



SPARTAN SPEAK

SWHS Spartan Speak

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A Culture of Greatness

August 5, 2024

GETTING YOUR PERMIT SOON?

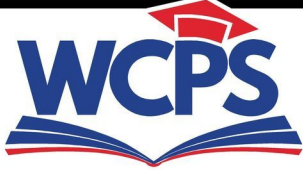
CLICK HERE

REQUEST YOUR SCHOOL COMPLIANCE VERIFICATION FORM




Important Dates

- 8/5 OPEN HOUSE
- 8/7 First Day of School
- 9/2 NO SCHOOL - Labor Day
- 9/13 Picture Day (9, 10, 11 & staff)
- 9/23-9/24 Senior Picture Make Ups & Retakes
- 9/27 NO SCHOOL for students
- 10/1 ACT (Seniors)
- 10/7-10/11 FALL BREAK
- 10/15 Fall ACT/PreACT(9th&10th grades)



WARREN COUNTY PUBLIC SCHOOLS
ESTABLISHED 1908

**BUS ROUTE PICK-UP
AND DROP-OFF HERE**



SWHS 2024-2025
OPEN HOUSE

Monday, August 5
5:30 p.m. - 7:30 p.m.

A Culture of Greatness

Don't forget to update your emergency information for this year! Student registration is open for the 2024-2025 school year for preschool through 12th grade. Please click this link <https://bit.ly/K-12Registration> to register your student as a new or returning student (grades K-12). This process is required to keep emergency information up-to-date for every student.

Schedules: Students will be able to see schedules on Monday, August 5 at 2pm.

Schedule Changes: Students will have 5 days to make changes. Wednesday, August 7 @2:30 pm until Wednesday, August 14 @ 2:30 pm.

Lunch Money:

The WCPS district is proud to announce their participation in the Community Eligibility Provision (C.E.P.) program again this year, which allows ALL WCPS students to enjoy a FREE breakfast and FREE lunch each school day for the 2024-25 school year!

However, if your child wants extra helpings or a la carte items, you can now make online payments to your student's school meal account. **Use the program, MySchoolBucks, to create a profile.** Download the app or visit <http://www.myschoolsbucks.com> to create your account and add your students.

Student Checkout/Messages for Students/Bus Notes:

Parents needing to send messages to their son/daughter should E-MAIL the office staff so the message can be delivered to the student. Send the message for your student to: swhs@warren.kyschools.us

In the subject heading, please reference the appropriate title "student checkout, student message, or bus notes for (your son/daughter, including his/her last name)". Type the message for your son/daughter in the body.

Once messages are received, they will be delivered to students during the next locker break. It is the parent/guardian responsibility to verify the student checkout note/bus note by calling the school at

School News



SCHOOL FORMS

DUE BY AUG. 9 TEXT



THE FOLLOWING FORMS WILL BE SENT HOME WITH YOUR STUDENT ON THE FIRST DAY OF SCHOOL. PARENTS, PLEASE COMPLETE THESE FORMS AND HAVE YOUR STUDENT RETURN THEM TO SCHOOL BY FRIDAY, AUGUST 9.

- EMERGENCY CARD (REQUIRED)
- CHROMEBOOK CONTRACT (REQUIRED)
- PTSO MEMBERSHIP FORM
- PTSO SPIRIT WEAR FORM
- HEALTHY KIDS CLINIC FORM
- MEDICAID PARENT CONSENT FORM
- HOUSEHOLD INCOME FORM
- SCHOOL SMILES

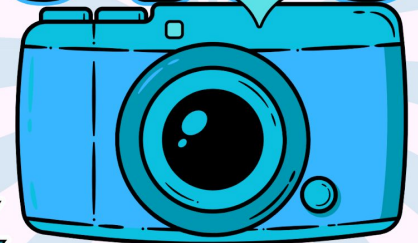


SWHS SUPPLY LIST

Students will attend all of their classes to see a list of supplies they need.

Students will just need the basics (paper/pencil) for the first few days of school.

