine a fuego mediano-alto hasta que el pavo se dore.
2. Agregue el ajo en polvo, el chile en polvo y el orégano. Revuélvala para mezclar.
3. Agregue ambas latas de tomates cortados en cubitos, agua y espaguetis. Hierva la mezcla, revuélvala ocasionalmente para asegurarse de que los espaguetis queden sumergidos. Reduzca la intensidad a fuego lento y tape la olla.
4. Cocínelo durante unos 15 minutos o hasta que los espaguetis estén cocidos, revolviendo ocasionalmente.
5. Agregue el queso, apague el fuego y tápelo hasta que el queso se derrita (aproximadamente 2 a 4 minutos).

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dinnertableproject.org

Sports

UMPIRES NEEDED

for middle & high school
Baseball & Softball

Orientation

When: Tuesday December 17 @ 6:00PM
Where: Bob Kirby Library (Scottsville Rd.)
Contact: Phil Burkeen
p.burkeen1415@yahoo.com with questions.

THIS WEEK AT... SPARTA

Monday, December 9th
- Girls Basketball (JV) @ Logan County - 6:00 PM
- Bowling @ Apollo (Diamond South, Owensboro) - 5:30 PM

Tuesday, December 10th
- Boy/ Girl Basketball (V) vs Metcalfe County - 6:00 PM

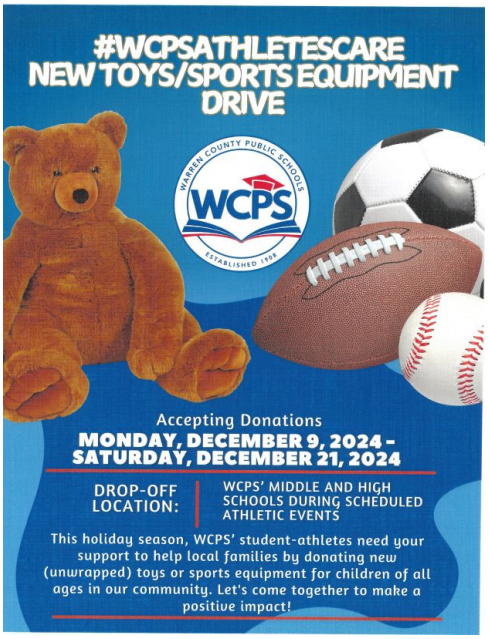
Wednesday, December 11th
- Bowling vs. Owensboro (Southern Lanes, BG) - 5:30 PM

Thursday, December 12th
- Boy/ Girl Basketball (V) @ Allen County - Scottsville - 6:00 PM
- Swim vs Ohio County @ WCAAC - 5:30 PM
- Wrestling (Boy/ Girl) @ Ohio County - 6:00 PM

Friday, December 13th
- Archery Competition @ Butler County - TBA

Saturday, December 14th
- Girls Basketball (JV) vs. Barren County - 2:30 PM
- Girls Basketball (V) vs. Glasgow @ BG - 5:30 PM
- Boys Basketball (V) vs. Christian County @ Hopkinsville HS - 3:00
- Swim: WCST Holiday Invitational @ WCAAC - 2:00 PM
- Bowling: South Warren Bakers Tournament (Southern Lanes) -8:00 AM
- Archery Competition @ Butler County - TBA
- Cheer State Competition @ George Rogers Clark - 9:00 AM (EST)

Sunday, December 15th
- Dance State Finals @ George Rogers Clark - 12:00 PM (EST)

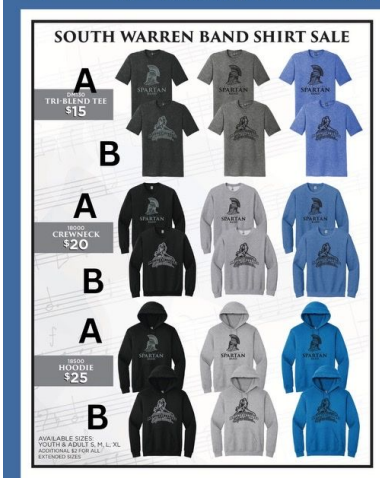


SWHS Clubs

Fundraisers

yay! NEW BAND MERCH

On sale now through November 26th at noon. Sorry, no late orders accepted. Payment should be sent in as soon as possible after placing order. All orders should be submitted online. Please contact amy.spears@warren.kyschools.us with any questions. Go Spartans!



Order Design A here

Design A

Order Design B here

Design B

Yes, you may submit one payment for both orders.

SWHS ACADEMIC TEAM

Kroger

FUNDRAISER

Add us to your Community Rewards and help us fundraise while you shop!

HOW TO ADD OUR TEAM TO YOUR CARD:
In the Kroger app, click on the three horizontal bars in the upper right corner. Click on Rewards. Then, click on Community Rewards. Type in MA340 for the organization number and search. SWHS ACADEMIC TEAM should pop up!

