



SPARTAN SPEAK



2024



2025



#Next Level of Greatness

December 16, 2024

GETTING YOUR
PERMIT
SOON?

**CLICK
HERE**

REQUEST YOUR
SCHOOL COMPLIANCE
VERIFICATION FORM

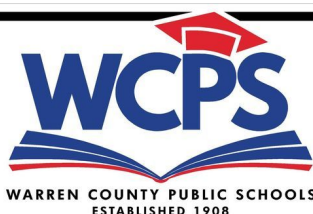


Important Dates

12/16 Spirit Night (TX Roadhouse)
 12/16 Band Concert
 12/18 GSP Applications Due
 12/19 Finals (1st and 3rd blocks)
 12/19 BETA Parent Preview (5:15PM)
 12/20 Finals (2nd and 4th blocks)
 12/20 Online Spring Dual Credit
 Registration Deadline
 12/20 Spring Dual Credit Registration
 deadline
 12/20 Senior Ads due
 12/23-1/03 **NO SCHOOL** - Christmas
 Break
 1/06 **NO SCHOOL** for students/ (PLC)
 1/07 Students return to school
 1/20 **NO SCHOOL**- MLK Day
 1/24 FASFA Help (11AM-3:30PM)
 1/29 FASFA Help (7:30AM -12:30PM)
 2/01 Winter Formal
 2/14 **NO SCHOOL** for students (PLC)
 2/17 **NO SCHOOL** for students (PD)

GOOGLE CLASSROOM CODES

- Class of 2025 - jctw7v5
- Class of 2026 - xtb7oxx
- Class of 2027 - 2wcfzwo
- Class of 2028 - 6dv6hsz



**BUS ROUTE PICK-UP
AND DROP-OFF HERE**

SWHS is in need of disinfecting wipes and tissues!

Donations may be dropped off in front office!



School News

IN CASE OF INCLEMENT WEATHER

NON-TRADITIONAL INSTRUCTION SCHEDULE

SOUTH WARREN HS NTI SCHEDULE	
 <u>TIME</u>	<u>BLOCK/CLASS</u>
7:30 to 9:00	Teacher Prep/Planning Time
9:00 to 9:45	First Block Google Meet
9:45 to 10:30	Second Block Google Meet
10:30 to 11:00	SWORD/HR
11:00 to 11:45	Third Block Google Meet
11:45 to 12:30	Fourth Block Google Meet
12:30 to 2:30 .	Office Hours

2025-2026 WCPS Calendar

WARREN COUNTY PUBLIC SCHOOLS

2025-2026 SCHOOL CALENDAR

HOLIDAYS	STUDENTS 1ST & LAST DAY	NO SCHOOL	PREP OPEN/CLOSE DAY	PROFESSIONAL DEVELOPMENT
TEACHER PLANNING	PRESCHOOL START & END DATE		PLC DAYS (No School for Students)	

****POSSIBLE MAKE-UP DAYS: FEBRUARY 16, MARCH 26, MARCH 27****

SUN	MON	TUES	WED	THUR	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
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27	28	29	30	31		

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31						

September-25						
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SUN	MON	TUES	WED	THUR	FRI	SAT
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SUN	MON	TUES	WED	THUR	FRI	SAT
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SUN	MON	TUES	WED	THUR	FRI	SAT
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SUN	MON	TUES	WED	THUR	FRI	SAT
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SUN	MON	TUES	WED	THUR	FRI	SAT
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SUN	MON	TUES	WED	THUR	FRI	SAT
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SUN	MON	TUES	WED	THUR	FRI	SAT
	1	2	3	4	5	6
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Save the date

WINTER FORMAL

February 1st, 2025 |  South Warren
7pm-10pm | High School Gym

*\$10 per person

Tickets will be sold in January!

