

Weymouth Families,

Happy Valentine's Day. Please note that we are closed Monday, February 17th for Presidents' Day.

Please see the attached for this week's Friday folder. It includes:

- Literacy Night flyer
- WACYL Softball and Teeball registration flyer
- PAL Sports flyer
- Memos from Nurse Hooven
- February Meal menus

Have an outstanding weekend!



The S'more you read, the smarter you'll be

Please be our guests for Weymouth's 3rd
Annual Literacy Night

Wednesday, March 5, 2025

6:00 PM- 7:30 PM



Join us for a night of fun
*Campfire-stories, family-games, and
the Scholastic Book Fair.*

Snacks will be provided.

Complimentary activity book for all students who attend.

Scholastic Book Fair managed by
Weymouth HSA.

Please scan QR code to register.

or email Kmerusi@weymouthtsd.org

Smorrison@weymouthtsd.org



This event is sponsored by the Weymouth Township Education
Association.

WACYL

SOFTBALL+TEEBALL

REGISTRATION

MARCH 1ST TO 15TH

Boys and Girls All Play

Ages 4 to 13

Plays Mid-April to June

Sponsors + Volunteers

needed

Go to
WACYL.com for
more info

COST
\$75





POLICE ACTIVITIES LEAGUE
of Atlantic County and Egg Harbor Township
2542 Ridge Ave, EHT



EVENTS AT THE CROSSPLEX

SPRING LEAGUES & PROGRAMS

NFL FLAG FOOTBALL

Ages 5 to 13, co-ed
Season: April 1 to June 1
Games on Sundays
Registration closes March 15

FIELD HOCKEY PROGRAM

Ages 11 to 14
Season: March 19 to April 23
Sessions on Wednesdays
Registration closes March 7

TINY TROTTERS RUNNING CLUB

Ages: 3 to 6
Season: April 3 to April 24
Sessions on Thursdays
Registration closes March 21

ADULT DODGEBALL LEAGUE

18+ Division & 30+ Division
Season: April 10 to May 15
Games on Thursdays
Registration closes March 28

VOLLEYBALL PROGRAM

Ages: 8 to 15. co-ed
Season: June 4 to July 9
Sessions on Wednesdays
Registration closes May 23

YOUTH SOCCER SKILLS PROGRAM

Ages 5 to 14, co-ed
Season: April 14 to June 9
Sessions on Mondays
Registration closes May 1

3V3 SOCCER TOURNAMENT

Divisions: U10, U12, U14 all co-ed
On President's Day, Monday Feb. 17
Registration closes February 10

SOCCER DEVELOPMENT CLINICS

Jr. Strikers (U8)

Clinic on March 8, 9am-12pm
Registration closes February 28

Rising Stars (U10)

Clinic on March 15, 9am-12pm
Registration closes March 7

Elite Soccer (U12/U14)









Clinic on April 12, 9am-12pm
Registration closes April 4

Need a place to practice or host a clinic? Rent our field today!
Email Crossplex@ehtpal.org for more info.

Crossplex@ehtpal.org
(609) 645-8413



Scan to register or visit
ehtpal.org/crossplex

Symptoms of COVID-19	Strep Throat	Common Cold	Flu	Asthma	Seasonal Allergies
FEVER 	✓		✓		
COUGH 		✓	✓	✓	✓
SORE THROAT 	✓	✓	✓		✓
SHORTNESS OF BREATH 				✓	
FATIGUE 		✓	✓	✓	✓
DIARRHEA OR VOMITING 	✓		✓		
RUNNY NOSE 		✓	✓		✓
BODY/ MUSCLE ACHES 	✓	✓	✓		

✓ Symptom of illness



cdc.gov/coronavirus



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
3 Cinnamon Toast Crunch Fruit 1% White Milk	4 Oatmeal Breakfast Bar Fruit 1% White Milk	5 Cinnamon Chex Fruit 1% White Milk	6 Warm Muffin Fruit 1% White Milk	7 Kix Cereal Fruit 1% White Milk	<p>What is a Meal? Pre-K students are served the three following components for school breakfast.</p> <ul style="list-style-type: none"> - Whole Grain - Fresh Fruit or Cupped - 1% White Milk <p>Whole Grain Cereals Cinnamon Toast Crunch, Cinnamon Chex, Kix</p>
10 Cinnamon Toast Crunch Fruit 1% White Milk	11 Oatmeal Breakfast Bar Fruit 1% White Milk	12 Cinnamon Chex Fruit 1% White Milk	13 Warm Muffin Fruit 1% White Milk	14 Kix Cereal Fruit 1% White Milk	
17 No School	18 Oatmeal Breakfast Bar Fruit 1% White Milk	19 Cinnamon Chex Fruit 1% White Milk	20 Warm Muffin Fruit 1% White Milk	21 Kix Cereal Fruit 1% White Milk	
24 Cinnamon Toast Crunch Fruit 1% White Milk	25 Oatmeal Breakfast Bar Fruit 1% White Milk	26 Cinnamon Chex Fruit 1% White Milk	27 Warm Muffin Fruit 1% White Milk	28 Kix Cereal Fruit 1% White Milk	

