

LINCOLN PUBLIC SCHOOLS
HEALTH AND WELLNESS COMMITTEE

JANUARY 12, 2017

The meeting was called to order at 8:03 AM by Mary Anne Roll. Everyone was welcomed and introductions were made.

1. Wellness Committee members discussed the materials that were sent via email regarding the ASCD's "The Whole Child Initiative." Members of the committee expressed their support for the initiative agreeing that the education of the whole child is the work of the schools. Mrs. Roll expressed her concern that before taking a resolution supporting the Whole Child to the Lincoln School Committee for their approval, it would be important to consider the impact such a resolution might actually have at the school level. She suggested that at the school level there might be a number of issues that could be looked at including "homework". After discussion, Superintendent Fortunato indicated that she would speak with all the Principals about reviewing current practice at the elementary schools as well as LMS and LHS. Mrs. Roll also suggested that getting additional input from students and parents should be considered.

The Wellness Committee unanimously supported forwarding the Resolution supporting the Whole Child Initiative to the Lincoln School Committee for their support.

2. Committee Work Groups

Nutrition: Andrew Viveiros spoke on the issues of caffeine sales in the school indicating that there are pros and cons. A waiver would be required from RIDE in order to sell coffee which is prohibited under RI Nutrition Standards but allowed under federal standards. Such a waiver request might be worth asking for if it were tied to improving student tardiness. We would need some

data from the high school to support such a request and the most we could hope for would be a “pilot.” Andrew will contact RIDE to see how such a request might be received.

Andrew is also reaching out to the elementary schools to see who would like to sponsor Table Hosting events. Lincoln High School and Lincoln Middle School will be having new FLAVOR Stations and condiment carts. McCormick has new products that meet the requirements of current regulations. The salad bar at the middle school has been well received.

Adolescent Sexual Health: Rhonda Sexton reported on the status of the current SHAC initiative funded by the CDC through RIDE. The focus this year is on providing professional development for staff. GSAs are now in place to support students at both Lincoln Middle School and Lincoln High School.

3. School Reports:

Northern – teachers are planning lessons in conjunction with Martin Luther King’s Holiday, emphasizing tolerance and choices. Jump Rope for Heart will also be held this Winter.

4. Meeting Adjourned at 9:00 a.m.

NEXT MEETING: March 30, 2017