



# MEMO

DATE: December, 2023

TO: OU Health Plan Members

FROM: Matthew Bourgeois

RE: Weight Watchers

The OU Health Plan is piloting a 6-month Weight Watchers program to OU Health members for a one-time \$25 payment to the plan. Members can choose in-person or virtual meetings as one option or utilize the WW app to work "on their own" as another option.

Members need to specify which type of membership you want (see attached) because each one has its own set of activation codes.

Please mail in your \$25 check made payable to OU Health Plan to the address provided below. (If more than one family member wants to signup, each family member will need to submit a \$25 payment)

The plan will email you a WW activation code once the \$25 payment has been received.

For Medicare primary members, this \$25 fee will not count towards their \$300 annual deductible. This is an added plan benefit not covered by Medicare.

Members should send a \$25 check, payable to OU Health, to:  
OU Health Plan  
Attn: Sharon Rainato  
53 Gibson Rd  
Goshen, NY 10924.

Once we receive payment, we will email you the info and we can email you the activation code.

Attached are the promotional materials from WW that explains the two types of membership: Core membership (Access to WW app - does NOT include in-person or virtual mtgs) or; Premium membership (Access to WW app and access to in-person or virtual mtgs)

Members should reach out to Ann Draughan ([ann.draughan@ouboces.org](mailto:ann.draughan@ouboces.org)) or Cynthia Cannizzaro ([cynthia.cannizzaro@ouboces.org](mailto:cynthia.cannizzaro@ouboces.org)) or call OU Health at (845) 781-4890 with any questions or concerns.