Rachel Adams, Food Service Director
609-476-2412 ext. 5
wey@nsfm.com

Meal Prices	
Student Breakfast	\$1.75
Reduced Breakfast	\$0.00
Faculty Breakfast	\$2.25



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
3 Chicken Nuggets Baked Beans Cupped or Fresh Fruit 1% White Milk	4 Pancakes & Sausage Grape Tomatoes Cupped or Fresh Fruit 1% White Milk	5 Grilled Cheese Onion Rings Cupped or Fresh Fruit 1% White Milk	6 Hot Dog on a Bun Sweet Peas Cupped or Fresh Fruit 1% White Milk	7 Stuffed Crust Pizza Veggie Patch Cupped or Fresh Fruit 1% White Milk	<p>What is a Meal? Students are served in the classroom.</p> <ul style="list-style-type: none"> - Whole Grain - Protein - Vegetable - Fruit -1% Milk <p>Daily Alternates Uncrustable Meal with Veggie, Fruit and 1% White Milk</p>
10 Chicken Nuggets Fresh Cucumber Slices Cupped or Fresh Fruit 1% White Milk	11 Pancakes & Sausage Grape Tomatoes Cupped or Fresh Fruit 1% White Milk	12 Grilled Cheese Green Beans Cupped or Fresh Fruit 1% White Milk	13 Hot Dog on a Bun Fresh Broccoli Cupped or Fresh Fruit 1% White Milk	14 Pizza Crunchers Veggie Patch Cupped or Fresh Fruit 1% White Milk	
17 No School	18 Pancakes & Sausage Corn Cupped or Fresh Fruit 1% White Milk	19 Grilled Cheese Celery & Carrots Cupped or Fresh Fruit 1% White Milk	20 Hot Dog on a Bun Fries Cupped or Fresh Fruit 1% White Milk	21 French Bread Pizza Veggie Patch Cupped or Fresh Fruit 1% White Milk	
24 Chicken Nuggets Fresh Cucumber Slices Cupped or Fresh Fruit 1% White Milk	25 Pancakes & Sausage Grape Tomatoes Cupped or Fresh Fruit 1% White Milk	26 Grilled Cheese Celery & Carrots Cupped or Fresh Fruit 1% White Milk	27 Hot Dog on a Bun Corn Cupped or Fresh Fruit 1% White Milk	28 Cheesy Pizza Veggie Patch Cupped or Fresh Fruit 1% White Milk	

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Meal Prices

Student Lunch	\$3.50
Reduced Lunch	\$0.00
Faculty Lunch	\$4.50





Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
3 Cinnamon Toast Crunch Jump Start Fresh or Cupped Fruit Orange Juice	4 Bagel and Cream Cheese Fresh or Cupped Fruit Orange Juice	5 Jimmy Dean Breakfast Stick Fresh or Cupped Fruit Orange Juice	6 Warm Muffin Fresh or Cupped Fruit Orange Juice	7 Egg & Cheese Croissant Fresh or Cupped Fruit Orange Juice	<p>What is a Meal? Students must have at least 3 of the 4 components for the school breakfast price.</p> <ul style="list-style-type: none"> - Whole Grain - Protein - Fruit - Milk <p>A minimum ½ cup serving of fruit must accompany a reimbursable breakfast.</p> <p>Daily Alternate</p> <ul style="list-style-type: none"> -WG Pop-Tart with a Cheese Stick -Yogurt & Graham Crackers -Oatmeal Bar & Cheese Stick -Cereal & Graham Crackers <p>Milk 1% white, FF White</p>
10 Cinnamon Toast Crunch Jump Start Fresh or Cupped Fruit Orange Juice	11 Bagel and Cream Cheese Fresh or Cupped Fruit Orange Juice	12 Jimmy Dean Breakfast Stick Fresh or Cupped Fruit Orange Juice	13 Warm Muffin Fresh or Cupped Fruit Orange Juice	14 Egg & Cheese Croissant Fresh or Cupped Fruit Orange Juice	
17 No School	18 Bagel and Cream Cheese Fresh or Cupped Fruit Orange Juice	19 Jimmy Dean Breakfast Stick Fresh or Cupped Fruit Orange Juice	20 Warm Muffin Fresh or Cupped Fruit Orange Juice	21 Egg & Cheese Croissant Fresh or Cupped Fruit Orange Juice	
24 Cinnamon Toast Crunch Jump Start Fresh or Cupped Fruit Orange Juice	25 Bagel and Cream Cheese Fresh or Cupped Fruit Orange Juice	26 Jimmy Dean Breakfast Stick Fresh or Cupped Fruit Orange Juice	27 Warm Muffin Fresh or Cupped Fruit Orange Juice	28 Egg & Cheese Croissant Fresh or Cupped Fruit Orange Juice	

