

START YOUR DAY THE RIGHT WAY!

**YOUR SCHOOL IS PLEASED TO OFFER A
BREAKFAST PROGRAM!**

FUEL UP!

WAKE UP!

LEARN MORE!

MORE ENERGY!



BE SURE TO JOIN US FOR BREAKFAST!



**PEOPLE WHO
EAT BREAKFAST:
BETTER HEALTH
MORE ENERGY
LONGER ATTENTION SPAN**

**PEOPLE WHO DON'T
EAT BREAKFAST:
SHORTENED ATTENTION SPAN
LACK ALERTNESS
IRRITABILITY**