

# DAILY BULLETIN

*Cougar Family.  
Cougar Pride.*

*Learning & Connecting: Nothing Can Stop Us!*

**TUESDAY, FEBRUARY 11, 2025**

**4-DAY WEEK - NO SCHOOL FRIDAY**

<b>BIRTHDAYS</b>	<b>LUNCH</b>	<b>SENIOR CORNER</b>
No Birthdays	Turkey Tacos Rice & Beans,, Veggies, Fruit, Milk Variety.	<b>Missed FAFSA Night?</b> If you missed <b>FAFSA Night</b> , don't worry! See <b>Mrs. Accurso</b> or <b>Ms. Burke</b> for help with your financial aid application. They're here to assist you!

<b>ACADEMICS</b>	<b>ACTIVITIES</b>	<b>ATHLETICS</b>
<p>Interested in Nursing? <b>Become a CNA!</b> If you're <b>16-18</b>, join us <b>TODAY</b> during <b>5th period</b> in the <b>Student Center</b> to learn about a <b>fully funded CNA opportunity</b>—including <b>transportation, meals, scrubs, shoes, stethoscope, and more</b>. Don't miss this chance!</p> <hr/> <p>📌 <b>End of Grading Period – Friday, Feb. 21</b> The <b>first grading period</b> ends soon! Stay focused, come ready to learn, and remember, <b>ask for help</b> if you need it. Keep pushing forward—you've got this, Cougars! 🍀📚</p>	<p><b>ASB &amp; Leadership Applications</b> Interested in <b>running for ASB office</b> or joining <b>Leadership</b>? The application is available in your <b>grade-level Google Classroom</b> or by emailing <b>Hayenga</b>. <b>Deadline: Friday, February 14.</b></p> <p>If you are interested in being a student board member, please see Hayenga and get the petition materials! This is a great opportunity!</p> <p><b>Valentine's Spirit Day – Thursday, 2/13</b> Show your <b>Valentine's spirit</b> by wearing <b>Pink, Red, or White</b> this Thursday, and get a <b>sweet treat</b> from the <b>Mighty Cougar</b>!</p> <p><b>Senior Nights – Cougar Den</b></p> <p><b>Boys Basketball Senior Night:</b> Tuesday, 2/11 <b>Girls Basketball Senior Night:</b> Thursday, 2/13 Come out to the <b>Cougar Den</b>, wear your <b>Cougar colors</b>, and support our seniors!</p> <p><b>Snack Bar Volunteers Needed</b> Want to help at the <b>snack bar</b> on <b>Tuesday &amp; Thursday</b>? See <b>Hayenga</b>!</p> <p>The College and Career Day Field Trip to</p>	<p><b>Spring Sport Tryouts</b> If you plan to try out for a <b>Spring Sport</b>, be sure to <b>register online</b> at <b>Arbiter Sports</b> on the school website <b>today!</b></p> <p><b>Today</b></p> <p><b>Girls Basketball at Middletown:</b> 5:00 &amp; 6:30 PM (Release JV at 2:45 PM)</p> <p><b>Boys Basketball vs Middletown:</b> 5:00 &amp; 6:30 PM (Senior Night at 6:15 PM)</p> <p><b>Thursday</b></p> <p><b>Wrestling:</b> CMC League Championship at <b>Willits</b> – Good Luck!</p> <p><b>Girls Basketball vs St. Helena:</b> 5:00 &amp; 6:00 PM (Release JV at 2:15 PM, Varsity at 2:45 PM)</p> <p><b>Boys Basketball at St. Helena:</b> 5:00 &amp; 6:30 PM (Senior Night at 6:15 PM)</p> <p><b>Golf Tryouts:</b> 3:30 - 5:00 PM in the <b>Fitness Room</b></p>

	Mendocino College-Lake Center is scheduled for March 6, 2025 from 10am-12:30pm. This field trip is open to all students in grades 9-12. We will be taking one bus. The first 50 students to turn in their permission slip will have a reserved spot on the bus. After that any additional students will be put on a wait-list. Permission slips are available in Mrs. Accurso's office. Don't delay! Get your permissions slips turned in ASAP!	
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### *Stay Eligible for Sports and Activities*

Stay eligible by keeping your grades up to a 2.0 or higher, having a weekly attendance percentage of 85% or better, and good behavior. If you have any questions if you are eligible, reach out to Ms. Toback.

### *CORE VALUES TRUST*

Trust means **communicating, listening, and working together** as a school community. We **honor integrity**, follow **school policies**, and have **honest conversations** where everyone feels heard. We treat each other with respect, make everyone feel welcome, and **speak up** when something's wrong. We trust that we all want the best for each other and work towards those goals together.