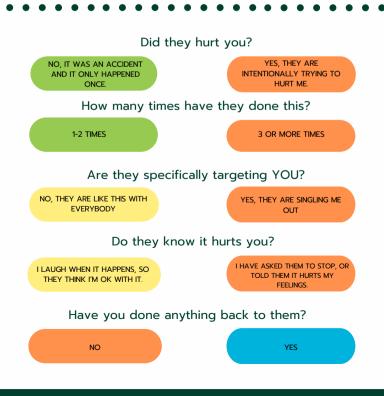


RUDEWhen someone says or does something
accidentally hurtful and they do it once.UNKINDWhen someone says or does something
purposefully hurtful and they do it once.CONFLICTWhen both people involved have caused
harm and both people have been hurtBULLYINGWhen someone repeatedly hurts you on
purpose, even after you ask them to stop or
show that you're upset.



Talking to your child about bullying helps them recognize and deal with it. Open conversations build confidence and promote kindness, respect, and empathy. By working together, we create a safe, supportive environment where kids feel valued. Let's make sure they grow up in a caring community.

PREPARING FOR THE CONVERSATION



STAY SIMPLE

Keeping it straightforward makes it easier for students to ask questions and share their feelings.



BE BRIEF

A brief discussion ensures students don't feel overwhelmed or confused by too much information at once.



BE POSITIVE

A positive approach emphasizes problem-solving, helping students understand how they can contribute to a safer environment.



REPLAY THE MESSAGE YOU HEARD FROM YOUR CHILD

This ensures you both understand the situation clearly and can address any confusion or concerns.



MAKE SURE YOUR CHILD UNDERSTANDS THAT NOBODY DESERVES TO BE BULLIED.

This helps your child recognize their value and reinforces that everyone deserves respect and kindness.

NEVER ENCOURAGE YOUR CHILD TO BULLY BACK.

It helps your child learn how to solve problems peacefully, setting an example for respectful communication.

