

# Program

The Student Assistance Program (SAP) was designed by the Department of Education, in collaboration with the Department of Health and Public Welfare.

The SAP program is comprised of a core team of professionally trained student assistance members which includes:

- Counselors
- Teachers
- Nurses
- Administrators
- Community Agency Liaisons

This team does not diagnose, treat or refer for treatment; however, they may suggest an assessment for a specific treatment.



## Parent Rights

Parents have a right to be involved in the process and have full access to all school records pertaining to their child, under applicable state and federal laws and regulations.

Parental involvement, in all aspects of the Student Assistant Program, is a vital part in all phases of the decision making process. This involvement is the key to a successful resolution and underscores the importance of the parent's responsibility.

It is important to note that all core team referrals and information is kept confidential from outside sources.

To learn more about the Student Assistance Program call:  
Jill Monti  
(412) 896-2346

# SAP

## EFSD Student Assistance Program

## *Counseling & Support Services*

# EFSD SAP PROGRAM

Elizabeth Forward School District provides a comprehensive Student Assistance Program (SAP).

The SAP program is comprised of a core team of professionally trained student assistance members which includes:

- Counselors
- Teachers
- Social Worker
- Nurses
- Administrators
- Community Agency Liaisons

This team does not diagnose, however, they may recommend an assessment for a specific treatment.

CHILDREN THROUGHOUT THE DISTRICT BENEFIT FROM THE SAP PROGRAM!

The goal of the Student Assistance Program is to provide early intervention and support services to student's identified as having difficulties achieving success. Signs of potential difficulty include:

- Drop in Academic Performance
- Change of Friends, Appearance or Interests
- Defiance of Rules
- Physical Symptoms
- Alcohol or Other Drug Usage
- Parent/Child Conflict
- Poor Attendance

Referral sources include teachers, parents, nurses, principals, and administrators. Once parent/guardian consent is received to assist a student, a prevention specialist conducts a pre-assessment to help determine the student's needs. Based on the information from the school and parents, students can choose to participate in educational groups, covering such topics as:

- Social Skills
- Decision Making
- Communication
- Self Esteem
- Anger Management
- Alcohol, Tobacco and Drug Education

## Drug & Alcohol Component

Through cooperative efforts, the Student Assistance Program is able to coordinate a variety of drug and alcohol prevention and intervention approaches.

Each approach is designed to teach school-aged children about the dangers and harmful effects of tobacco, alcohol and other drugs. Instruction is age appropriate and integrated into applicable courses of study.

The district's projects and programs represent the most progressive and comprehensive "school setting" approach for drug and alcohol prevention and intervention.

The systematic process utilized effective, accountable and professional techniques. These methods help to remove learning barriers and (when necessary) provide parents and students with the appropriate resources to access community services.

Parent and community support of this project is essential to the program's success!

Involvement is encouraged!