

## BREAKFAST MENU

<p><b>3</b> Mini Pancake Bites with Syrup OR Teriyaki Chicken Rice Bowl  Clementines</p>	<p><b>4</b> Mini Cinnamon Rolls OR Chicken &amp; Vegetable Dumplings  Apple Slices</p>	<p><b>5</b> Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl  Banana</p>	<p><b>6</b> Strawberry Cream Cheese Bagel OR Chicken &amp; Vegetable Dumplings  Apple Slices</p>	<p><b>7</b> Mini Cinnamon Rolls OR Teriyaki Chicken Rice Bowl  Banana</p>
<p><b>10</b> Saint Paul Sunrise Croissant OR Teriyaki Chicken Rice Bowl  Clementines</p>	<p><b>11</b> Mini Cinnamon Rolls OR Chicken &amp; Vegetable Dumplings  Apple Slices</p>	<p><b>12</b> Banana Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl  Banana</p>	<p><b>13</b> Strawberry Cream Cheese Bagel OR Chicken &amp; Vegetable Dumplings  Apple Slices</p>	<p><b>14</b> Caramel Mini Cinnamon Rolls OR Chicken Teriyaki Rice Bowl  Banana</p>
<p><b>17</b></p> 	<p><b>18</b></p> 	<p><b>19</b> Mini Cinnamon Rolls OR Chicken &amp; Vegetable Dumplings  Apple Slices</p>	<p><b>20</b> Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl  Banana</p>	<p><b>21</b> Strawberry Cream Cheese Bagel OR Chicken &amp; Vegetable Dumplings  Apple Slices</p>
<p><b>24</b> Saint Paul Sunrise Croissant OR Teriyaki Chicken Rice Bowl  Clementines</p>	<p><b>25</b> Mini Cinnamon Rolls OR Chicken &amp; Vegetable Dumplings  Apple Slices</p>	<p><b>26</b> Banana Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl  Banana</p>	<p><b>27</b> Strawberry Cream Cheese Bagel OR Chicken &amp; Vegetable Dumplings  Apple Slices</p>	<p><b>28</b> Caramel Mini Cinnamon Rolls OR Chicken Teriyaki Rice Bowl  Banana</p>

### DAILY CHOICES

- Assorted Cereals
- Yogurt
- String Cheese
- Juice
- Milk

- For nutrient & allergen information, visit [SchoolCafe.com/SPPS](http://SchoolCafe.com/SPPS).
- Menu subject to change.
- This institution is an equal opportunity provider.

## LUNCH MENU

<p><b>3</b></p> <p>Crispy Chicken Sandwich</p> <p>Cheeseburger</p> <p>Potato Wedges</p>	<p><b>4</b></p> <p>Mongolian Beef or Tofu Jasmine Rice Broccoli</p> <p>Beef Rib Sandwich Sweet Potato Wedges</p>	<p><b>5 NACHO DAY</b></p> <p>Seasoned Beef Refried Beans Cheese Sauce Tortilla Chips</p> <p>Hot &amp; Spicy Chicken Sandwich Potato Wedges</p>	<p><b>6 MN THURSDAY!</b></p> <p>Beef or Lentil Sambusas Yellow Rice Basbaas Sauce</p> <p>Spicy Grilled Cheese Sweet Potato Wedges</p>	<p><b>7</b></p> <p>Italian Dunker Marinara Sauce</p> <p>Make Your Own Chicken Caesar Salad Dinner Rolls</p>
<p><b>10 SPECIAL MENU</b></p>				
<p>BBQ Chicken Drumstick Red Beans &amp; Rice Cornbread Muffin</p> <p>Chicken Sliders Potato Wedges</p>	<p><b>11</b></p> <p>Teriyaki Chicken or Tofu Jasmine Rice Broccoli</p> <p>Cheeseburger Potato Wedges</p>	<p><b>12 TACO DAY</b></p> <p>Seasoned Beef Refried Beans Shredded Cheese Tortilla Shell</p> <p>Buffalo Chicken Sandwich Sweet Potato Wedges</p>	<p><b>13</b></p> <p>Chicken Fingers Mac &amp; Cheese Galaxy Sauce</p> <p>Grilled Cheese Beef &amp; Bean Chili</p>	<p><b>14</b></p> <p>Cheese or Turkey Sausage Pizza</p> <p>Make Your Own Chicken Caesar Salad Dinner Rolls</p>
<p><b>17</b></p> <p><b>NO SCHOOL TODAY!</b></p> 	<p><b>18</b></p> <p><b>NO SCHOOL TODAY!</b></p> 	<p><b>19</b></p> <p>Beef or Tofu Bulgogi Jasmine Rice Broccoli</p> <p>Cheeseburger Potato Wedges</p>	<p><b>20</b></p> <p>Oven Fried Chicken Sweet Potato Wedges Corn Muffin</p> <p>Chicken Tinga Taco Refried Beans</p>	<p><b>21</b></p> <p>Cheeseburger</p> <p>Gyro on Pita Bread</p> <p>Potato Wedges</p>
<p><b>24</b></p> <p>Glazed Chicken Bites</p> <p>Chicken Sliders</p> <p>Potato Wedges</p>	<p><b>25</b></p> <p>Corn Dogs Sweet Potato Wedges</p> <p>Cheeseburger Potato Wedges</p>	<p><b>26</b></p> <p>Chicken &amp; Cheese Burrito Nacho Cheese Sauce</p> <p>Chicken Fingers Mac &amp; Cheese Galaxy Sauce</p>	<p><b>27</b></p> <p>Pancakes Chicken Sausages Hash Browns</p> <p>Crispy Chicken Sandwich Potato Wedges</p>	<p><b>28</b></p> <p>Cheese or Turkey Sausage Pizza</p> <p>Make Your Own Chicken Caesar Salad Dinner Rolls</p>

Special menu for National African American Parent Involvement Day (NAAPID) approved by Parents of African American Students Advisory Council (PAASAC).

Milk is available at every meal. Menu subject to change. For nutrient & allergen information, visit [SchoolCafe.com/SPPS](http://SchoolCafe.com/SPPS).

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