

# DAILY BULLETIN

*Cougar Family.  
Cougar Pride.*

*Learning & Connecting: Nothing Can Stop Us!*

**TUESDAY, FEBRUARY 18, 2025**  
**4-DAY WEEK**

BIRTHDAYS	LUNCH	SENIOR CORNER
No Birthdays	Chicken Enchiladas, Mexican Rice, Veggies, Fruit, Milk Variety.	<b>Seniors! Need FAFSA Help?</b> See <b>Mrs. Burke</b> if you need help completing your <b>FAFSA</b> . Don't miss out on financial aid—get it done! <b>Seniors, Don't Forget Your Cap &amp; Gown Info!</b> Be sure to <b>complete the cap and gown survey for measurements and color preference</b> . Let's make sure you're ready to walk across that stage!

ACADEMICS	ACTIVITIES	ATHLETICS
<p>🔴🔴 <b>End of Grading Period – This Friday!</b> 🔴🔴</p> <p>The grading period <b>ends this Friday!</b> This is your chance to <b>level up</b> by showing your teachers what you know and making sure your work is complete.</p> <ul style="list-style-type: none"><li>✅ Check in with your teachers</li><li>✅ Finish assignments</li><li>✅ Give your best effort!</li></ul> <p>Stay focused and finish strong! 🤝📖</p> <p>📖📖 <b>Bring Your Charged Chromebook Daily!</b> 📖📖</p> <p>Be ready to learn! <b>Make sure your Chromebook is fully charged</b> and with you <b>every day</b>. A charged device means you're prepared to engage, complete work, and stay on track.</p> <p><b>Charge it at night, bring it in the morning, and stay ready!</b> 📖✅</p>	<p>🏀🎉 <b>Thank You, Cougars!</b> 🎉🏀</p> <p>As our <b>winter sports home games</b> come to an end, we want to <b>celebrate our athletes</b> for their hard work and dedication this season! A huge <b>shoutout</b> to all the students who showed up, cheered loud, and made the <b>Cougar Den</b> the place to be!</p> <p>Your energy and support make a difference—<b>thank you for bringing the spirit!</b> ❤️🐾</p> <p>🌱 <b>FFA Week Coming in March!</b> 🌱</p> <p>Get ready to celebrate <b>FFA Week</b> this March! Stay tuned for all the exciting events and activities! 🚜🎉</p> <p><b>Save the date!</b> March 21 is our Spring into Break rally and prom theme reveal!</p> <p>Mark your calendars for prom, Saturday April 19.</p>	<p>🏆 <b>Wrestling Update!</b> 🏆</p> <p>Congratulations to Rene, Nathan, and Aiden for becoming <b>LEAGUE CHAMPIONS</b> and to Gavin for securing 2nd runner-up! All four have qualified for Sections this weekend!</p> <p>👏 Special shoutout to Auden for earning Outstanding Wrestler/MVP!</p> <p>Way to go, team! Let's cheer them on as they compete at the next level!</p> <p>Softball, Baseball and Track Tryouts @ 3:30 all week</p> <p>Golf Tryouts on Thursday, @ 3:30</p> <p>Friday is home Baseball vs South Fork at 3:30, Release at 2:15. And our Wrestlers will be attending the North Coast Section Championship @ James Logan HS in Union City with the hopes of qualifying for next week's CIF State Tournament in Bakersfield, CA.</p>

# Making Smart Choices

Your choices today shape your future! Make decisions that lead you toward success and happiness. Choose wisely!"

## COUGARS FOCUS ON THE PRESENT

🎯 Focus on the Present, Cougars! 🎯

There's an old saying from a baseball coach: "You're only as good as your next pitch." The point is simple—**focus on what's next**. Whether your last pitch was great or not, or how many pitches you have left, the only one you control is the **next one**.

**Focusing on the past?** It's distracting.

**Focusing on the future?** It can hold you back.

**Focusing on the present?** That's where the magic happens.

Cougars, let's focus on what we can control and always strive to improve! 💪🐾

— *Sahil Bloom's Curiosity Chronicle*