SENIOR PICS



SEPT 23 & 24

MAKEUPS & RETAKES



- SWHS will continue to be one-to-one with student devices next year.
- Every student will be issued a school owned device and expected to use it, leaving their personal computers at home.
- As of now, we are **not** charging a \$25 technology fee. Students may be held financially responsible for damaged or lost items.



Healthy Kids Clinic News

Healthy Kids Clinic Registration Form

Please read before filling out the health form....

WCPS partners with Cumberland Family Medical Center to have a full service clinic and a nurse in each school. Here are the options listed on the back of the form and what they mean. I must have this form returned to the nurse so I have consent to see your child at school (even to take a temperature.) It will also give me your child's pertinent health history.

SCHOOL NURSE SERVICES:

This gives me permission to see your child in the Nurse's office when they don't feel good, check their vital signs and see if they need any medications. All of the medications are free and I will attempt to call you for consent before administering any medication. Draw a line through any medication you do not want me to give.

NURSE PRACTITIONER SERVICES:

We now offer SICK VISITS with our Nurse Practitioner via telehealth or in person visits. Your insurance will be billed just as if you are going to a doctor's office or urgent care. This is a very convenient option for parents that your child can be seen at school and their medications (if needed) can be called in to your preferred pharmacy by the time you pick up your child from school or if they are seen by the APRN and the child is not contagious they may remain at school. We have all the tests available as in any doctor's office (flu, strep, covid, etc.) I will call you for consent before any visit with the nurse practitioner.

WELL CHILD EXAM:

The next option on the form is a Well Child Visit. This is the yearly "check up" visit. If you do not have a pediatrician, have transportation issues, or it's not convenient for you to leave work to take your child, we can do their well child exam, sports physical or immunizations at school during the school day. Parents are welcome to come for this visit as well. Please only check this service if you want your child to have their well child exam at school. Most insurance companies will cover one well child exam per year.

If you have any questions about this form or any of our services, please feel free to reach out to me. I look forward to taking care of your child this school year!

Andrea Kresslein, RN
South Warren High School Nurse
Email: andrea.kresslein@warren.kyschools.us

To See Nurse in Health Room

If your student is sick and would like to see the school nurse, they need to ask their teacher to put them on the sick list. The teacher will then fill out a Google form that puts the student's name on the Nurse List to be seen.

The list will be triaged as the most emergent to the least. Student's will be called from class when the nurse has availability. The nurse will see student's on the sick list between emergencies and student's with standing appointments.

There could be days not every student on the sick list will be seen. It is the nurse's goal to see everyone on the list, but some days will be much busier than others. The nurse will attempt to contact those students waiting to be seen and let them know if they will be unable to be seen that day.

Nurse will stop looking at the sick list around 1:50pm. Policy states nurses can not give over the counter medication 30 minutes before school lets out. So no OTC medication will be given after 1:55pm.

Looking forward to having a great school year.

Opportunities



WCPS High School Seniors

Now Hiring: Preschool Bus Monitors
 \$15 per hour/up to 16 hours per week
 Monday - Thursday
 Hours will coincide with the Elementary
 Bus Routes
 Qualifications: High School Seniors at
 least 16 years of age
 Application link:
<https://bit.ly/wcpsbusmonitor>



4/12/24, 12:15 PM KY HealthCorps Flyer 24-25.png




CAREER EXPLORATION OPPORTUNITY

PLACEMENT IN
TOP NON-PROFIT HEALTHCARE FACILITIES ACROSS THE COMMONWEALTH

MEMBER POSITIONS

- Medical Nurse Aid (CNA/SRNA)
- Dietary Aid
- Direct Service Professional
- Activities Assistant
- Administrator in Training
- Social Services Professional
- Marketing/Communications

APPLY NOW



<https://www.tfaforms.com/5006410>

[KYHEALTHCORPS.ORG](https://www.tfaforms.com/5006410)

ENROLL NOW TO LOCK IN YOUR START DATE

COHORT EXPERIENCE
Serve with peers! Choose from these start dates for 24-25 program year:

Aug 20 - Apply by July 16
 Oct 8 - Apply by Sep 3
 Dec 3 - Apply by Oct 29
 Feb 11 - Apply by Jan 7
 April 8 - Apply by March 4

TRAINING
Gain skills and knowledge to step confidently in your role! There are custom training plans for each position.

