

WESTERLY PUBLIC SCHOOLS
23 Highland Avenue
Westerly, RI 02891
Health & Wellness Sub-Committee Meeting
December 10, 2024

4:30 PM

MINUTES

1. Call to Order
L. Wycall called the meeting to order at 4:30 p.m. Present in addition to L. Wycall were K. Wagner, J. Perrin, L. Wentworth, C. Speranza, K. Ploettner, E. Nyberg, A. Serra, B. Horton and A. Goethals.
2. Approval of Minutes from 10-8-24
J. Perrin made a motion to approve the minutes, seconded by C. Speranza. The motion passed unanimously.
3. Public Comment
None
4. Food Service Report
L. Wycall introduced WPS' new Food Service Director, Leigh Wentworth. L. Wentworth reviewed menu changes across the district.
5. Student Report
A. Serra and E. Nyberg reported on the upcoming midterms and the growing membership of VAASA.

L. Wycall made a motion to move agenda item 9d up to be discussed under the Project AWARE Report.
6. Project AWARE Report
Samantha Brinz from RIDE and Erika Iafrate from RIDoH gave an overview of the school health regulations, PE and health education frameworks and the CDC's framework for addressing health in schools.
7. WPS Green Team Report
No report
8. Old Business
None

9. New Business

- a. Health & Wellness Charter and Policy Review
L. Wycall briefly reviewed the proposed changes to Policy 5010. The subcommittee will continue to review both the charter and policy at the next meeting.
- b. Health & Wellness Membership
Membership will be reviewed at the next meeting.
- c. Mental Health Community Resources
Mental health community resources will be discussed at the next meeting.
- d. Health 101: RI School Health Regulations
This presentation was moved to earlier in the meeting.

10. Future Agenda Items

11. Other

12. Adjournment

J. Perrin made a motion to adjourn the meeting at 5:30 p.m., seconded by C. Speranza. The motion passed unanimously.

Respectfully submitted,

Lori Wycall
Health & Wellness Chair