**ATTENTION STUDENTS
AND STAFF!**

YEARBOOKS FOR SALE NOW



PRICE GOES UP AFTER 12/31

YEARBOOKORDERCENTER.COM ORDER #26261

ONLY \$60



**Senior
Ads**

**Info was passed out in homeroom on
10/18 & sent to your home address**

Need more info? See Miss Gray Room 88
kathryn.gray@warren.kyschools.us

Everything due 12/20

DATES TO REMEMBER



10/29	JOSTENS WILL BE AT SWHS (11:00-1:00) TO HELP WITH LETTERMAN JACKET SIZING.
11/30	CAP AND GOWN ORDERS DUE
12/18	GSP APPLICATIONS DUE
1/12	GSA APPLICATIONS DUE
1/21	GSE APPLICATIONS DUE

**ALL ONLINE DUAL CREDIT CLASSES
MUST BE REGISTERED FOR BY
DECEMBER 20.**

College and Career Readiness Center



Murray State University's
Commonwealth Honors Academy
application is **NOW OPEN**.

Please visit
www.murraystate.edu/cha
for details!

Deadline is March 1, 2025

Free Application for Federal Student Aid (FAFSA)

Seniors - sign up TODAY for a 30 minute help session with professionals who can assist with the FAFSA process and answer questions in real time as you complete the FAFSA!

Sessions will be hosted in the SWHS Library
during the school day on:

Friday, January 24 from 11:00 am to 3:30 pm

Wednesday, January 29 from 7:30 am to 12:30 pm

Parents & students are encouraged to
sign up and attend a session together.

Sign up at: bit.ly/swfafsahelp



SWHS Opportunities

Applications are OPEN!

June 22, 2025 - July 13, 2025

9th, 10th & 11th Graders

Click [HERE](#) for
more info!

GSE
Governor's School
for *Entrepreneurs*



Applications DUE: January 21, 2025

Introducing

**GSA
2025**

KY Governor's School for the Arts

Applications are now OPEN!

Applications are due: Sunday, January 12th, 2025
at 11:59 pm ET/ 10:59 pm CT.

For more information and to apply visit:
<https://www.kentuckyperformingarts.org/education/governors-school-for-the-artsn>.



Family Resource and Youth Service Center

The Dinner Table Project

A program to encourage families to eat together, have fun and grow closer through conversation.
December 2024

Questions to Ask Everyday

What are 3 things for which you are thankful today?

What did you learn today?

How did you make someone smile today?



One Pot Cheesy Spaghetti

- One small onion, diced
- One pound ground turkey
- 1 tablespoon of garlic powder
- 2 Teaspoons of chili powder
- 2 teaspoons of dried oregano
- 1 (10 ounce) can diced tomatoes with green chilies, do not drain (optional)
- 1 (15 ounce) can diced tomatoes, do not drain
- 2 cups of water
- 8 ounces whole wheat spaghetti, uncooked and broken in half
- 3/4 cup of shredded cheese

December is the month that we want to focus on self-care:

December is the month when we all need to set aside some time for self-care. Some self-care ideas are journaling, taking ten minutes to yourself, read a book, light a candle, learn a new skill, have a pajama day, and spend time with loved ones. Take time this month for self-care!

Conversation Starters

Who is the nicest person you know?

What was the best present you've been given?

Describe yourself in three words.



1. In a large pot, add onion and ground turkey. Cook on medium-high heat until turkey has browned.
2. Add garlic powder, chili powder, and oregano. Stir to mix.
3. Add both cans of diced tomatoes, water, and spaghetti, bring mixture to a boil, stir occasionally to make sure that spaghetti is submerged. Reduce heat to a simmer and cover.
4. Cook for about 15 minutes or until spaghetti is done, stirring occasionally.
5. Add cheese, turn off the heat, and cover with a lid until cheese melts (about 2-4 minutes)



El Proyecto de la hora de la cena

Un programa para animar a las familias a que coman juntas, se diviertan y se sientan allegados a través de la conversación.
Diciembre 2024

Preguntas a hacer todos los días

¿Cuáles son 3 cosas por las que te sientes agradecido hoy?

¿Qué aprendiste hoy?

¿Cómo hiciste que alguien sonriera en el día de hoy?



