

Lincoln Public Schools
Health & Wellness Committee
November 14, 2018
Meeting Minutes

The meeting was called to order at 8:05 AM and introductions were made.

Mary Anne Roll reported on the results of the June 2018 surveys completed by Principals. The survey's focus was on the status of the implementation of the District's Wellness Policy at the school/classroom level. As in the past, the annual surveys provide schools the opportunity to make note of areas of health/wellness that are of concern. The results of the survey are included in the Annual Report that will be provided to the School Committee at its November meeting. Mary Anne suggested that the District Wellness Committee use the feedback from the schools to guide the work for the 2018-19 school year.

Danielle Landry, the new Student Dining Director for the district, spoke briefly about the approach that Chartwell's brings to the school nutrition program, focusing on freshness of food and presentation. Participation in both lunch and breakfast programs is up slightly and trending in the right direction. Comments from members of the committee from elementary, Middle and High Schools were very positive. Danielle encouraged everyone to contact her with any questions and/or concerns. Alec Ciminello, Principal at Northern Lincoln and Danielle updated the committee on the Grab 'n Go Breakfast that is being piloted at Northern with a grant from Action for Healthy Kids.

Pam Shayer (Blackstone Valley Prevention Coalition) spoke about the support that the Prevention Coalition can bring to the District through programs and resources to support the work of the Wellness Committee, including professional development opportunities for staff.

James Williamson explained the process that he used in North Smithfield to accomplish a review and revision of their Health/PE Curricula based on the existing Framework/standards for both. He would use the same approach in Lincoln, working with staff from the elementary, Middle and High Schools.

The following Work Groups for 2018-19 were established:

1. Health/PE Curriculum K-12 review/revision.
2. Mental Health including policy and Professional Development for staff (Mental Health First Aid), School-wide Climate/Culture).
3. Communication, explore multiple vehicles for sharing of resources within the Wellness Committee and among school staff as well as with students and families.

Mary Anne will ask the Superintendent's office to send an email to all members of the Wellness Committee asking for their interest in participating in one of the Work Groups. Each Work Group will be asked to meet at least once before the next meeting of the Committee to develop a plan of work for the year. James Williamson, Caroline Frey, Allynn Grantham and Mary Anne Roll will provide leadership support for each of the three Work Groups.

Next Meeting: January 23, 2019 @ 8:00 AM

Meeting Adjourned at 9:00 AM