

Wellness Council Meeting Minutes

November 25, 2024

Members:

Kai Byrd (Superintendent)	Caitlin Bruni (Nurse)
Jackie Nathman (Assistant Principal)	Peter Ferrara (Chartwells Director of Dining Services)
Brandy Spargo (HR, BOE Executive Assistant)	Andrea Hubbard (Curriculum Coach)
Donna Ricciardi (Business Manager)	Panos Lapatas (Parent)
Teri Brunelli (BOE Office Assistant)	Jennifer Searles (Parent)

Attending: Kai Byrd, Brandy Spargo, Donna Ricciardi, Teri Brunelli, Jackie Nathman, Caitlin Bruni, Andrea Hubbard, Panos Lapatas, Jennifer Searles (joined 3:39pm)

Absent: None

Visitors: None

Call to Order

- Ms. Ricciardi called the meeting to order at 3:30 p.m. via Zoom.

Motion by Ms. Ricciardi to Amend Agenda to Include and Approve January & February Meeting Minutes

- First by Byrd, second by Spargo.

Approval of Minutes

- Motion** by Spargo, second by Nathman to approve January 17, 2024 meeting minutes as presented. *The motion carries 7 yes, 1 abstain (Hubbard)*
- Motion** by Ferrara, second by Brunelli to approve February 21, 2024 meeting minutes as presented. *The motion carries 9 yes*
- Motion** by Spargo, second by Brunelli to approve April 24, 2024 meeting minutes as presented. *The motion carries 7 yes, 2 abstain (Bruni, Hubbard)*

Agenda

1. Update on Staff and Student Wellness
 - a. Ms. Ricciardi provided an update.
 - Wellness Dollars available from WellSpark for challenges/webinars
 - Challenges vs Webinars
 - Better incentives = more participation
 - b. Triennial Assessment
 - Due June 2025

Future agenda items

- Approval of November 25, 2024 Meeting Minutes
- 2024-2025 Staff Wellness
- 2025 Student Wellness
- Update on Triennial Assessment

Adjournment

- Meeting adjourned at 3:52 p.m.

Next meeting: January 27, 2025