

# BLUE HAWK NEWS

## CAMPAIGN UPDATE

The PTO's Box Top Challenge is off to a great start! Students and families have been challenged to raise \$200 through this campaign. In last week's newsletter we reported that the campaign ran through the end of the year. This is incorrect. This challenge officially begins on March 1st and will continue through the month of March. If this \$200 goal is reached by the end of March, students will be awarded an extra recess! The campaign has already raised \$42.40 and hasn't even officially begun. Participation is simple:

1. Download the Box Tops for Education App (Using this QR code earns us a \$5 bonus, if you scan your first receipt within 14 days)
2. Buy the groceries you normally buy, where you normally shop
3. Within 14 days of shopping, open the app
4. Scan and submit your receipt
5. Any Box Tops products will be automatically identified and earnings will be credited to our account. There is nothing to cut out or collect.
6. Continue to scan and submit your receipts each time you shop

Funds raised will be used to purchase minor playground equipment.



Referral Code: MEK01513

## Basketball Wraps Up

This Saturday is the last day for 3-6 grade boys and girls basketball. Regular skill development practices will be 9:00 and 10:00 this Saturday morning. Players showing up for morning practice will also get one last chance to show their skills during halftime of the high school games that night, which is also Senior Night. We ask that all players be seated with their team and coaches in the bleachers or with parents. There will be a lot of fans present for the games, so the less foot traffic we have in the high school, the better. Thank you parents for being supportive of your child participating in this program, and a special thank you to the adults who volunteered to coach!

## TIME FLIES

**Monday, February 17th** marks mid 3rd quarter. This is a very good time to check your student's progress. Infinite Campus can be a wealth of information. You will find current grades as well as any missing assignments listed there. If you have questions or concerns about their progress, please don't hesitate to reach out to the teacher. Teacher email addresses are available in Infinite Campus as well as on our website at <https://www.thompsonfalls.net/directory>. Having trouble logging into Infinite Campus, call us. We are happy to help!

## It's Cold and Flu Season

Unfortunately, it is that time of year! Sanders County has been hit with Influenza A, RSV, Covid, Norovirus, as well as the common cold and stomach flu. Please keep your child home until they are fever free for 24 hours without the use of Tylenol or Ibuprofen. They should also not return to school until 24 hours after they vomited for the last time. Things at home you can do to help your family stay well: get plenty of sleep, drink plenty of water, eat a lot of fruits and vegetables, and wear appropriate winter gear for the cold weather conditions. Thank you for your cooperation!

## Important Happenings

2/13	REACH (after school program for Gr 3-8) 3:30-5:00PM
2/14	Classroom Valentine Parties - in afternoon
2/14	FUN FRIDAY - Cupid Day
2/14	Popcorn Friday - sponsored by Jenny's Travel Agency
2/14	Early out—2:05PM
2/15	3rd-6th Basketball...Boys-9AM, Girls-10AM—EL Gym
2/15	3rd-6th Basketball Games ..@ halftime of HS Games
2/17	Mid 3rd Quarter
2/19	School Spelling Bee - 2:00PM - Band Room
2/21	<b>NO SCHOOL</b>
2/24	REACH (after school program for Gr 3-8) 3:30-5:00PM
2/26	Muffins with Moms - 7:30AM - Elem Cafeteria
2/26	REACH (after school program for Gr 3-8) 3:30-5:00PM
2/27	REACH (after school program for Gr 3-8) 3:30-5:00PM
2/28	<b>NO SCHOOL</b>
3/3	Running Start begins
3/3-3/7	Read Across America Week
3/3	REACH (after school program for Gr 3-8) 3:30-5:00PM
3/4	PTO Meeting—4:30PM in the Elementary
3/5	REACH (after school program for Gr 3-8) 3:30-5:00PM
3/6	REACH (after school program for Gr 3-8) 3:30-5:00PM
2/14	FUN FRIDAY - Dr Seuss Day
3/14	<b>NO SCHOOL</b>
3/17-3/22	MCT Residency - The Pied Piper
3/17	MCT Auditions - 3:30 - Elem Gym
3/18	Class Pictures taken by Legacy Photography
3/21	MCT Production
3/21	End of 3rd Quarter
3/21	FUN FRIDAY - Rock Your Socks! Fundraiser
3/28	FUN FRIDAY - Fairy Tale Day
4/21-4/25	<b>NO SCHOOL - Spring Break</b>
5/26	<b>NO SCHOOL - Memorial Day</b>

## Thompson Falls Elementary

Mr. Len Dorscher,  
Principal

School web site:

<https://tfes.thompsonfalls.net>



ThompsonFallsSchools



**The Power of Positive Feelings**

I love the smell of burnt toast! That aroma, coupled with the odor of overcooked coffee, always leaves a warm feeling in my heart.

I once met a woman who loved the sound of trains. In fact, she loved this sound so much that she purchased a house near the tracks so that she could experience the bone-rattling rumbles and blaring horns 24 hours a day.

Like this woman, I learned to love something because of unconscious associations I developed through my experience as a child. Every time I went to my loving grandparents' home, my grandmother managed to burn the toast...and burn the coffee. The woman who loved the sounds of trains had a similar experience. Her loving grandmother lived—you guessed it—next to train tracks.

The power of positive feelings is immense! When our kids experience love and joy coupled with chores, they will learn to associate doing chores with positive feelings. When they experience warmth and affection coupled with learning, they will learn to associate academics with positive feelings.

When they feel our joy as we parent or educate them, they're far more likely to live a life filled with excitement and motivation instead of apprehension and apathy.

Sometimes I get shortsighted. Sometimes I forget all of this. Sometimes I allow myself to get cross, short, or impatient, thinking that somehow my negativity will inspire my kids to learn cheerfully or complete their daily chores with a positive attitude. I forget all of this when I don't take good care of myself.

**Kids don't remember all of the things we try to teach them, but they will always remember how they felt when they were around us.**

We believe that one of the characteristics of effective parents and educators is that they engage in healthy self-care. Not only does practicing healthy self-care benefit us, it provides a model of healthy behavior for our kids.

Remember to take great care of yourself so that you can give them the gift of loving learning, loving responsibility, and loving themselves.

***Each week we will share Love & Logic tips here. We also have many Love & Logic resources available for loan.***

***Contact our school counselor, Ms. Taylour Freed, for more info.***