PAID + FLEXIBLE POSITIONS
Members are paid a set amount twice monthly, including time spent training!

SEGAL EDUCATION AWARD
Receive an Education Award that works just like a scholarship when you finish your membership.

https://mail.google.com/mail/u/0/#inbox?compose=sJwlgmFOOBjMhHnMgxdLFLCUCGgnJfMzVzVgRbnjpkSfRjwMcxSRnzmWwJvMmgRCL... 1/1

Sports

FANFEST 2024

THURSDAY, AUGUST 8, 2024
 GATES OPEN: 5 P.M. | SCRIMMAGE: 6 P.M.
 FEATURING SW CHEERLEADERS & DANCE TEAM


SOUTH WARREN MCCracken CO. ALLEN CO. SCOTTVILLE BULLITT EAST



ADMISSION
 GENERAL: \$7
 AGES 3-10: \$3
 2 & UNDER: FREE
 ACTIVITIES: \$2 EA.




EVENTS
 FOOTBALL
 FOOD TRUCKS
 INFLATABLES
 FACE-PAINTING



South Warren Lacrosse

**High School and Middle School Teams
 Informational Meeting**
Tuesday, Aug 20
6:00 PM
SWHS Library

Check out the fastest growing sport in KY





 South Warren Boys Lacrosse

 @swhs_lacrosse

 sw_spartans_bosylax

For More Information

High School:
Coach Dale Bird
dale.bird@warren.kyschools.us

Middle School:
Coach Jackson Graves
jackson.graves@warren.kyschools.us

**Open Field Instruction
Beginning Oct. 2
Wednesday and Friday
5:00-7:00
Buchannon Park**



Helpful information



It's okay to ask for help

Find the right help at the right time

At no cost, Care Solace will quickly and confidentially find available mental health and substance use providers matched to the needs of students, staff and/or their families.

- Call 888-515-0595 at any time. Multilingual support is available 24/7/365. A dedicated Care Companion will help you every step of the way to research options, secure appointments, and follow-up to make sure it is a good fit.
- Search anonymously to get matched with an extensive list of care providers at caresolace.com/wcps.
- Contact your school mental health professional, and they will submit a referral on your behalf.
- Access the Care Solace link (and phone number) through either the WCPS District website (www.warrencountyschools.org) or through your school's website (under Safety/Emotional Support Services/Hotlines).

If you have a life-threatening emergency, please call 9-1-1 or The Suicide and Crisis Lifeline at 9-8-8. Care Solace is not an emergency response service or mental health services provider.

Care Solace

When you or your child needs help, it's hard to know where to turn. In an effort to ease the burden of finding the mental health and substance use services you need, the WCPS district has partnered with Care Solace.

Care Solace has a network of over 350,000 providers and services. Care Solace is available 24/7/365, after hours and during school breaks at no cost to you. Care Solace has providers accepting all medical insurances, including Medicaid, Medicare, and sliding scale options for those without insurance.

You can reach a Care Solace professional by doing one of the following:

- Call 888-515-0595 at anytime
- Go to caresolace.com/wcps
- Contact your school mental health professional where they will submit a referral on your behalf or Access the Care Solace link (and phone number) through either the WCPS District website (www.warrencountyschools.org) or through your school's website (under Safety/Emotional Support Services/Hotlines)

Community

August 2024

The Dinner Table Project

A program to encourage families to eat together, have fun, and grow closer through conversation.

Conversation Starters

How do you deal with people letting you down?

When you feel overwhelmed, who or what helps you feel calm?

How would your friends describe you?