Una olla de espaguetis con queso

- Una cebolla pequeña, cortada en cubitos
- Una libra de pavo molido
- 1 cucharada de ajo en polvo
- 2 cucharaditas de chile en polvo
- 2 cucharaditas de oregano seco
- 1 lata (10 onzas) de tomates cortados en cubitos con chiles verdes, sin escurrir (opcional)
- 1 lata (15 onzas) de tomates cortados en cubitos, sin escurrir
- 2 tazas de agua
- 8 onzas de espaguetis integrales, crudos y partidos por la mitad
- 3/4 taza de queso rallado

Diciembre es el mes en el que queremos centrarnos en el autocuidado:

Diciembre es el mes en el que todos necesitamos reservar algún tiempo para el cuidado personal. Algunas ideas de cuidado personal son: tener un diario, tomarse diez minutos para usted mismo, leer un libro, encender una vela, aprender una nueva habilidad, pasar un día en pijama, y pasar tiempo con sus seres queridos. ¡Tómese un tiempo este mes para el cuidado personal!

Temas para iniciar conversación

¿Quién es la persona más agradable que conoces?

¿Cuál ha sido el mejor regalo que te han hecho?

Describe a ti mismo en tres palabras.



1. En una olla grande, agregue la cebolla y el pavo molido. Cocine a fuego mediano-alto hasta que el pavo se dore.
2. Agregue el ajo en polvo, el chile en polvo y el oregano. Revuélvala para mezclar.
3. Agregue ambas latas de tomates cortados en cubitos, agua y espaguetis. Hierva la mezcla, revuélvala ocasionalmente para asegurarse de que los espaguetis queden sumergidos. Reduzca la intensidad a fuego lento y tape la olla.
4. Cocínelo durante unos 15 minutos o hasta que los espaguetis estén cocidos, revolviendo ocasionalmente.
5. Agregue el queso, apague el fuego y tápelos hasta que el queso se derrita (aproximadamente 2 a 4 minutos).



Winter Family Activity: Indoor Camping

When outdoor camping isn't an option, bring camping indoors. This can be the perfect experience for the whole family.



- Build a blanket fort
- Make indoor s'mores
- Add ambiance with nature sounds
- Watch a winter movie
- Make shadow puppets



Developmental Relationships

Developmental relationships are the roots of thriving and resilience for young people, regardless of their background or circumstances. Through these relationships, young people discover who they are, cultivate abilities to shape their own lives, and learn how to engage with and contribute to the world around them.



Help us improve our newsletters by completing this quick survey!



Share Power: Treat me with respect and give me a say.

- **Respect me** - Take me seriously and treat me fairly.
- **Include me** - Involve me in decisions that affect me.
- **Collaborate** - Work with me to solve problems and reach goals.
- **Let me Lead** - Create opportunities for me to take action and lead.

DTP... On The Go!

December may be the most wonderful time of the year for family bonding. Families often find themselves traveling more in a car during this time or spending more time indoors due to the unpredictable weather. Regardless, if families are traveling in the car or spending time indoors there are many creative bonding activities that families can incorporate. The song association game is a great opportunity for families to come up with a list of songs by working in teams of two or three. The game starts out with the first speaker saying one holiday themed word and each team will try to identify as many holiday songs as possible that include the identified word. The team who identifies the most songs wins the rounds. When creating the lists of songs, teams will need to be prepared to utilize their vocal skills.



dinnertableproject.org



Actividad familiar de invierno: acampar bajo techo

Cuando acampar al aire libre no sea una opción, acampe bajo techo. Esta puede ser una experiencia perfecta para toda la familia.



- Construya a una tienda de campaña con sábanas
- Haga sándwich de galletas con malvaviscos y chocolate (s'mores) bajo techo
- Cree el ambiente agregando sonidos de la naturaleza.
- Vea una película de invierno
- Haga sombras chinas



Relaciones de desarrollo

Las relaciones de desarrollo son las raíces para el éxito y la capacidad de adaptación de los jóvenes, independientemente de sus antecedentes o circunstancias.

