

# \*Newfield\* High School

Welcome to our  
Lunch Cafe

3/3/2025 - 3/7/2025

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



Easy Cheesy Vegetable Wrap  
crisp lettuce and cucumber with juicy tomatoes and a layer of cheese wrapped in a cream cheese coated tortilla

Homemade Baked Pasta with Cheese  
pasta topped with melted cheese, baked to perfection

Pizza Burger  
burger topped with pizza sauce, mozzarella cheese and romaine lettuce on a bun

Honeyfire Kitchen Chicken Sandwich  
freshly prepared chicken drizzled with honey fire sauce

Pepperoni Quesadilla  
melted cheese and pepperoni folded inside a grilled whole wheat tortilla



Crispy Potato Puffs  
crisp potato puffs baked to perfection  
Baby Carrots  
Fresh Banana

Glazed Carrots  
carrots in a buttery brown sugar glaze  
Cucumber Coins  
Fresh Apple  
Diced Peach Cup

Sweet Corn  
Side Garden Salad  
Fresh Orange  
Diced Peach Cup

Black Beans  
Caesar Salad  
Fresh Orange  
Fresh Pear

Steamed Broccoli Romaine & Chickpea Salad with 2 Dinner Rolls  
Fresh Orange Applesauce

Available daily: Carrots, Cucumbers, Side Salads, Apples, Oranges, Cupped Fruit and 100% Fruit Juice



Classic Chef Salad  
fresh lettuce topped with sliced deli meats and cheeses

Turkey & Cheese Sandwich  
freshly made and thinly sliced turkey and cheese sandwich

Chicken Caesar Salad  
fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls

American Combo Sandwich  
freshly made sandwich with thinly sliced turkey, ham and cheese

Fruity Granola Parfait  
Low fat vanilla yogurt layered with fruit and granola

Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk



Chicken Caesar Wrap  
freshly made tortilla wrap filled with sliced chicken, crisp lettuce, and cheese topped with low-fat Caesar dressing

Buffalo Chicken Wrap  
warm chicken marinated in Buffalo sauce wrapped in a tortilla with lettuce and tomato

Turkey

BBQ Chicken  
chicken coated in BBQ sauce

Chicken Fajita  
seasoned chicken

Available Daily: Assorted cold cuts, cheeses and whole grain rich bread, rolls and wraps along with vegetable toppings



Crispy Chicken Sandwich  
warm crispy breaded chicken on a bun prepared in-house

Grilled Cheese Sandwich Meltedown Café  
golden toasted bread with melted gooey cheese pressed and prepared in-house

NY Beef Burger  
beef burger on a freshly toasted bun

Chicken Sandwich

Cheeseburger  
burger topped with cheese on a freshly toasted bun

Available Daily: Grilled Cheese, Veggie Burgers, Hamburger/Cheeseburger (T/TH), Chicken Patties and Spicy Chicken



Broccoli Pizza  
cheese pizza topped with broccoli

Pizza Bagel  
melted cheese and tomato sauce on a toasted bagel, baked to perfection

Pepperoni Pizza  
cheese pizza topped with pepperoni

French Bread Pizza  
crispy French bread smothered with tomato sauce and melted cheese

Meatball Pizza  
meatballs over a cheesy slice of pizza

Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough



Chicken & Cheese Quesadilla  
hand crafted grilled flour tortilla filled with juicy chicken and melty cheese

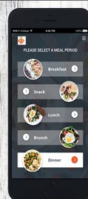
Nachos Grande  
tortilla chips topped with freshly prepared mexi style meat and cheese

Turkey Taco Salad in a Tortilla Bowl  
a hand made crispy tortilla bowl filled with freshly mixed salad and topped with turkey taco meat and shredded

Ranch & Chicken Quesadilla  
homemade fiesta chicken, mozzarella and ranch dressing melted into a warm tortilla

Nachos with Cheese  
creamy cheese layered over a bed of nachos

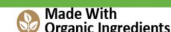
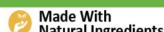
Available Daily: Nachos, Cripsy and Soft Tacos, Rice, Cheese and Shredded Cheddar Cheese and Shredded Lettuce,



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WHITSON'S  
School Nutrition

# \*Newfield\* High School

Welcome to our  
Lunch Cafe

3/10/2025 - 3/14/2025

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



Cheesy Stuffed Bread Sticks  
*baked bread sticks filled with melted cheese* 🌱  
Tomato Sauce

Homemade French Toast  
*slices of bread coated in an egg batter, with cinnamon and vanilla.* 🌱  
With Sausage Patty And Syrup

BBQ Chicken Nachos  
*crispy nacho tortilla chips with chicken, carrots, tomatoes and cabbage* 🌱

Incredibowls Chicken & Vegetable Rice  
*fluffy rice topped with vegetable stir fry and baked chicken* 🌱

