



ROCK CREEK ELEMENTARY


FLAG FOOTBALL


SOCCER


BASKETBALL

SCAN ME




FLAG GAMES


JAI ALAI


FRISBEE GOLF

Fridays | April 18 - May 23 | Ages 7-9 | 3:00-4:00 PM

Meeting Point: Your child will meet their coach in the gym immediately after school.

MULTI-SPORTS FUN FOR EVERY CHILD!

Our class focuses on building Fundamental sports skills in an Understandable, Non-competitive way—making learning F.U.N. with interactive, age-appropriate activities that keep kids excited and confident to play!

- ✓ Build confidence & coordination
- ✓ Enjoy active play in a non-competitive environment
- ✓ Every child gets equipment & every child plays

Kids will laugh, learn, and grow through our sports-powered physical education classes.

**\$120/child
(5) Sessions**



**SKIP THE BORING, JUMP TO THE FUN!
SCAN OR REGISTER ONLINE!**

WWW.KIDOKINETICS.COM/NWPORTLAND

OUR 4-CORE KINETICS

Kinetics is like having a superpower that makes your body and brain work together. Kidokinetics helps kids unlock their 4-Core Kinetics & gain valuable life skills:



TEAM KINETICS

Make friends & build social skills



EMOTION KINETICS

Handle stress & practice empathy



BODY KINETICS

Get stronger & stay healthy



BRAIN KINETICS

Think creatively & solve problems



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