

Pre-K Lunch

Pre-K School
Lunch Menu
Winter 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	Feb 17	Feb 18	Feb 19	Feb 20	Feb 21
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> • Presidents' Day • RPS Closed 	<ul style="list-style-type: none"> • Managers' Choice 	<ul style="list-style-type: none"> • Managers' Choice 	<ul style="list-style-type: none"> • RPS Burger • Crinkle Cut Fries • Mandarin Oranges • Unflavored Low-fat Milk 	<ul style="list-style-type: none"> • Big Daddy's Pizza • Seasoned Corn • Frosty Berry Cup • Unflavored Low-Fat Milk
<i>Week 2</i>	Feb 24	Feb 25	Feb 26	Feb 27	Feb 28
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> • Crispy Chicken Sandwich • Potato Wedges • Chilled Peaches • Unflavored Low-fat Milk 	<ul style="list-style-type: none"> • Queso Blanco Nachos • Ranchero Beans • Fresh Fruit • Unflavored Low-fat Milk 	<ul style="list-style-type: none"> • Big Daddy's Pizza • Seasoned Corn • Chilled Pears • Unflavored Low-Fat Milk 	<ul style="list-style-type: none"> • Managers' Choice 	<ul style="list-style-type: none"> • Managers' Choice
<i>Week 3</i>	Mar 3	Mar 4	Mar 5	Mar 6	Mar 7
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> • Hot Dog • Steamed Broccoli • Mandarin Oranges • Unflavored Low-fat Milk 	<ul style="list-style-type: none"> • Pizza Dippers • Marinara Cup • Green Beans • Fresh Fruit • Unflavored Low-fat Milk 	<ul style="list-style-type: none"> • Chicken Nuggets • Seasoned Peas • Applesauce Cups • Unflavored Low-fat Milk 	<ul style="list-style-type: none"> • Turkey Croissant • Baby Carrots • Fresh Fruit • Unflavored Low-fat Milk 	<ul style="list-style-type: none"> • Big Daddy's Pizza • Seasoned Corn • Mixed Fruit • Unflavored Low-fat Milk

Additional Daily Entree Option

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Nutrition Bites

March's *Nutrition Bites*: Kale is the Virginia harvest of the month! Packed with vitamins A, C, and K, plus fiber and antioxidants, it's a superfood that supports strong bones and a healthy immune system. Try adding kale to smoothies, salads, or crispy kale chips at home for a tasty, nutritious snack!

Lunch includes:
Choice of 1 Entree,
1-2 Vegetables, 1 Fruit,
and 1 Milk

Menu subject to change due
to item availability

Vegetarian Options
Available Upon Request