End-of-Summer Pasta

- 12 cherry tomatoes, cut in half
- 1 cup bowtie or macaroni pasta, cooked
- ¾ cup fresh corn (1 ear)
- 1 garlic clove, chopped
- 1 Tbsp olive oil
- ½ Tbsp of butter
- ¼ tsp salt
- ¼ tsp pepper



Heat olive oil in a skillet over medium-high heat. Add garlic and tomatoes and let cook for 3 minutes. Add corn and let cook another 3 minutes. Place cooked pasta in a bowl. Add vegetables, butter, salt and pepper. Stir together and enjoy!

Servings: 2.5 servings Serving Size: 1 cup

Questions to Ask Everyday

What are 3 things for which you are thankful today?

What did you learn today?

How did you make someone smile today?



Glitter Backpack Charms



What you need:

- Glitter Paint
- Acrylic Paint
- Paintbrushes
- Natural sponge
- Air dry clay
- Cookie cutters
- Drinking straw
- Metallic cord, trim, tassels, and bells

How to:

1. Begin by rolling out your air dry clay until it's about 1/2" thick.
2. Cut out shapes using your cookie cutters.
3. Use a drinking straw to poke a hole into the top of each charm. Let dry completely according to the clay package directions.
4. Time to get painting! You can use multiple paintbrushes and blend the colors together roughly, or use a natural sponge to create more speckles. Let dry.
5. Use a paintbrush or foam brush to apply glitter paint onto each charm. Let dry completely and then add a loop of string through the hole and add on beads, bells, and tassels if you like.
6. Loop the charms onto your backpack!



Search Institute Developmental Relationships Framework

Developmental relationships are the roots of thriving and resilience for young people, regardless of their background or circumstances. Through these relationships, young people discover who they are, cultivate abilities to shape their own lives, and learn how to engage with and contribute to the world around them.

Challenge Growth

Push me to keep getting better.

- **Expect my best**—Expect me to live up to my potential.
- **Stretch**—Push me to go further.
- **Hold me accountable**—Insist I take responsibility for my actions.
- **Reflect on failures**—Help me learn from mistakes and setbacks.

DTP...On The Go!

Have a family picnic at your favorite outdoor location. Use your five senses (smell, taste, touch, hearing, sight) to take in everything around you. Take a family walk and encourage your children to share personal thoughts and feelings about their experiences. Make this Dinner Table Project on the Go a regular weekly activity!



dinnertableproject.org



Camp Erin Western Kentucky - A Healing Journey for Grieving Youth

Camp Erin Western Kentucky, partnered with Hospice of Southern Kentucky, is a nurturing overnight bereavement camp designed especially for children and teens ages 6-17 who are mourning the death of someone close to them. It's a weekend that fills the countryside of Gasper River Retreat Center in Bowling Green, KY, with the spirit of compassion and the joy of camp life.

This extraordinary camp, a partnership with Eluna, is more than just a camp. It's a community of understanding and support, where the fun of a traditional camp is combined with grief education and emotional support. Our bereavement professionals and caring volunteers are here to guide your children and teens, providing a haven for young hearts to explore their grief, develop coping skills, and find camaraderie with others who understand.

At Camp Erin, grief is not the end but the beginning of a journey towards empowerment. Thanks to the generous support of Eluna, Hospice of Southern Kentucky, and The New York Life Foundation, this transformative camp is offered completely free of charge to families.

📅 Date: Friday, August 2nd – Sunday, August 4th, 2024
📍 Location: Gasper River Retreat Center, Bowling Green, KY

Spaces at Camp Erin are assigned on a first-come, first-served basis, with new campers given precedence. Returning campers will be waitlisted and should communicate any new significant losses. A family interview is part of the application process, and camper acceptance follows this interview.



Don't miss the chance to secure a spot in this limited space camp, where not only healing and hope await our campers but also the opportunity for new friendships and the creation of great memories. It's a weekend that promises to be filled with joy and understanding.

For additional details or to register:

📞 Call (270) 647-0514

✉ Email lsila@hospicesoky.org

Join us for a weekend where children and teens discover they're not alone in their grief, surrounded by the beauty of nature and the warmth of new friendships.