Pasta with Sauce  
Whole Wheat Dinner Roll



Steamed Broccoli  
Baby Carrots  
Fresh Pear  
Applesauce

Crispy Potato Puffs  
*crisp potato puffs baked to perfection*  
Cucumber Coins  
Fresh Banana  
Fresh Apple

Black Beans  
Caesar Salad  
Fresh Orange  
Fresh Pear

Steamed Carrots  
Chickpea Salad  
Fresh Apple  
Diced Pear Cup

Sweet Corn  
Side Garden Salad  
Fresh Orange  
Diced Peach Cup



Garden Salad with Cheese Entree  
*fresh garden salad topped with cheese* 🌱

Turkey & Cheese Sandwich  
*freshly made and thinly sliced turkey and cheese sandwich*

Very Berry Smoothie  
*freshly blended mix of berries with yogurt* 🌱  
With Pretzel

Ham & Cheese Sandwich  
*freshly made and thinly sliced ham and cheese on a sandwich* P

Turkey Sandwich  
*freshly made sandwich with thinly sliced turkey*

Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk



Vegan Hummus Wrap Halal  
*creamy hummus spread over a soft tortilla rolled up with a variety of hand sliced crispy vegetables* 🌱 🌱 🌱

Chicken Caesar Wrap  
*freshly made tortilla wrap filled with sliced chicken, crisp lettuce, and cheese topped with low-fat Caesar dressing* 🌱

Tuna Salad Sandwich  
*freshly made sandwich topped with creamy tuna salad* 🌱

Spicy Buffalo Chickpea Wrap  
*freshly roasted chickpeas coated in hot sauce with freshly seasoned lettuce, tomatoes and onions in a soft wrap* 🌱 🌱 🌱

Ham & Cheese Sandwich  
*freshly made and thinly sliced ham and cheese on a sandwich* P

Available Daily: Assorted cold cuts, cheeses and whole grain rich bread, rolls and wraps along with vegetable



Spicy Chicken Sandwich  
*warm spicy chicken breaded cutlet prepared in-house*

NY Beef Burger  
*beef burger on a freshly toasted bun*

Grilled Cheese Sandwich Meltown Café  
*golden toasted bread with melted gooey cheese pressed and prepared in-house* 🌱

Cheeseburger  
*burger topped with cheese on a freshly toasted bun*

Spicy Chicken Sandwich  
*warm spicy chicken breaded cutlet prepared in-house*

Available Daily: Grilled Cheese, Veggie Burgers, Hamburger/Cheeseburger (T/TH), Chicken Patties and Spicy Chicken



Pizza Bagel  
*melted cheese and tomato sauce on a toasted bagel, baked to perfection* 🌱 🌱

Pepperoni Pizza  
*cheese pizza topped with pepperoni*

French Bread Pizza  
*crispy French bread smothered with tomato sauce and melted cheese* 🌱

Meatball Pizza  
*meatballs over a cheesy slice of pizza*

Broccoli Pizza  
*cheese pizza topped with broccoli* 🌱

Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough



Chicken Fajita  
*seasoned chicken*

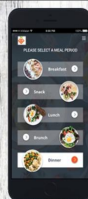
Crispy Tacos  
*homemade spicy taco meat inside a crispy taco shell topped with cheese*

Chicken Fajita  
*seasoned chicken*

Soft Tacos  
*freshly prepared fiesta-style meat with melted cheese wrapped in a warm soft taco shell*

Cheese Quesadilla  
*freshly grilled flour tortilla with melted cheese* 🌱

Available Daily: Nachos, Cripsy and Soft Tacos, Rice, Cheese Sauce and Shredded Cheddar Cheese and Shredded Lettuce,



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# \*Newfield\* High School

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Lunch Cafe

3/17/2025 - 3/21/2025

**MEATLESS MONDAY**  
**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



Toasty Garlic  
Mozzarella Sandwich  
with Tomato  
toasted garlic bread  
sandwich stuffed with  
mozzarella and tomato  
🌱🌱

Mozzarella Sticks  
crispy mozzarella sticks  
filled with gooey cheese,  
perfect for dipping into  
your favorite sauce 🌱  
Tomato Sauce

Homemade Mac &  
Cheese  
pasta in cheese sauce,  
garnished with parsley  
🌱🌱  
Or Chicken Fajita  
Mac & Cheese 🌱

Chicken Nuggets  
crispy breaded chicken  
nuggets perfect for  
dipping in your favorite  
sauce  
Dinner Rolls

Tot Spot's Buffalo  
Chicken Tater Tots  
crispy tater tots topped  
with buffalo chicken and  
drizzled with ranch  
dressing and scallion  
garnish 🌱



