

High School

Rockdale County Schools

January 2025

Student's lunch is at no cost. Additional meals & adult meals \$3.95

Menu subject to change without notice	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Daily Options: Homemade Pizza PB & J Basket Salad Plate		1/1/2025	1/2/2025	1/3/2025	1/4/2025
	1/6/2025 Spicy Chicken & Waffles Tater Tots Sliced Cucumbers Grape Tomatoes Broccoli Strawberries Fresh Fruit Milk	1/7/2025 Beef Pasta Bake Steamed Corn Garden Salad Cucumber Slices Grape Tomatoes Garlic Bread Stick Sliced Pears Fresh Fruit Milk	1/8/2025 Hot Dog on Bun Tater Tots Baked Beans Grape Tomatoes Fresh Broccoli Banana Fresh Fruit Milk	1/9/2025 Chicken Noodle Soup & Toasted Cheese Sandwich Garden Salad Carrots Garbanzo Beans Sliced Peaches Fresh Fruit Milk	1/10/2025 Wings & Things Lemon Pepper Wings Onion Rings Gold Rush Juice Carrots Celery Orange Wedges Fresh Fruit Milk
	1/13/2025 Spicy Chicken Sandwich Sweet Potato Fries Cucumber Slices Broccoli Carrots Sliced Pears Fresh Fruit Milk	1/14/2025 Walking Taco Beef & Cheese Black Beans Seasoned Corn Grape Tomatoes Garden Salad Orange Wedges Milk	1/15/2025 Hamburger or Cheeseburger on Bun Tater Tots Baked Beans Grape Tomatoes Fresh Broccoli Banana Fresh Fruit Milk	1/16/2025 Oven Fried Chicken Sweet Potatoes Homemade Wheat Rolls Green Beans Grape Tomatoes Sliced Pear Fresh Fruit Milk	1/17/2025 French Toast Sticks Sausage Links Tater Tots Gold Rush Juice Fresh Broccoli Chickpeas Apple Fresh Fruit Milk
	1/20/2025  <i>I Have A Dream</i> <i>Martin Luther King, Jr. Day</i>	1/21/2025 Chili with Fritos Steamed Corn Steamed Broccoli Carrots Garbanzo Beans Sliced Peaches Fresh Fruit Milk	1/22/2025 Cheesy Bread or Pepperoni Cheese Bread w/Marinara Sauce French Fries Sliced Cucumbers Garden Salad Celery Banana Fresh Fruit Milk	1/23/2025 Oven Roasted Chicken Mac & Cheese Green Beans Carrots Celery Cornbread Muffin Orange Wedges Fresh Fruit Milk	1/24/2025 Chili Hot Dog Tater Tots Baked Beans Grape Tomatoes Fresh Broccoli Mixed Fruit Fresh Fruit Milk
	1/27/2025 Spicy Chicken & Waffles Tater Tots Sliced Cucumbers Grape Tomatoes Broccoli Sliced Peaches Fresh Fruit Milk	1/28/2025 Beef Pasta Bake Steamed Corn Garden Salad Cucumber Slices Grape Tomatoes Garlic Bread Stick Sliced Pears Fresh Fruit Milk	1/29/2025 Meatball Sub w/Marinara Sauce French Fries Broccoli Carrots Sliced Cucumbers Banana Fresh Fruit Milk	1/30/2025 Chicken Noodle Soup & Toasted Cheese Sandwich Garden Salad Carrots Garbanzo Beans Sliced Peaches Fresh Fruit Milk	1/31/2025 Spicy Chicken Tender Sub w/Ranch Sauce Chickpeas Carrots Celery Apple Fresh Fruit Sliced Peaches Milk