A través de estas relaciones, los jóvenes descubren quiénes son, cultivan habilidades para moldear sus propias vidas y aprenden cómo involucrarse y contribuir con el mundo que los rodea.



¡Ayúdenos a mejorar nuestros boletines llenando esta encuesta corta!



Compartir el poder: Trátame con respeto y dame voz y voto.

- **Respétame** - Tómate en serio y trátame justamente.
- **Inclúyeme** - Involúcrame en las decisiones que me afectan.
- **Colabora** - Trabaja conmigo para resolver problemas y alcanzar metas.
- **Déjame liderar** - Crea oportunidades para que actúe y lidere.

DTP... sobre la marcha!

Diciembre puede ser la época del año más maravillosa para crear vínculos familiares. Las familias a menudo viajan más en automóvil durante esta época o pasan más tiempo en interiores debido al clima impredecible. Independientemente, si las familias viajan en automóvil o pasan tiempo en el interior, existen muchas actividades creativas que establecen vínculos que las familias pueden incorporar. El juego de asociación de canciones es una gran oportunidad para que las familias creen una lista de canciones trabajando en equipos de dos o tres. El juego comienza cuando la primera persona dice una palabra con un tema festivo y cada equipo intentará identificar tantas canciones navideñas como sea posible que incluyan la palabra identificada. El equipo que identifique más canciones gana las rondas. Al crear las listas de canciones, los equipos deberán estar preparados para utilizar sus habilidades vocales.



dinnertableproject.org



Sports

NEW! PARENT ATHLETIC PASS

Includes admission to all regular season home games for all athletic events at South Warren High School during the 2024-2025 school year.

\$125

OR

\$50 EACH FALL, WINTER OR SPRING SPORTS PASSES

PURCHASE YOUR PASS ON THE GOFAN APP

GOFAN



THIS WEEK AT... SPARTA

Monday, December 16

- Boys Basketball (F/JV) vs. Muhlenberg County - 6:00 PM
- Band Concert (Auditorium) - 6:00 PM

Tuesday, December 17th

- Boy/ Girl Basketball (V) @ Barren County - 6:00 PM
- Bowling vs. Bowling Green @ Southern Lanes - 4:00 PM

Wednesday, December 18th

- Wrestling vs. TBA - 6:00 PM
- Bowling @ Owensboro - 5:30 PM

Thursday, December 19th

- Girls Basketball (JV) @ Franklin-Simpson - 6:00 PM

Friday, December 20th

- Boys Basketball (F/JV) vs. Owensboro Catholic (SWMS) - 6:00 PM
- Girls Basketball (JV/V) vs. Owensboro Catholic - 5:30 PM
- Wrestling Multiteam Tournament @ Warren Central - 6:00 PM

Saturday, December 21st

- Boys Basketball bcbs Holiday Classic @ South Warren vs. Owensboro - 11:00 am

Sunday, December 22nd

- Boys Basketball bcbs Holiday Classic @ South Warren




UMPIRES NEEDED

for middle & high school
Baseball & Softball

Orientation

When: Tuesday December 17 @ 6:00PM

Where: Bob Kirby Library (Scottsville Rd.)

Contact: Phil Burkeen

p.burkeen1415@yahoo.com with questions.



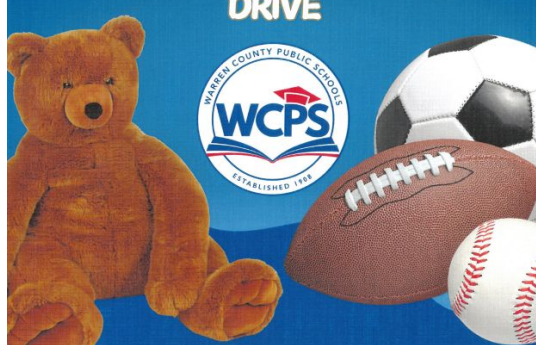
**#WCPSATHLETESCARE
NEW TOYS/SPORTS EQUIPMENT
DRIVE**

WCPS
WARREN COUNTY PUBLIC SCHOOLS
ESTABLISHED 1986

Accepting Donations
**MONDAY, DECEMBER 9, 2024 -
SATURDAY, DECEMBER 21, 2024**

DROP-OFF LOCATION: WCPS' MIDDLE AND HIGH SCHOOLS DURING SCHEDULED ATHLETIC EVENTS

This holiday season, WCPS' student-athletes need your support to help local families by donating new (unwrapped) toys or sports equipment for children of all ages in our community. Let's come together to make a positive impact!



