

K-5 Lunch

*Elementary School
Lunch Menu
Winter 2025*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	Feb 17	Feb 18	Feb 19	Feb 20	Feb 21
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> • Presidents' Day • RPS Closed 	<ul style="list-style-type: none"> • Managers' Choice 	<ul style="list-style-type: none"> • Managers' Choice 	<ul style="list-style-type: none"> • RPS Burger • Wedges or Fries • Pickle, Tomato & Lettuce Cup • Fresh Fruit • Mandarin Oranges • Assorted Milk 	<ul style="list-style-type: none"> • Big Daddy's Pizza • Garden Salad • Seasoned Corn • Fresh Fruit • Frosty Berry Cup • Assorted Milk
<i>Week 2</i>	Feb 24	Feb 25	Feb 26	Feb 27	Feb 28
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> • Crispy Chicken Sandwich • Pickle Spears (2) • Seasoned Carrots • Fresh Fruit • Chilled Peaches • Assorted Milk 	<ul style="list-style-type: none"> • Queso Blanco Beef Nachos • Ranchero Beans • Salsa Cup • Fresh Fruit • 100% Fruit Juice • Assorted Milk 	<ul style="list-style-type: none"> • Big Daddy's Pizza • Seasoned Broccoli • Seasoned Corn • Fresh Fruit • Chilled Pears • Assorted Milk 	<ul style="list-style-type: none"> • Managers' Choice 	<ul style="list-style-type: none"> • Managers' Choice
<i>Week 3</i>	Mar 3	Mar 4	Mar 5	Mar 6	Mar 7
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> • Hot Dog • Baked Beans • Steamed Broccoli • Fresh Fruit • Mandarin Oranges • Assorted Milk 	<ul style="list-style-type: none"> • Mini Mozz Bites • Marinara Cup • Green Beans • Fresh Fruit • 100% Fruit Juice • Assorted Milk 	<ul style="list-style-type: none"> • Chicken Nuggets w/ Eggo Waffles • Seasoned Peas • Hashbrown • Fresh Fruit • Applesauce Cup • Assorted Milk 	<ul style="list-style-type: none"> • Teriyaki Chicken Dumplings (6) • Baby Carrots • Stir Fry Vegetables • Fresh Fruit • 100% Fruit Juice • Assorted Milk 	<ul style="list-style-type: none"> • Big Daddy's Pizza • Garden Salad • Seasoned Corn • Fresh Fruit • Frosty Peach Cup • Assorted Milk

Alternative Daily Entree Option

- Yogurt + Granola - Mon & Wed
- Yogurt w/ Cheese & Crackers - Tue
- Entree Salad w/ Roll - Mon - Fri
- Starting Oct 7, M-F: Hummus Cup w/ Tortilla Chips & Manager's Fresh Vegetable Choice

Nutrition Bites

March's *Nutrition Bites*: Kale is the Virginia harvest of the month! Packed with vitamins A, C, and K, plus fiber and antioxidants, it's a superfood that supports strong bones and a healthy immune system. Try adding kale to smoothies, salads, or crispy kale chips at home for a tasty, nutritious snack!

Lunch includes:
Choice of 1 Entree,
1-2 Vegetables, 1 Fruit,
and 1 Milk

Menu subject to change due
to item availability

Vegetarian Options
Available Upon Request