Buttered Corn  
Cucumber Coins  
Fresh Orange  
Applesauce

Glazed Carrots  
carrots in a buttery brown  
sugar glaze  
Chickpea Salad  
Fresh Pear  
Diced Peaches



Green Beans  
Baked French Fries  
Fresh Apple  
Blueberries

Steamed Broccoli  
Celery Sticks  
With Ranch Dressing  
Fresh Strawberries  
Diced Peach Cup



Steamed Carrots  
Celery Sticks  
Fresh Apple  
Fresh Orange



Cobb Salad  
fresh lettuce topped with  
bacon, baked chicken,  
shredded cheddar, and  
chopped egg 🌱

Garden Salad with  
Cheese Entree  
fresh garden salad  
topped with cheese 🌱

American Combo  
Sandwich  
freshly made sandwich  
with thinly sliced turkey,  
ham and cheese P

Veggabol Fiesta Rice  
and Beans Bowl  
steamed rice over  
seasoned black beans,  
corn and salsa topped  
with fresh lettuce, onions,  
peppers and cilantro 🌱

Fruity Granola Parfait  
Low fat vanilla yogurt  
layered with fruit and  
granola 🌱🌱

Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk



Vegan Hummus  
Wrap Halal  
creamy hummus spread  
over a soft tortilla rolled  
up with a variety of hand  
sliced crispy vegetables  
🌱🌱🌱

Chicken Caesar  
Wrap  
freshly made tortilla wrap  
filled with sliced chicken,  
crisp lettuce, and cheese  
topped with low-fat  
Caesar dressing 🌱

Tuna Salad  
Sandwich  
freshly made sandwich  
topped with creamy tuna  
salad 🌱

Buffalo Chicken  
Wrap  
warm chicken marinated  
in Buffalo sauce wrapped  
in a tortilla with lettuce  
and tomato 🌱

Turkey & Cheese  
Sandwich  
freshly made and thinly  
sliced turkey and cheese  
sandwich

Available Daily: Assorted cold cuts, cheeses and whole grain rich bread, rolls and wraps along with vegetable



Grilled Cheese  
Sandwich Meltdown  
Café  
golden toasted bread  
with melted gooey  
cheese pressed and  
prepared in-house 🌱

NY Beef Burger  
beef burger on a freshly  
toasted bun

Spicy Chicken  
Sandwich  
warm spicy chicken  
breaded cutlet prepared  
in-house

Cheeseburger  
burger topped with  
cheese on a freshly  
toasted bun

Crispy Chicken  
Sandwich  
warm crispy breaded  
chicken on a bun  
prepared in-house

Available Daily: Grilled Cheese, Veggie Burgers, Hamburger/Cheeseburger (T/TH), Chicken Patties and Spicy Chicken



French Bread Pizza  
crispy French bread  
smothered with tomato  
sauce and melted  
cheese 🌱

Meatball Pizza  
meatballs over a cheesy  
slice of pizza

Pizza Bagel  
melted cheese and  
tomato sauce on a  
toasted bagel, baked to  
perfection 🌱🌱

Pepperoni Pizza  
cheese pizza topped with  
pepperoni

Homemade Meat  
and Cheese Stromboli  
chopped meat and  
melted cheese wrapped  
in a pizza dough 🌱

Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough



Nachos with Cheese  
creamy cheese layered  
over a bed of nachos 🌱

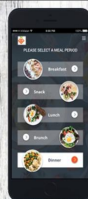
Crispy Tacos  
homemade spicy taco  
meat inside a crispy taco  
shell topped with cheese

Nachos Grande  
tortilla chips topped with  
freshly prepared mexi  
style meat and cheese  
🌱

Soft Tacos  
freshly prepared fiesta-  
style meat with melted  
cheese wrapped in a  
warm soft taco shell

Chicken & Cheese  
Quesadilla  
hand crafted grilled flour  
tortilla filled with juicy  
chicken and melty  
cheese

Available Daily: Nachos, Cripsy and Soft Tacos, Rice, Cheese Sauce and Shredded Cheddar Cheese and Shredded Lettuce,



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3/24/2025 - 3/28/2025

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



Mozzarella Sticks  
crispy mozzarella sticks  
filled with gooey cheese,  
perfect for dipping into  
your favorite sauce 🌱  
With Tomato Sauce  
Whole Wheat Dinner  
Roll

General Tso's  
Chicken  
crispy chicken with  
broccoli in General Tso's  
sauce 🌱  
With Brown Rice

Meatball Hero  
freshly baked meatballs  
mixed in a rich tomato  
sauce inside a soft roll  
topped with melted  
mozzarella

Whole Grain  
Pancakes with  
Sausage  
light and fluffy pancakes  
served with a sausage  
patty

Chicken Nuggets  
crispy breaded chicken  
nuggets perfect for  
dipping in your favorite  
sauce  
Whole Wheat Dinner  
Roll