SPORTS PASSES SOLD HERE

-  **ARCHERY**
-  **BASKETBALL**
-  **BOWLING**
-  **SWIM & DIVE**
-  **WRESTLING**

- *WINTER SPORTS PASS \$50**
- *FULL SEASON PASS \$125**
(WINTER & SPRING)
- *STUDENT PASS** (SEE FRONT OFFICE FOR CODE)



SWHS Clubs



South Warren High School
BETA MEMBERS
Community Service Hours



Don't wait until they are due!

**See opportunities in your
Google Classroom**

Fundraisers

The Texas Roadhouse logo, featuring a green and red design with 'TEXAS ROADHOUSE' text.

DINE TO DONATE! FUNDRAISING NIGHT

An icon for the 'WAIT your WAY' app, showing a smartphone screen with the app interface.

**WAIT
your WAY**

SAVE TIME WITH OUR WAITLIST

A QR code linking to the waitlist.

**Support
SOUTH WARREN
ORCHESTRA**

**MON., DECEMBER 16
3 - 9PM**

(270) 253-6088
**3353 NELL O'BRYAN COURT
BOWLING GREEN, KY**

**10%
DONATION NIGHT**

Support South Warren Orchestra by presenting this flyer to the Bowling Green, KY location and Texas Roadhouse will donate 10% of your total food purchases to South Warren Orchestra!

*Make sure to show this flyer to your server, bartender or togo for your organization to receive credit!

A cartoon illustration of a smiling cowboy wearing a brown hat, a red bandana, and a yellow star on his chest.

A barcode with the text 'FAE96CG' below it.

DANCE LITTLE RED APPAREL

A large QR code for ordering dance apparel.

SCAN HERE TO ORDER



Sign up for the Frozen 4 to support Chloe Gage!



Chloe and her family are so grateful for the support and love that her community has shown her during this life-changing event.

SWHS ACADEMIC TEAM

Kroger

FUNDRAISER

Add us to your Community Rewards and help us fundraise while you shop!

HOW TO ADD OUR TEAM TO YOUR CARD:

In the Kroger app, click on the three horizontal bars in the upper right corner. Click on Rewards.

Then, click on Community Rewards. Type in MA340 for the organization number and search.

SWHS ACADEMIC TEAM should pop up!



 10% OFF PURCHASE of \$15 or more DOES NOT INCLUDE ALCOHOL 1632 US 31-W BYPASS LOCATION ONLY	 10% OFF PURCHASE
 ONE FREE TOPPING with a \$6 or More SnoBall order	 10% OFF TOTAL TICKET Excluding Alcohol Not valid with any other offers.
 15% OFF ORDERS Orders of \$20 or More (Excluding Alcohol) www.speeza.life	 10% OFF PURCHASE Greenwood Mall Location Only
 Precision eye care & optical Dr. Robert B. Duvall, OD and Dr. Taylor Bunnell, OD Doctors of Optometry 781-EYES (3937) 40% OFF GLASSES ANY Frame AND Lenses with complete pair. *NO OTHER DISCOUNTS APPLY	

 SPARTAN CARD \$10 South Warren High School Marching Spartan Band Good August 15, 2024 thru August 15, 2025 southwarrenband.org	
 SLIM CHICKENS 10% OFF PURCHASE Excludes Catering, Delivery, and APP/Mobile Orders	 BURGER & BOWL 15% OFF ORDERS OF \$20 OR MORE Excluding Alcohol
 10% OFF PURCHASE Does not include alcohol. Not valid with any other offers.	 FREE DRINK with \$15 purchase
 10% OFF Purchase	 10% OFF TOTAL PURCHASE FAIRVIEW AVENUE AND SCOTTSVILLE ROAD LOCATIONS
 FREE COOKIE with Adult Pizza Purchase BG location only	 10% OFF Ice Cream purchase only

Community Opportunities

Special Needs Planning Workshop Series

LETTER OF INTENT

Establish the Foundation of Your Special Needs Plan

Join us LIVE on Zoom!

