Montserrat Retreat Information 2025-2026

Conducted by the Jesuit Spiritual Center Youth Ministry Team

MONTSERRAT

Juniors attending the Montserrat Retreat should be aware of the following:

- If you are sick the day of the retreat – please email – tbeerman@stxavier.org to report your absence.
  - Please also contact the school to report your absence.
- You are asked to drive yourself to the Jesuit Spiritual Center. Address - 5361 S Milford Rd, 45150 / You may also be dropped off and picked up. 248-3500 x 11 is the retreat center number.
- Please plan to arrive by 9AM – Loyola Building – second large building – red brick.
  - Please do not arrive before 8:40 – as the team may not yet have arrived.
  - The retreat should conclude by 6PM – if you are being picked up, please ask your ride to arrive by 5:45PM. Thanks!
- Students are asked to bring a water bottle – preferably with your name on it.

Some reminders:

- Talk to your teachers before going on retreat; Talk to your teachers when you return to check-in.
- Casual dress (shorts, t-shirts, etc). St. X appropriate will be the guideline.
- If you will be taking any **medicine,** you must fill out and return the medical form sent via email.
- All that is truly needed is the type of medication you will be taking while on the retreat.
- If you have any **special dietary needs**, let Mr. Beerman know at least a week before the retreat.
- **If school is cancelled** (inclement weather, etc.) the retreat may be postponed and re-scheduled. Watch your email for updates and information.
- If you play the guitar or other small musical instrument, you may bring it with you if you wish.
- You are encouraged to bring a snack to share during breaks. If you wish to bring something to drink, that would be fine. All items you bring must be individually wrapped. This is optional – but you guys appreciate the snacks during breaks – so aim at bringing something for 15-20 people to share.
- Please **do not bring: electronic devices: i-pods, etc.; books, homework, or sports equipment (**Milford provides footballs, basketballs, soccer balls, etc. for recreation times.)
- **No use of cell phones (or other electronic devise); cell phones will be turned over to the retreat chaperones at the beginning of the retreat. Using such a device, may be subject to disciplinary action.**
- Any questions, refer to this handout, or see Mr. Beerman in the Campus Ministry Office.

What happens on retreat? The word "retreat" means to "step back". Your retreat will give you a chance to step back from school, jobs, and your regular schedule. Retreat will be a time for you to take a look at who you are in relation to God and the people in your life--and in what direction your life is going. Many people have found that retreat can be a good time to think about important decisions like: "What do I want to do after high school?" Or even, "What is God calling me to do – NOW." Retreat is also a chance to get to know your classmates better, to get beyond the masks we often wear. Most of all, the time can provide some opportunity to discover how God is acting through the people and events of your life. You can expect small group discussions, large group sessions, mass with a Jesuit priest, music/video presentations, quiet time and some free time.