

March 2025 The Catamount School & Jackson County Early College

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1) Cereal, Applesauce 3</p> <p>Popcorn Chicken Seasoned Potatoes Seasoned Peas Southern Style Biscuit Sliced Pears</p>	<p>Breakfast Pastry Sliced Pears 4</p> <p>Chicken Nachos Cheese Sauce, Salsa, Sautéed Peppers & Onions Sour Cream Seasoned Pinto Beans Pineapple Tidbits</p>	<p>Apple Frudel Pineapple Tidbits 5</p> <p>Hamburger w/ or w/out cheese Lettuce, Tomato, Pickles Oven Baked Fries Fruit Medley</p>	<p>Sweet Bread Slice Berry Medley Tomato Soup Grilled Ham & Cheese Sandwich Caesar Salad Carrot Coins w/ dip Orange Slices 6</p>	<p>Super Donut Orange Slices 7</p> <p>Hawaiian Pizza Whole Kernel Corn Garden Salad w/ dressing Mixed Fruit</p>
<p>2) Cereal Bar, Diced Peaches 10</p> <p><i>Breakfast for Lunch</i> Egg Patty Sausage Patty Tater Tots Salsa Biscuit & Gravy Applesauce</p>	<p>Muffin Applesauce 11</p> <p>Breaded Pork Chop Seasoned Peas Sweet Potato Casserole Southern Style Biscuit Mixed Berries</p>	<p>Breakfast Pastry Mixed Berries 12</p> <p>Chicken Sandwich Lettuce, Tomato, Pickles Ceasar Salad w/ dressing Smile Fries Mandarin Oranges</p>	<p>13</p> <p>No School</p>	<p>14</p> <p>No School</p>
<p>3) Cereal, Dried Fruit 17</p> <p>Manager's Choice</p>	<p>Apple Frudel Pear Slices 18</p> <p>Chicken Tenders Waffles w/syrup Seasoned Green Beans Sweet Potato Waffle Fries Sliced Peaches</p>	<p>Breakfast Bar Sliced Peaches 19</p> <p>Ham Tetrazzini Roasted Parmesan Broccoli Garlic Bread Strawberry Cup</p>	<p>Yogurt, Granola Strawberry Cup 20</p> <p>Chicken Empanda Whole Kernal Corn Black Bean Salad Cilantro Lime Rice Fresh Tangerine</p>	<p>Breakfast Pastry Applesauce 21</p> <p>Cheese Dippers w/ marinara sauce Ceasar Salad w/ dressing Whole Kernel Corn Sliced Peaches</p>
<p>1) Cereal Bar Applesauce 24</p> <p>Mini Corn Dogs Smile Fries Glazed Carrots Mixed Fruit</p>	<p>Muffin Mixed Fruit 25</p> <p>Chicken Alfredo Roasted Broccoli Garlic Bread Sliced Pears w/ blueberries</p>	<p>Bagel Bar Berry Medley 26</p> <p>Manager's Choice</p>	<p>Cereal Banana 27</p> <p>Chicken Fajita Salsa, Shredded Cheese, Sour Cream Sautéed Onions & Peppers Seasoned Black Beans Orange Slices</p>	<p>Super Donut Orange Slices 28</p> <p>Pizza Whole Kernel Corn California Mixed Vegetables Diced Pears Cookie</p>
<p>2) Waffles w/ syrup, 31 Diced Pears Salisbury Steak Mashed Potatoes w/ Gravy Seasoned Peas Southern Style Biscuit Peach Cup</p>	<p>Did you know?</p> <p>Alexander Graham Bell made the first ever phone call on 10 March 1876. He called his assistant and said "Mr Watson, come here. I want to see you."</p>			

Breakfast:
Entrée, Grain/Bread, Fruit,
Juice,
& Milk
Additional Daily Breakfast
Options:
Fruit, Yogurt & Granola Parfaits
Oatmeal and
Breakfast Bistro Boxes:
Week 1:
Peanut Butter Cup -1oz.
Graham Crackers
Apple Slices
Week 2:
Bagel, Cream Cheese Cup,
Craisins
Week 3:
Boiled Egg, Cheese Stick,
Cinnamon Toast, Orange Slices
Lunch:
Choice of Entrée, Grain/Bread,
Vegetable, Fruit, Milk

Additional Daily Lunch Options:
PBJ, Chef Salad, Pizza Kit &
Yogurt Plate

USDA Regulations:
**Students must take 1/2 cup
fruit or 1/2 cup vegetable with
breakfast & lunch

Menus are subject to change
according to product availability &
weather.

"USDA is an equal opportunity
provider and employer"