January 28, 2025 @ 12pm ET
OR
April 22, 2025 @ 12pm ET

To Register:
Scan the QR Code
or
Visit nickwallace.nm.com and click on "Events"

Email our team directly or visit our website to learn more about Special Needs Planning
email: nick.wallace@nm.com website: nickwallace.nm.com

Special Needs Planning Advanced Workshop

Wednesday, Dec. 4th @ 12pm ET
OR
Tuesday, Mar. 18th @ 12pm ET
LIVE ON ZOOM

To Register Scan QR Code or Go To: nickwallace.nm.com and click on "Events"

Topics Covered

- Review of Special Needs Planning
- Trusts/Trust Protector Selection
- Quality of Life Planning
- Financial Planning Strategies
- Q&A Session

Learn more about Special Needs Planning website: nickwallace.nm.com

SPECIAL NEEDS PLANNING WORKSHOP

A workshop designed to provide families and professionals confidence and clarity in planning for the future of a child or loved one with disabilities

Topics Covered:

- Why Plan?
- Nick's Personal Experience
- ABLE Accounts
- Special Needs Trusts
- Financial Strategies
- Open Q & A

Upcoming Dates

Wednesday, Nov. 20, 2024
7pm Eastern

Tuesday, Jan. 14, 2025
12pm Eastern

Tuesday, Feb. 25, 2025
12pm Eastern

ON ZOOM
Register for Link

To Register Scan QR Code or Go To: nickwallace.nm.com and click on "Events"

Email our team directly or visit our website to learn more about Special Needs Planning
email: nick.wallace@nm.com website: nickwallace.nm.com

Information is provided by the Green River Regional Educational Cooperative (GRREC)?

4/12/24, 12:15 PM

KY HealthCorps Flyer 24-25.png

FSH HEALTH CORPS

AmeriCorps

CAREER EXPLORATION OPPORTUNITY

PLACEMENT IN TOP NON-PROFIT HEALTHCARE FACILITIES ACROSS THE COMMONWEALTH

ENROLL NOW TO LOCK IN YOUR START DATE

MEMBER POSITIONS

- Medical Nurse Aid (CNA/SRNA)
- Dietary Aid
- Direct Service Professional
- Activities Assistant
- Administrator in Training
- Social Services Professional
- Marketing/Communications

COHORT EXPERIENCE

Serve with peers! Choose from these start dates for 24-25 program year:

- Aug 20 - Apply by July 16
- Oct 8 - Apply by Sep 3
- Dec 3 - Apply by Oct 29
- Feb 11 - Apply by Jan 7
- April 8 - Apply by March 4

TRAINING

Gain skills and knowledge to step confidently in your role! There are custom training plans for each position.

PAID + FLEXIBLE POSITIONS

Members are paid a set amount twice monthly, including time spent training!

SEGAL EDUCATION AWARD

Receive an Education Award that works just like a scholarship when you finish your membership.

APPLY NOW



<https://www.tfaforms.com/5006410>

KYHEALTHCORPS.ORG

Healthy Kids Clinic News

Healthy Kids Clinic Registration Form

Please read before filling out the health form....

WCPS partners with Cumberland Family Medical Center to have a full service clinic and a nurse in each school. Here are the options listed on the back of the form and what they mean. I must have this form returned to the nurse so I have consent to see your child at school (even to take a temperature.) It will also give me your child's pertinent health history.

SCHOOL NURSE SERVICES:

This gives me permission to see your child in the Nurse's office when they don't feel good, check their vital signs and see if they need any medications. All of the medications are free and I will attempt to call you for consent before administering any medication. Draw a line through any medication you do not want me to give.

