

## **STUDENTS WITH SPECIAL HEALTH CARE NEEDS**

### **Management Plan and Guidelines for Students with Food Allergies and/or Glycogen Storage Disease (Diabetes)**

LEARN recognizes that food allergies and glycogen storage disease may be life threatening. The purpose of this policy is to minimize the risk of accidental exposure to life threatening food allergens and to ensure prompt and effective medical response should a child suffer an allergic reaction while at school. LEARN is also committed to appropriately managing and supporting students with glycogen storage disease. In accordance with applicable law, it is the policy of LEARN to provide all students, through necessary accommodations where required, the maximum opportunity to participate in all school programs and activities.

LEARN further recognizes the importance of collaborating with parents and appropriate medical staff in developing such practices and strongly encourages strategies to enable the student to become increasingly proactive in the care and management of his/her food allergy and/or glycogen storage disease, as developmentally appropriate. To this end, an Individualized Health Care Plan (IHCP) and an Emergency Care Plan (ECP) shall be developed and implemented for students that are identified with food allergies and glycogen storage disease. Additionally, and as appropriate, a clearly-defined "Section 504 Accommodation Plan" shall be developed and implemented for all such identified students, with necessary accommodations to ensure their full participation in student activities. Such plan shall be signed by the appropriate staff, the parent/guardian of the student and the student's physician.

All schools are also responsible for developing and implementing guidelines for the care of students with food allergies and glycogen storage disease. Such guidelines shall include, but not be limited to, staff development, strategies for identifying students at risk for life-threatening allergic reactions, means to manage the student's allergy, including avoidance measures, designation of typical symptoms, and dosing instructions for medications.

LEARN's plan for managing students with life-threatening food allergies and glycogen storage disease shall be posted on the LEARN website and/or on the website of each LEARN school.

Legal Reference: Connecticut General Statutes

- 10-15b Access of parent or guardian to student's records
- 10-154a Professional communications between teacher or nurse and student
- 10-207 Duties of medical advisors
- 10-212a Administrations of medications in schools
- 10-121c Life-threatening food allergies: Guidelines

The Regulations of Connecticut State Agencies [section] **Sections** 10-212a through 10-212a-7

Federal Legislation

Section 504 of the Rehabilitation Act of 1973 (29 U.S.C. 794 §504; 34 C.F.R § 104 et seq.)

FCS Instruction 783-2, Revision 2, Meal substitute for medical or other special dietary reasons.

Guidelines for Managing Life-Threatening Food Allergies in Connecticut Schools, Connecticut State Department of Education (2006).

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