



West Bloomfield **PRESCHOOL ACADEMY**

5810 Commerce Rd.
West Bloomfield, MI 48324

Family Style Meal Letter

Family-style meals offer a unique opportunity for children to engage in social interaction, practice good manners, and develop independence in a warm and supportive environment. By serving meals in a shared, communal setting, children learn to take turns, communicate their needs, and appreciate the value of cooperation. West Bloomfield Preschool Academy serves “family style” meals to foster this sense of community within the classroom, as children are encouraged to help one another and build stronger connections with their peers.

Additionally, family-style meals promote healthy eating habits by allowing children to make choices about portion sizes and encouraging them to try new foods in a relaxed, non-pressured way. These experiences help to cultivate a positive relationship with food and set the foundation for lifelong healthy eating habits.

Overall, family-style meals provide an essential opportunity for children to grow socially, emotionally, and physically, while also reinforcing the values of teamwork and respect.

Thank you for your continued support of our preschool program. We look forward to working together to create a nurturing and enriching environment for all of our children.

West Bloomfield Preschool Academy

Note:

Please let your child's teacher know if your child has ANY dietary restrictions limiting them from consuming the food provided by the school for the following reason:

 [Individualized Food Form 25-26.pdf](#)

- Religion
- Organic only
- Kosher
- Vegan
- Vegetarian
- Halal

Disclaimer:

There are no “special packing meals” from families because of picky eating. If you are packing meals due your child's dietary restrictions, the required forms will need to be filled out before changes will be made to your child's meal time. ALL THREE MEALS need to be replaced with something similar to our school menu.