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Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
<p>3</p> <p>Chicken Nuggets with a Breadstick</p> <p>Buffalo Chicken Wrap</p> <p>FEATURED VEGGIES Baked Beans Fresh Cucumber Slices</p>	<p>4</p> <p>Asian Sesame Chicken over Noodles</p> <p>Ham & Cheese Sandwich</p> <p>FEATURED VEGGIES Roasted Broccoli Grape Tomatoes</p>	<p>5</p> <p>Cowboy Burger</p> <p>Grilled Cheese Sandwich</p> <p>FEATURED VEGGIES Onion Rings Celery & Carrots Sticks</p>	<p>6</p> <p>Chili with Cornbread</p> <p>Turkey & Cheese Sandwich</p> <p>FEATURED VEGGIES Sweet Peas Fresh Broccoli</p>	<p>7</p> <p>Stuffed Crust Pizza</p> <p>Cheeseburger</p> <p>FEATURED VEGGIES Veggie Patch Side Salad</p>	<p>What is a Meal?</p> <p>Students must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p>Salad of the Week</p> <p>Week-1 (Garden Salad with Yogurt) -Served with a Dinner Roll</p> <p>Week-2 (Asian Chicken Salad) -Served with a Dinner Roll</p> <p>Week-3 (Chicken Caesar Salad) -Served with a Dinner Roll</p> <p>Week-4 (Chef's Salad) -Served with a Dinner Roll</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white, chocolate, and strawberry</p> <p>Daily Alternates Uncrustable Meal with Cheese Stick and Goldfish</p>
<p>10</p> <p>Mac & Cheese</p> <p>Buffalo Chicken Wrap</p> <p>FEATURED VEGGIES Stewed Tomatoes Fresh Cucumber Slices</p>	<p>11</p> <p>Nachos Grande</p> <p>Ham & Cheese Sandwich</p> <p>FEATURED VEGGIES Corn Grape Tomatoes</p>	<p>12</p> <p>Chicken Parm. with Pasta</p> <p>Grilled Cheese Sandwich</p> <p>FEATURED VEGGIES Green Beans Celery & Carrots Sticks</p>	<p>13</p> <p>Fish Sticks with Goldfish</p> <p>Ham & Cheese Sandwich</p> <p>FEATURED VEGGIES Roasted Garbanzo Beans Fresh Broccoli</p>	<p>14</p> <p>Pizza Crunchers</p> <p>Cheeseburger</p> <p>FEATURED VEGGIES Veggie Patch Side Salad</p>	
<p>17</p> <p>No School</p>	<p>18</p> <p>Popcorn Chicken & Mashed Potato Bowl</p> <p>Ham & Cheese Sandwich</p> <p>FEATURED VEGGIES Corn Grape Tomatoes</p>	<p>19</p> <p>BBQ Chicken with Cornbread</p> <p>Grilled Cheese Sandwich</p> <p>FEATURED VEGGIES Baked Beans Celery & Carrots Sticks</p>	<p>20</p> <p>Hot Ham & Cheese on a Pretzel Bun</p> <p>Turkey & Cheese Sandwich</p> <p>FEATURED VEGGIES Fries Fresh Broccoli</p>	<p>21</p> <p>French Bread Pizza</p> <p>Cheeseburger</p> <p>FEATURED VEGGIES Veggie Patch Side Salad</p>	
<p>24</p> <p>Scrambled Eggs and Pancakes</p> <p>Buffalo Chicken Wrap</p> <p>FEATURED VEGGIES Dice d Potatoes Fresh Cucumber Slices</p>	<p>25</p> <p>Chicken Alfredo over Pasta</p> <p>Turkey & Cheese Sandwich</p> <p>FEATURED VEGGIES Roasted Broccoli Grape Tomatoes</p>	<p>26</p> <p>Hot Turkey Sandwich</p> <p>Grilled Cheese Sandwich</p> <p>FEATURED VEGGIES Roasted Garbanzo Beans Celery & Carrots Sticks</p>	<p>27</p> <p>BBQ Pulled Pork on a Hawaiian Roll</p> <p>Ham & Cheese Sandwich</p> <p>FEATURED VEGGIES Corn Fresh Broccoli</p>	<p>28</p> <p>Cheesy Pizza</p> <p>Cheeseburger</p> <p>FEATURED VEGGIES Veggie Patch Side Salad</p>	

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