Glazed Carrots  
carrots in a buttery brown  
sugar glaze  
Cucumber Coins  
Fresh Apple  
Diced Peach Cup

Steamed Broccoli  
Cucumber Coins  
Fresh Banana  
Fresh Blueberries

Green Beans  
Caesar Salad  
Fresh Orange  
Applesauce



Crispy Potato Puffs  
crisp potato puffs baked  
to perfection  
Chickpea Salad  
Fresh Apple  
Diced Pear Cup

HARVEST

Sweet Potato Fries  
Cucumber Coins  
Fresh Strawberries  
Fresh Pear



Garden Salad with  
Cheese Entree  
fresh garden salad  
topped with cheese 🌱

Turkey & Cheese  
Sandwich  
freshly made and thinly  
sliced turkey and cheese  
sandwich

Veggabul Taco Bean  
Tortilla Bowl  
seasoned beans set on  
top of crisp lettuce in a  
whole grain tortilla bowl  
topped with tomatoes,  
cucumbers and cilantro

Ham & Cheese  
Sandwich  
freshly made and thinly  
sliced ham and cheese  
on a sandwich P

Fruity Granola Parfait  
Low fat vanilla yogurt  
layered with fruit and  
granola 🌱 🌱

Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk



Vegan Hummus  
Wrap Halal  
creamy hummus spread  
over a soft tortilla rolled  
up with a variety of hand  
sliced crispy vegetables  
🌱 🌱 🌱

Chicken Caesar  
Wrap  
freshly made tortilla wrap  
filled with sliced chicken,  
crisp lettuce, and cheese  
topped with low-fat  
Caesar dressing 🌱

Tuna Salad  
Sandwich  
freshly made sandwich  
topped with creamy tuna  
salad 🌱

Buffalo Chicken  
Wrap  
warm chicken marinated  
in Buffalo sauce wrapped  
in a tortilla with lettuce  
and tomato 🌱

Honey Mustard  
Chicken Wrap  
freshly sliced chicken  
strips arranged under  
crisp lettuce and  
tomatoes drizzled with  
honey mustard dressing

Available Daily: Assorted cold cuts, cheeses and whole grain rich bread, rolls and wraps along with vegetable



Grilled Cheese  
Sandwich Meltdown  
Café  
golden toasted bread  
with melted gooey  
cheese pressed and  
prepared in-house 🌱

NY Beef Burger  
beef burger on a freshly  
toasted bun

Spicy Chicken  
Sandwich  
warm spicy chicken  
breaded cutlet prepared  
in-house

Cheeseburger  
burger topped with  
cheese on a freshly  
toasted bun

Crispy Chicken  
Sandwich  
warm crispy breaded  
chicken on a bun  
prepared in-house

Available Daily: Grilled Cheese, Veggie Burgers, Hamburger/Cheeseburger (T/TH), Chicken Patties and Spicy Chicken



French Bread Pizza  
crispy French bread  
smothered with tomato  
sauce and melted  
cheese 🌱

Broccoli Pizza  
cheese pizza topped with  
broccoli 🌱

Pizza Bagel  
melted cheese and  
tomato sauce on a  
toasted bagel, baked to  
perfection 🌱 🌱

Pepperoni Pizza  
cheese pizza topped with  
pepperoni

Classic Cheese  
Pizza  
whole grain pizza crust  
topped with rich tomato  
sauce and melted  
mozzarella cheese 🌱

Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough



Nachos with Cheese  
creamy cheese layered  
over a bed of nachos 🌱

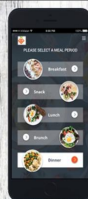
Crispy Tacos  
homemade spicy taco  
meat inside a crispy taco  
shell topped with cheese

Nachos Grande  
tortilla chips topped with  
freshly prepared mexi  
style meat and cheese  
🌱

Soft Tacos  
freshly prepared fiesta-  
style meat with melted  
cheese wrapped in a  
warm soft taco shell

Chicken & Cheese  
Quesadilla  
hand crafted grilled flour  
tortilla filled with juicy  
chicken and melty  
cheese

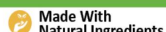
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School Nutrition

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Welcome to our  
Lunch Cafe

3/31/2025 - 3/31/2025

MEATLESS  
MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



SCHOOL  
CLOSED  
TODAY



Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk



Available Daily: Assorted cold cuts, cheeses and whole grain rich bread, rolls and wraps along with



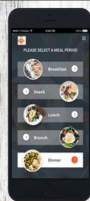
Available Daily: Grilled Cheese, Veggie Burgers, Hamburger/Cheeseburger (T/TH), Chicken Patties and



Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza



Available Daily: Nachos, Crispy and Soft Tacos, Rice, Cheese Sauce and Shredded Cheddar Cheese and



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