

This is not a Seneca Valley sponsored event.

Glade Run Adventures

THERAPEUTIC LESSONS



**THE GOAL OF
OUR LESSONS:
FUN! FOCUS! FRIENDS!**

ABOUT US

At Glade Run Adventures, we offer individuals hands-on opportunities to **connect, learn and thrive** through experiences with animals, plants and the natural world. Our programs are designed to support those facing emotional and behavioral challenges, helping them reach their mental health goals in a safe environment.

INTERESTED IN SIGNING UP?

Step 1:

Scan the QR Code to fill out our questionnaire.



Step 2:

Adventures staff will reach out to schedule a tour.

EQUINE ASSISTED LEARNING

Enjoy exploring activities with our equine partners: trail rides, obstacle courses, cart driving, in-hand challenges and horsemanship skills. Lessons are led by enthusiastic educators with extensive equine experience.

**12 Week Session (1 lesson per week)
March 11 - May 29**

Private Lesson:

1 participant
30 minute lessons
Total Cost: \$600

Group Lesson:

3 - 4 participants
60 minute lessons
Total Cost: \$825 per participant

Contact spingenot@gladerun.org for more information

NATURE BASED LEARNING

Led by environmental educators, nature-based learning creates a space where participants can connect with the natural world through exploration. Lessons come to life in our greenhouse, outdoor classroom and garden!

8 Week Session (1 lesson per week)

Session 1: February 17 - April 11

Session 2: April 14 - June 6

Private Lesson:

1 participant
30 minute lessons
Total Cost: \$280

Group Lesson:

3 - 4 participants
60 minute lessons
Total Cost: \$200 per participant

Contact bgrygo@gladerun.org for more information