Puerto Vallarta
10% OFF PURCHASE
of $15 or more
DOES NOT INCLUDE ALCOHOL
1632 US 31-W BYPASS LOCATION ONLY

Righpond Market & Deli
10% OFF PURCHASE

Pelican's SnoBalls
ONE FREE TOPPING
with a $6 or More SnoBall order

Lost River Pizza Co.
10% OFF TOTAL TICKET
Excluding Alcohol
Not valid with any other offers.

Speeza Mediterranean Street Food
15% OFF ORDERS
Orders of $20 or More
(Excluding Alcohol)
www.speeza.life

Cinnabon
10% OFF PURCHASE
Greenwood Mall Location Only

Precision eye care & optical
Dr. Robert B. Duvall, OD
and Dr. Taylor Bunnell, OD
Doctors of Optometry
781-EYES (3937)
40% OFF GLASSES
ANY Frame AND Lenses with complete pair.
**NO OTHER DISCOUNTS APPLY*

SPARTAN CARD $10

South Warren High School Marching Spartan Band
Good August 15, 2024 thru August 15, 2025
southwarrenband.org

Slim Chickens
10% OFF PURCHASE
Excludes Catering, Delivery, and APP/Mobile Orders

Burger & Bowl
15% OFF ORDERS OF $20 OR MORE
Excluding Alcohol

Local Taco
10% OFF PURCHASE
Does not include alcohol. Not valid with any other offers.

Split Tree Bakery
FREE DRINK
with $15 purchase

Kyoto Gardens Japanese • Steak House
10% OFF
Purchase

Shogun Express
10% OFF TOTAL PURCHASE
FAIRVIEW AVENUE AND SCOTTSVILLE ROAD LOCATIONS

Azzip Pizza
FREE COOKIE
with Adult Pizza Purchase
BG location only

Charley's Dairy Bar
10% OFF
Ice Cream purchase only

Community Opportunities

Information is provided by the Green River Regional Educational Cooperative (GRREC)?

4/12/24, 12:15 PM KY HealthCorps Flyer 24-25.png

https://mail.google.com/mail/u/0/#inbox?compose=sJwlqgmKXXBpMhHmMgxdLFLCfJCbgnJKmtZcVgRbnqlpktShRJwMCnSRknzrnWwJVfrmkgRfCfL… 1/1

Healthy Kids Clinic News

Healthy Kids Clinic Registration Form

Please read before filling out the health form....

WCPS partners with Cumberland Family Medical Center to have a full service clinic and a nur in each school. Here are the options listed on the back of the form and what they mean. I mus have this form returned to the nurse so I have consent to see your child at school (even to tak a temperature.) It will also give me your child's pertinent health history.

SCHOOL NURSE SERVICES:
This gives me permission to see your child in the Nurse's office when they don't feel good, check their vital signs and see if they need any medications. All of the medications are free ar I will attempt to call you for consent before administering any medication. Draw a line through any medication you do not want me to give.

NURSE PRACTITIONER SERVICES:
We now offer SICK VISITS with our Nurse Practitioner via telehealth or in person visits. Your insurance will be billed just as if you are going to a doctor's office or urgent care. This is a ver convenient option for parents that your child can be seen at school and their medications (if needed) can be called in to your preferred pharmacy by the time you pick up your child from school or if they are seen by the APRN and the child is not contagious they may remain at school. We have all the tests available as in any doctor's office (flu, strep, covid, etc.) I will ca you for consent before any visit with the nurse practitioner.

WELL CHILD EXAM:
The next option on the form is a Well Child Visit. This is the yearly "check up" visit. If you do n have a pediatrician, have transportation issues, or it's not convenient for you to leave work to take your child, we can do their well child exam, sports physical or immunizations at school during the school day. Parents are welcome to come for this visit as well. Please only check t service if you want your child to have their well child exam at school. Most insurance compani will cover one well child exam per year.

If you have any questions about this form or any of our services, please feel free to reach out me. I look forward to taking care of your child this school year!

Andrea Kresslein, RN
South Warren High School Nurse
Email: andrea.kresslein@warren.kyschools.us

To See Nurse in Health Room

If your student is sick and would like to see the school nurse, they need to ask their teacher to put them on the sick list. The teacher will then fill out a Google form that puts the student's name on the Nurse List to be seen.

The list will be triaged as the most emergent to the least. Student's will be called from class when the nurse has availability. The nurse will see student's on the sick list between emergencies and student's with standing appointments.

There could be days not every student on the sick list will be seen. It is the nurse's goal to see everyone on the list, but some days will be much busier than others. The nurse will attempt to contact those students waiting to be seen and let them know if they will be unable to be seen that day.

Nurse will stop looking at the sick list around 1:50pm. Policy states nurses can not give over the counter medication 30 minutes before school lets out. So no OTC medication will be given after 1:55pm.

Looking forward to having a great school year.

Helpful information