



**Main Lunch Menu
March 2025**

This institution is an equal opportunity provider.

Serving Sizes are as follows:

K - 5th Grade – Meat/MA 1.75oz, Grain 1.75oz, Vegetable ¼ cup, Fruit ½ cup, Low Fat or 1% unflavored or flavored milk 8oz

6th – 8th Grade - Meat/MA 1.75oz, Grain 1.75oz, Vegetable ¼ cup, Fruit ½ cup, Low Fat or 1% unflavored or flavored milk 8oz

9th – 12th Grade – Meat/MA 2oz, Grain 2oz, Vegetable 1 cup, Fruit 1 cup, Low Fat or 1% unflavored or flavored milk 8oz

Monday	Tuesday	Wednesday	Thursday	Friday
March 3 Turkey & Cheese Sandwich on WGR Bread Tomato & Cucumber Salad Fruit Milk	March 4 WGR Chicken Fingers Mashed Potatoes Ketchup Fruit Milk	March 5 Mac & Cheese w/ WGR Pasta Mixed Vegetables Fruit Milk	March 6 Turkey Burger w/ Cheddar Cheese on WGR Bun Tator Tots Ketchup Fruit Milk	March 7 <p style="text-align: center;">Early Dismissal</p>
March 10 Meatballs in Marinara Sauce Dinner Roll w/ Butter Green Beans Fruit Milk "NATIONAL MEATBALL DAY"	March 11 Chicken Salad Sandwich on WGR Sandwich Bun Carrot Sticks Ranch Dressing Fruit Milk	March 12 Hot Dog on WGR Bun Tator Tots Fruit Milk	March 13 WGR Chicken Fingers Mashed Potatoes Ketchup Fruit Milk	March 14 Cheese Pizza Diced Cucumber Ranch Dressing Fruit Milk
March 17 "Walking Taco" Taco Beef WG Tortilla Chips Shredded Cheddar Cheese Shredded lettuce Salsa Fruit Milk	March 18 WGR Chicken Fingers Parmesan Mozzarella Cheese Green Beans Fruit Milk	March 19 Hamburger BBQ Mac & Cheese w/ WGR Pasta Mixed Vegetables Fruit Milk	March 20 Chicken Taco Rice Bake w/ Black Beans, Cheddar Cheese Corn Fruit Milk	March 21 Cheese Pizza Carrot Sticks Ranch Dressing Fruit Milk
March 24 Grilled Chicken Pot Pie w/Mixed Vegetables WGR Biscuit Fruit Milk	March 25 Turkey Sausage String Cheese WGR Pancake Carrot Sticks w/ Ranch Dressing Fruit Milk	March 26 Grilled Chicken w/Salsa Red Beans & Brown Rice Fruit Milk	March 27 Baked Turkey Ham Steak WGR Dinner Roll Green Beans Fruit Milk	March 28 Cheese Pizza Diced Cucumber Ranch Dressing Fruit Milk
March 31 WGR Chicken Fingers Mashed Potatoes Ketchup Fruit Milk	April 1 Turkey Ham Mac & Cheese w/ WGR Pasta Peas Fruit Milk	April 2 Sunbutter and Grape Fruit Spread Sandwich on WGR Bread Diced Cucumber Fruit Milk "National Peanut Butter and Jelly Day"	April 3 Turkey & Cheese Sandwich on WGR Bread Carrot Sticks Fruit Milk	April 4 <p style="text-align: center;">Early Dismissal</p>

****ALL GRAIN COMPONENTS ARE WHOLE GRAIN RICH****

Fruit options vary when in season and will be rotated based on availability: Apples, Applesauce, Flavored Applesauce, Banana, Diced Pears, Diced Peaches, Pineapple, Oranges, Pears, Cantaloupe, Honeydew, Strawberries, Fruit Cocktail, Peaches, Mandarin Oranges, Mangos, Blueberries