



School Health Advisory Council

Meeting Minutes

02/10/25

Opening

The second annual meeting of the Willis ISD SHAC committee was called to order at 10:44 am on 02/10/25 via a Zoom Webinar and in-person meeting by Hailey Dobraski, RN, BSN, Director of Nursing for Willis ISD.

Present

Hailey Dobraski, RN, BSN - Director of Nursing for Willis ISD

Caroline Cruz- Montgomery County/Texas A&M Agrilife

Stephanie Holt - Community Member

Tina Wienecke - Community Member

Jessica Peoples - Parent / SHAC Co-Chair

Jessica Delph - Parent

Kim Peet - Parent

Non-member attendees

Travis Utecht - Executive Director of Student Services

Sharon Jones- Menu and Compliance Supervisor for WISD Child Nutrition Department

Michael Northey-Child Nutrition Director

Not Present

Michelle Scaife - Montgomery County / Texas A&M Agrilife

Kristen Beakley- Parent

Natalie Pasket- Parent

Megan Imel-Parent

Open Meeting

Hailey Dobraski, RN, BSN opened the meeting at 10:44 am on 02/10/25. All participants introduced themselves and their roles in the community and/or district.

Guest Introduction: Sharon Jones, who is the Menu and Compliance Supervisor for the WISD Child Nutrition Department.

Old / Continuing Business

Hailey followed up on the previous topic of the SHAC Newsletter, which will be for the months of February and March.

She presented the newsletter with the topics to include:

- SHAC Co-Chair introduction
- February is Heart Month
- March is National Nutrition Month, information written by Sharon Jones
- Sleep Deprivation information written by Tina Wienecke, will write another submission for April's newsletter
- Health Services included health education on the Flu and Flu prevention
- Safety Services included information on safety in our school

New Business

Sharon Jones met with the committee to discuss and receive feedback on potential healthier, carb-friendly menu items for our diabetic students.

- Sharon explained how the nutrition guidelines are to be followed for every meal and asked for feedback from the committee.
- Suggestions were made, and will be taken back to the Child Nutrition Department to see if any changes can be made

Agenda for Next Meeting: 04/11/25 @ 10:30 AM : To Be Announced

Adjournment

Meeting was adjourned at 11:11 am by Hailey Dobraski. The next general meeting will be at 10:30 am on 04/11/25. Meeting will be a combo / in person and Zoom meeting.