

ECA Gluten & Dairy Free Lunch Entrée

Available on Request – See Manager

Monday: Ham on Gluten Free Bun w/rice

Tuesday: Shredded Chicken w/rice

Wednesday: Gluten Free Chicken Strips
w/rice

Thursday: Taco Meat w/rice

Friday: Hamburger on Gluten Free bun w/
rice

Please allow for extra prep time - thank you!

Served with Lactose Free Milk

Vegetables not gluten & dairy free:

Mashed potatoes

Cheesy broccoli

Tomato soup

Teriyaki broccoli

ECA Gluten & Dairy Free Breakfast Entrée

Daily: Gluten Free Cereal & Lactose Free Milk