



College Station ISD
School Health Advisory Council
Regular Meeting Agenda
January 15, 2025
4:30 - 5:30 PM
CSISD CTR Room

As required by the State of Texas, School Health Advisory Council meetings must meet the requirements of the Open Meetings Act, allow for public comment, prepare and keep minutes of meetings, make a recording of the meeting, and post this information on the district website.

All postings regarding the CSISD SHAC Meeting can be found at the following website:
https://www.csisd.org/departments/health_services/school_health_advisory_council_wellness_plan

The following items will be included on the agenda for the January 15, 2025 meeting:

Item Nos.	Description
A.	Call To Order / Welcome • Patty Ayala called the meeting to order at 4:33 PM.
B.	Documentation of Attendance • Members Present: Patty Ayala, Erin Ferris, Carol Fisher, Kim Ege, Bridget Goodlett, Jessica Hampton, Neo Jang, Cynthia Kokosz, Patricia Lard, Magan Smith, Jennifer Spahr, Kevin Starnes, Sara Sultz, Megan Symank, Allyson Wakefield • Guests Present: Everett Davis
C.	Approval of Minutes from the November 2024 Meeting • Motion to Approve November Minutes: Neo Jang • Second: Erin Ferris • Motion Passes
New Business	
D.	CSISD Wellness Plan Review, Presented by Magan Smith • Reviewed WellSAT Assessment, completed in February 2024. ○ The Well SAT is an assessment tool that helps schools measure the quality of their wellness policies. ○ Discussed purchasing local foods, guidelines for selling food items at school, physical education requirements, recess, health education requirements, and active transportation. • Reviewed CSISD Wellness Plan, updated in March 2024. ○ Discussed public accessibility to playgrounds and tracks

	Encouraged SHAC members to provide feedback on strengths and areas for improvement regarding the wellness plan via written survey.
E.	Any New Business
F.	Adjournment Patty Ayala called the meeting to close at 5:39 PM.
G.	Future Meeting Date(s): Wednesday, February 19 at 4:30 PM at CSISD Central Office, CTR Room