Personal Development Curriculum - Registration Programme

Each half-term is themed around one of our core values (for students' weekly Personal Development slot) and around one of the PSHE strands (for students' Character & Culture slot). Weekly registration sessions are designed to build students' understanding of how to apply our values in real life scenarios, promote emotional self-awareness and develop critical thinking and oracy skills.

Personal Development	1	2	3	4	5	6
	Kindness	**Resilience**	**Confidence**	**Kindness**	**Resilience**	**Confidence**
A good life = a virtuous life based on our values	Good words = good relations Being truthful Being compassionate Coping with adversity	Understanding our emotions Bullying Cooperation Human Rights	Staying connected Mapping your life Making important life decisions Understanding evil Supporting other's mental health	Kindness = embracing difference (Equality for Women, Neurodiversity, Amnesty Week) Creating an ethical workplace	Making good decisions Being assertive Charity Giving advice Delaying gratification	Celebrating Pride Tackling environmental challenges Happiness Gratefulness
Character & Culture	1	2	3	4	5	6
	Relationships	**Health & Wellbeing**	**The Wider World**	**Health & Wellbeing**	**The Wider world**	**Relationship with ourself**
7	Changing relationships	Disability	Hygiene	Body shaming	Community	Values-based Reflections / Target setting
8	Mental Health / Resilience	Wellbeing	Road safety	Diversity (Racism)	Respect	
9	Sexual Harrassment	Vaping	Climate Change	Diversity (Sexism)	Virtual communities	
10	Employability skills / Careers programme			Revision skills	Work experience	
11	"GCSE Mindset" (values-based)					