



**2025-26**

***Fall & Winter***

***POM TRYOUTS***

***Got dance skills?***

**Come tryout for  
Northern High School's  
Dance Team**

***“The Patriot Poms”***

**Tryouts are April 28<sup>th</sup>-30<sup>th</sup>**

**from 4-7 p.m. in the Large Gym**

**Finals on May 1<sup>st</sup>**

**from 3-6 p.m. in the Small Gym**

Students must have a current physical on file.

Questions can be directed to [nhspoms1@gmail.com](mailto:nhspoms1@gmail.com).

# NORTHERN POMs TRYOUTS

***April 28<sup>th</sup>-30<sup>th</sup> and May 1<sup>st</sup>***

**Monday through Wednesday (4-7 p.m.):**

*Learn routine and practice technique!*

**Thursday (3-6 p.m.): Final Tryout**

*(Each group will have an assigned time)*

## **Rules and Expectations**

1. School year practices will be Tuesdays and Thursdays from 2:30-4:30 p.m. All practices are mandatory! *We do practice one evening a week during the summer starting after the July 4<sup>th</sup> holiday, day and time TBD.*
2. We perform at half-time of home Varsity Football games during the Fall season and home Varsity Boys Basketball games (as well as some Varsity Girls Basketball games) during the Winter season (schedules to be determined). You will perform during games at the discretion of the coaches.
3. Out-of-pocket costs to parents will be roughly \$200 for returning members and approximately an additional \$300 for new members (this does not include camp fees). These costs are broken into payments throughout the summer and fall.
4. Absolutely NO cell phones during practice time or game time.
5. You must be dressed in the proper uniform for both practice and game days. You must have the correct shoes on your feet at all practices. Improper uniforms may result in loss of performing privileges.
6. We sit together at all games. Our job is to demonstrate school spirit!!!
7. You must maintain athletic eligibility at all times.
8. Most importantly - HAVE FUN!!!



Interested in trying out for  
Northern's Patriot Poms Dance Team?

Sign up here for reminders!

