

**2024-2025
School Health Advisory Council (SHAC)
Meeting #3
Agenda, Recording and Minutes
February 4, 2025**

A meeting of the Midlothian ISD School School Health Advisory Council will be held February 4, 2025 beginning at 9:00 AM via TEAMS. [Link to recording of meeting.](#) The subjects to be discussed or considered or upon which any formal action may be taken are as listed below. Items do not have to be taken in the order shown on this meeting notice.

1. CALL TO ORDER

A. Announcement by the presiding officer that a quorum of members is present, that the meeting has been duly called, and that notice of the meeting has been posted in accordance with the Texas Open Meetings Act, Texas Government Code Chapter 551

2. PUBLIC COMMENT

Members of the public may address the SHAC during the public comment portion of the meeting in accordance with Board policy BED (LOCAL). Individuals wishing to speak shall email krista.tipton@midlothianisd.org by 4:00 pm the day prior to the scheduled SHAC meeting. Failing to meet this requirement will forfeit the requested public comment. According to the Texas Open Meetings Act, committee members will listen to the comments but will not conduct an interchange with the speaker. Speakers are limited to one minute each and if multiple individuals are speaking on the same item not listed on the agenda, a spokesperson must be appointed to speak.

3. INFORMATION ONLY

- Call to Order
- Reach Council
- Aramark and Child Nutrition

4. DISCUSSION/ACTION ITEMS

- District Wellness Plan vote

5. ADJOURNMENT

On this, the **30th day of January, 2025**, this Notice posted an original copy was posted in the window of the School District Administration Building at 8:00am on said date.

Krista Tipton

Krista Tipton, M. Ed
Executive Director of Administration and Student Services

The SHAC Meeting Minutes
02/04/25

1. Welcome– Krista Tipton called the meeting to order at 9:00 am and welcomed everyone and introduced the speakers for the meeting.

2. Reach Council- Casse Street presented an overview of REACH. She spoke about evidenced based curriculum, Kids Connection (curriculum based support groups K-5) which is at all 8 MISD elementary schools receiving this program. Life Skills training is a classroom based program that has been implemented at JR Irvin with 5th graders. This program is focused on life skills and goes deeper into the curriculum about communication, drug use, and dealing with stress. Cassie shared about the new curriculum that was implemented into 6th grade during the 24-25 school year which is Positive Action, which replaces Too Good For Drugs. This program covers communication, positive self concept, managing self, and the effects of drug use. A new program that has been adopted by REACH is the Blues Program. This program is designed for 8th-12th grades and focuses on how to help students change their negative thinking cycles and behaviors to positive change. This is specifically going to be used at MISD DAEP campus.

Cassie shared what outcomes of the 23-24 school year and spoke about what we have continued this 24-25 school year. She did let us know that these are opt-in programs and the number of participants continues to increase each year.

Cassie presented information about Middle School and High School presentations which happen in large groups. Topics that are covered include drug prevention and life skills.

Weekly programs occur at MISD DAEP campus. This programming includes group sessions which focus on changing negative behavior to positive behavior. This past summer REACH and MISD partnered to continue services and programming for students who need more support with drug prevention and making positive choices.

REACH also provides a summer enrichment program with rising 2nd-5th graders. This is designed as a day camp with fun activities with all the life skills and friend building skills woven throughout the day.

Cassie did an overview of the Community Coalition across Ellis County and the Youth Recovery Communities. There is an annual community event coming up which is the Prom Pop-up. During this event students are not only able to find dresses or suits, but they are also taught some life skills and drug prevention. We also have the DEA National TakeBack day. REACH will be involved with the Midlothian Community Forum with a Fentanyl Awareness presentation.

3. Aramark and Child Nutrition- Patti Hill joined us to present on the Taste Test on February 27th at the MILE. This Taste Test event is open to the community. They will be sharing new and updated breakfast items. They will also be sharing information about nutrition and any misconceptions about breakfast foods.

4. District Wellness Plan- Wendy Hein shared about the District Wellness plan. She presented where the plan can be found and shared links with the committee. Wendy spoke about what is covered in the plan. Wendy presented the recommended changes including updated nutrition links, verbiage to discourage sharing of food, outline for district celebration days, encouraging staff to reward students with non-food items, added verbiage related to District Food and Severe Allergy Plan, and added verbiage on district promotion of water hydration.

Wendy asked for comments and questions before moving to a vote on the updates. Wendy launched a poll for voting on the Wellness Plan. The updates pass 24 to 1.

A committee member asked about the flu outbreak and the impact on our campuses. Wendy Hein was able to provide some information and updates regarding the flu outbreak in the community and how we are handling it on the campuses.

5. Future Meeting Topics were shared by Krista: Nothing was presented by committee.

6. Future Meetings Dates- Krista presented the future meetings dates. April 1, 2025

7. Krista Tipton adjourned the meeting at 9:38.

Representatives in attendance:

Krista Tipton
Sabra Golden
Wendy Hein
Mandy Berry
Phillip Evitt
Cheryl Wherry
Olivia McDonald
Maria Nicolas
Emma Adair
Mandie Tucker
Beth Stokman
Wendy Lewis
Lori Cook
Whitney Krupala
Cassie Street
Jason Milholen
Lisa Huski
Katie Tackett
Kellee Rios
Quynh Tran
Brooks Williams
Alexis Valentine

Bryce Mckee
Tim Perkins
Joelle Wall
Jolene Bargsley
Casey Pfeiffer
Patti Hill
Aaron Carroll
Jessica Martin
Rachel Bryant