NURSE PRACTITIONER SERVICES:

We now offer SICK VISITS with our Nurse Practitioner via telehealth or in person visits. Your insurance will be billed just as if you are going to a doctor's office or urgent care. This is a very convenient option for parents that your child can be seen at school and their medications (if needed) can be called in to your preferred pharmacy by the time you pick up your child from school or if they are seen by the APRN and the child is not contagious they may remain at school. We have all the tests available as in any doctor's office (flu, strep, covid, etc.) I will call you for consent before any visit with the nurse practitioner.

WELL CHILD EXAM:

The next option on the form is a Well Child Visit. This is the yearly "check up" visit. If you do not have a pediatrician, have transportation issues, or it's not convenient for you to leave work to take your child, we can do their well child exam, sports physical or immunizations at school during the school day. Parents are welcome to come for this visit as well. Please only check this service if you want your child to have their well child exam at school. Most insurance companies will cover one well child exam per year.

If you have any questions about this form or any of our services, please feel free to reach out to me. I look forward to taking care of your child this school year!

Andrea Kresslein, RN
South Warren High School Nurse
Email: andrea.kresslein@warren.kyschools.us

To See Nurse in Health Room

If your student is sick and would like to see the school nurse, they need to ask their teacher to put them on the sick list. The teacher will then fill out a Google form that puts the student's name on the Nurse List to be seen.

The list will be triaged as the most emergent to the least. Student's will be called from class when the nurse has availability. The nurse will see student's on the sick list between emergencies and student's with standing appointments.

There could be days not every student on the sick list will be seen. It is the nurse's goal to see everyone on the list, but some days will be much busier than others. The nurse will attempt to contact those students waiting to be seen and let them know if they will be unable to be seen that day.

Nurse will stop looking at the sick list around 1:50pm. Policy states nurses can not give over the counter medication 30 minutes before school lets out. So no OTC medication will be given after 1:55pm.

Looking forward to having a great school year.

Helpful information

Is your child vaping?
Explore Free, Evidence-Based, Cessation Resources!

My Life, My Quit

WARNING

(NOT) Not-On-Tobacco

PAVe
Parents against Vaping

Kelly Kaiser
Director of Student Services

- *Open Camera App
- *Aim Camera at QR Code
- *Click the Link that Generates
- *Explore Resources



It's okay to ask for help Find the right help at the right time

At no cost, Care Solace will quickly and confidentially find available mental health and substance use providers matched to the needs of students, staff and/or their families.

- Call 888-515-0595 at any time. Multilingual support is available 24/7/365. A dedicated Care Companion will help you every step of the way to research options, secure appointments, and follow-up to make sure it is a good fit.
- Search anonymously to get matched with an extensive list of care providers at caresolace.com/wcps.
- Contact your school mental health professional, and they will submit a referral on your behalf.
- Access the Care Solace link (and phone number) through either the WCPS District website (www.warrencountyschools.org) or through your school's website (under Safety/Emotional Support Services/Hotlines).

If you have a life-threatening emergency, please call 9-1-1 or The Suicide and Crisis Lifeline at 9-8-8. Care Solace is not an emergency response service or mental health services provider.

Care Solace

When you or your child needs help, it's hard to know where to turn. In an effort to ease the burden of finding the mental health and substance use services you need, the WCPS district has partnered with Care Solace.

Care Solace has a network of over 350,000 providers and services.

Care Solace is available 24/7/365, after hours and during school breaks at no cost to you, Care Solace has providers accepting all medical insurances, including Medicaid, Medicare, and sliding scale options for those without insurance.

You can reach a Care Solace professional by doing one of the following:

- Call [888-515-0595](tel:888-515-0595) at anytime
- Go to caresolace.com/wcps
- Contact your school mental health professional where they will submit a referral on your behalf or Access the Care Solace link(and phone number) through either the WCPS District website (www.warrencountyschools.org) or through your school's website (under Safety/Emotional Support Services/Hotlines)